5.1.2: Capability enhancement and development schemes employed by the Institution for students:

1. Soft skill development
2. Language and communication skill development
3. Yoga and wellness
4. Analytical skill development
5. Human value development
6. Personality and professional development
7. Employability skill development

DETAILED REPORT OF THE CAPACITY ENHANCEMENT PROGRAMS AND OTHER SKILL DEVELOPMENT SCHEMES

INDEX SHEET

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CERTIFICATE OF THE HEAD OF THE INSTITUTION

DR.S. KARTHIGA KANNAN, MDS.,

PRINCIPAL

TO WHOMSOEVER IT MAY CONCERN

This is to certify that the Capability enhancement and development schemes employed by the Institution for students has been given below:

1. Soft skill development
2. Language and communication skill development
3. Yoga and wellness 4. Analytical skill development
5. Human value development
6. Personality and professional development
7. Employability skill development

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ACADEMIC YEAR 2020-21

5.1.2 – CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES EMPLOYED BY THE INSTITUTION FOR STUDENTS FOR THE ACADEMIC YEAR 2020-21

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SOFT SKILLS TRAINING PROGRAMS – 2020-21

S.No	Date	Time	Venue	Year	Topic	Trainer
1.	14/12/2020	1.30 pm to 3.30 pm	Mini Conference Hall	CRRI Post graduates -30	SOFT SKILLS -Self motivation	Ms. Sophia
2.	23/02/2021	3.00 pm to 4.00 pm	Platinum Jubilee Auditorium	I BDS - 91	LANGUAGE AND COMMUNICATION SKILLS DEVELOPMENT - Introduction to communication skills	Ms. Suganya
3.	17/03/2021	3.00 pm to 4.00 pm	Mini conference hall	II BDS - 54	LANGUAGE AND COMMUNICATION SKILLS DEVELOPMENT - Interpersonal communication	Ms. Suganya
4.	22/01/2021	1.30 pm to 3.30 pm	Platinum Jubilee Auditorium	II BDS III BDS - 154	YOGA AND WELLNESS - Yoga – A better self-care	Ms. Bharathi
5.	10/02/2021	2.00pm to 3.00 pm	Mini Conference Hall	III BDS - 54	ANALYTICAL SKILL DEVELOPMENT - Problem solving and Decision making	Ms. Sophia
6.	SEP 2020 TO AUG 2021	-------	ADHIPARASAKTHI HOSPITAL	CRRI - 46	HUMAN VALUE DEVELOPMENT – BLOOD DONATION	-----
7.	26/02/2021	3.00 pm to 4.00 pm	Platinum Jubilee Auditorium	IV BDS - 76	PERSONALITY & PROFESSIONAL DEVELOPMENT - Public Speaking	Ms. Sugnaya
8.	06/01/2021	3.30pm to 4.30 pm	Mini Conference Hall College Premises	CRRI Post graduates-112	EMPLOYABILITY SKILLS DEVELOPMENT – Photography in Dentistry	Mr. Baskar

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SOFT SKILL DEVELOPMENT PROGRAM - SELF MOTIVATION

POST EVENT REPORT

A soft skill program on "Self motivation" was organised and conducted for CRRI and PG students by Students' Welfare committee in Mini Conference Hall, APDCH on 14/12/2020 between 1.30 pm to 3.30 pm .

Speaker was Ms. Sophia. She is an eminent soft skill trainer with lot of experience in this field. She is engaged in taking soft skill classes and training programs in various colleges at national level. She has conducted trainings on various topics to students across the state.

The highlights of her session are as follows:

Self confidence is the key to success, or we can say the first step to success. If a person has self confidence, he has won half the battle.

Personal drive to achieve, the desire to improve or to meet certain standards

- Commitment to personal or organisational goals
- Initiative, which she defined as 'readiness to act on opportunities and
- Optimism, the ability to keep going and pursue goals in the face of setbacks.

Learning outcome of this soft skill session by students are:

- Think about the achievements in your life.
- Determine what other people see as your strengths and key capabilities.

Self-motivation doesn't come naturally to everyone. And even those who are highly self-motivated need some extra help every now and then.

Students' Welfare Committee

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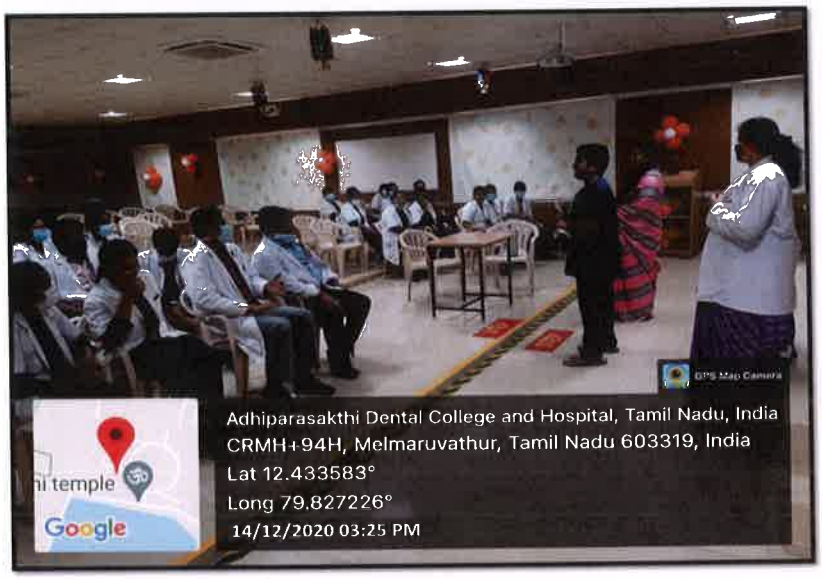
SOFT SKILL SPROGRAM – SELF MOTIVATION

Trainer – Ms. Sophia addressing all CRRIs and PG Students



Interactive Session – Trainer making PG Student to interact with audience

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Fmt No TAS01, Issue No 01 Date: 06 08 14

TRAINING ATTENDANCE SHEET

TOPIC: Self - Motivation

DATE: 14/12/2020

PLACE : Mini Conference Hall

TIME : 1.30PM to 3.30PM

SI.NO	NAME OF THE STUDENT	YEAR OF STUDY	SIGNATURE
1.	C. Radhika	II PG and Path	[signature]
2.	Ramu V	II PG and Path	[signature]
3.	[illegible]	III PG Oral Path	[signature]
4.	Afflora JOSEPHINE	II PG Prostho	[signature]
5.	K. ARUNACHALAM	II PG Prostho	[signature]
6.	Gayathri M	II PG prostho	[signature]
7.	Kausalya N	III year PG Perio	[signature]
8.	R. Santhiya	II Year PG Perio	R. Santhiya
9.	G. Pandi	III year PG Orthodontics	[signature]
10.	A.R. Thamaran	II PG OMFS	[signature]
11.	S. Haripraseth	IIIrd PG OMFS	[signature]
12.	C. Nalin Kumar	IIIrd yr PG OMFS	[signature]
13.	Dr. Sudha R	III yr PG ODS	[signature]
14.	Dr. D. Poorani	III yr PG ODS	D. Poorani
15.	Dr. G. Jayanthi	III yr PG ODS	G. Jayanthi
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Fmt No. TAS01, Issue No. 01 Date: 06.08.14

TRAINING ATTENDANCE SHEET

TOPIC: Self - Motivation

PLACE : Mini Conference Hall

DATE: [illegible]

TIME : 1.30PM to 3.30PM.

SI.NO	NAME OF THE STUDENT	YEAR OF STUDY	SIGNATURE
1.	Sushmitha	CRI	[illegible]
2.	Sweetha	CRI	Swetha
3.	Shruthi	CRI	[illegible]
4.	Soundarya	CRI	[illegible]
5.	T. Bhuvaneswari	CRI	[illegible]
6.	T. Darakshan	CRI	[illegible]
7.	R. DEEPAK.	CRI	[illegible]
8.	K. [illegible]	CRI	[illegible]
9.	Asima Nazrin	CRI	[illegible]
10.	R. Sandhiya	CRI	[illegible]
11.	P. M. Sasthmani	CRI	[illegible]
12.	S. Hemamalini	CRI	[illegible]
13.	R. Durga	CRI	[illegible]
14.	K.V. Divyashree	CRI	Divya Shree
15.	M. A. Sruthi	CRI	[illegible]
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Certificate of Participation

This is to Certify that _____ *has actively participated in the Soft Skills Program on* " ***Self Motivation*** " *held on* **14.12.2020** *conducted at Adhiparasakthi Dental college and hospital,*

" *Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasanthá Kumari
Principal

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Certificate of Participation

This is to Certify that ***Ms Rashmika*** *has actively participated in the Soft Skills Program on* ***"Self Motivation"*** *held on* ***14.12.2020*** *conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

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STUDENT WELFARE COMMITTEE, APDCH

Invites you all

for a program on

SELF MOTIVATION

DATE: 14/12/2020

TIME: 1.30 pm to 3.30 pm

Speaker: ***MS. SOPHIA***

Soft Skill Trainer

VENUE: Mini Conference Hall

PARTICIPANTS:

CRRI, APDCH

Post graduates , APDCH

Program Schedule :

- 1:30 Pm: Welcome Address by Dr. Dhivya
- 1:45 Pm: Session 1 -Ability to Motivate Yourself
- 2:45 Pm: Session 2 - Tips & Skills for Self Motivation
- 3:25 Pm: Vote of Thanks by Dr. James

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07.12.2020

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"SELF MOTIVATION"** on 14.12.2020 from 1.30 PM to 3.30 PM in Mini Conference Hall for CRRIs and Post Graduate Students.

We request all Heads of the Departments to send all CRRIs and Post Graduates to attend the program.

K.Dhivya
Students' Welfare Committee

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LANGUAGE AND COMMUNICATION SKILLS DEVELOPMENT

INTRODUCTION TO COMMUNICATION SKILLS

POST EVENT REPORT

A program named "Introduction to Communication Skills" was conducted for I year BDS students by Students' Welfare committee on 23/02/2021 between 3:00 pm to 4:00 pm in Platinum jubilee auditorium at Adhiparasakthi dental college and hospital.

Ms. Suganya was the trainer. She is a well experienced speaker with lot of skills in training students. She gave an elaborate lecture on interpersonal communication and ways to improve communication skills.

The following is a gist of her session:

Communication is giving, receiving or exchanging ideas, data, information, signals or messages through appropriate media, enabling individuals or groups to persuade, to seek information, to give information or to express emotions.

- There are eight essential elements in the communication process: source, message, channel, receiver, feedback, environment, context, and interference.

After completing the session course, you will be able to:

- Recognize the importance of communication in communities of practice at university
- Confidently engage in constructive and critical dialogue with respect and professionalism.

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Fmt No. TAS01, Issue No. 01 Date: 06.08.14

TRAINING ATTENDANCE SHEET

TOPIC: INTRODUCTION TO COMMUNICATION SKILLS DATE: 23/02/2021

PLACE : PLATINUM JUBILEE AUDITORIUM TIME : 3:00pm - 4:00 pm

SI.NO	NAME OF THE STUDENT	YEAR OF STUDY	SIGNATURE
1.	S. Sivarama Krishnan	I BDS	[signature]
2.	R. SRINATH	I BDS	[signature]
3.	R. ARAVIND	I BDS	[signature]
4.	P. Ganapathi	I BDS	[signature]
5.	M. Sanjay Selvan	I BDS	[signature]
6.	J. Abishek	I BDS	[signature]
7.	S. Amrish Kanna	I BDS	S. Amrish Kanna
8.	T. SUKANT	I BDS	[signature]
9.	T. SAKTHIVEL	I BDS	[signature]
10.	S. Venkat Raman	I BDS	[signature]
11.	S. Ravi Rajan	I BDS	[signature]
12.	P. Logeshwaran	I BDS	[signature]
13.	Sarath S.S	I BDS	[signature]
14.	P. Nithish	I BDS	[signature]
15.	K. Sakthi	I BDS	[signature]
16.	Saravanakumar. K	I BDS	[signature]
17.	S. Sham	I BDS	[signature]
18.	C.R. Vignesh Kirthik	I BDS	[signature]
19.	D. Ponraj	I BDS	[signature]
20.	M. Gunanithi	I BDS	[signature]
21.	S. Dhina Eswar	I BDS	[signature]
22.	Ezhilarasan K.V	I BDS	[signature]
23.	A. Dharshni.	I BDS	[signature]
24.	K. Pravitha.	I BDS	[signature]
25.	E. Nivedhif	I BDS	[signature]

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Sl.NO	NAME OF THE STUDENT	YEAR OF STUDY	SIGNATURE
26.	R. J. NESHMA	I BDS	R. J. Neshma
27.	S. SOWMIYA	I BDS	
28.	S. Kowshika Shri	I BDS	S. Kowshika
29.	SHIVANI. A	I BDS	
30.	D. DHARSHINI	I BDS	Dharshini
31.	V. YUGHANILA	I BDS	
32.	K. Diyadharshini	I BDS	
33.	M. ALFENA FATHIMA	I BDS	Alfenafathima. M
34.	S. HEMAHARINI	I BDS	
35.	NAFILA NAWRIN A	I BDS	
36.	MONIKA. S	I BDS	
37.	F. MAJEETHA BEGUM	I BDS	
38.	P. SATHYA JOTHI	I BDS	P. Sathyajothi
39.	LOGESWARI. G	I BDS	G.
40.	POONGUZHALI. R	I BDS	R.
41.	S. Priyadharshini	I BDS	S. Priyadharshini
42.	R. PRIYADARSHINI	I BDS	Priyadarshini
43.	S. SUBHMITHA	I BDS	Subhmitha
44.	V. SRIRAM KUMAR	I BDS	
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SI.NO	NAME OF THE STUDENT	YEAR OF STUDY	SIGNATURE
55.	CYNTHIA MIRIAM ALEXANDER	I BDS	
56.	R. DARSHANA	I BDS	
57.	D.PRASHANTHI	I BDS	D.Prashanthi
58.	S.MRITHIKA	I BDS	S.Mrithika.
59.	LEENA. M.P.K	I BDS	
60.	KAVIYA.R	I BDS	R.Kaviya.
61.	SEVANTHI.R	I BDS	
62.	VIJAYA LAKSHMI RAJAN.K	I BDS	
63.	CHARU MATHI K	I BDS	K.Charumathy
64.	NAVANITHITHA. S.P	I BDS	S.P.Navanithitha
65.	Sangeethe Priya. D	I BDS	D.Sangeethapriya
66.	Sharani H.J	I BDS	
67.	G. SIVA ARTHI	I BDS	
68.	K. KANAGADHARSHINI	I BDS	
69.	S. SUBHASHINI	I BDS	S.Subhash
70.	S. ISWARIYA	I BDS	S. Eiya
71.	E. UVASRY	I BDS	E.Uvasry
72.	P. ABINAYA	I BDS	P.Abinaya.
73.	V. VEDHAVARSHINI	I BDS	V.Vedhavarshini
74.	S.SHAHANA THASLEEM	I BDS	
75.	C. CHANDRAPRIYA	I BDS	
76.	E. DIVYAPRIYA	I BDS	
77.	A.S. AVINASHINI	I BDS	A.S.
78.	T. INDUMATHI	I BDS	
79.	MOUNICKA. S	I BDS	Mounicka
80.	B. Aparna	I BDS	
81.	KAVITHAYINI. A.K	I BDS	Akavithayini
82.	G. Kaarthikaa	I BDS	G.Kaarthikaa

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SI.NO	NAME OF THE STUDENT	YEAR OF STUDY	SIGNATURE
83.	S. Shanmugapriya	I BDS	S. Shanmugapriya
84.	T. Saranya	I BDS	T. Saranya
85.	E. MANASA	I BDS	Manasa
86.	GAYATHRI. S	I BDS	Gayathri.
87.	JANANI SHRI. S	I BDS	S. Jananie Shri
88.	PRAVEENA. D	I BDS	[illegible]
89.	NAKSHATRA VARSHINI. G	I BDS	Nakshatra Varshini G
90.	Pavithra G.B	I BDS	Pavithra G.B
91.	K. ARTHI	I BDS	K. Arthi
92.	C. SANDHIYA	I BDS	C. Sandhiya.
93.	B. DHARANI	I BDS	B. Dharani
94.	M. KAVIYASRI	I BDS	M. Kaviyasri
95.	L. Varsha	I BDS	L. Varsha
96.	S. SNEKA	I BDS	[illegible]
97.	M. Siji	I BDS	M. Siji
98.	M. BHARATHI	I BDS	M. Bharathi
99.	C. SHIVASINI RAJAN	I BDS	C. Shivasini Rajan
100.	K. SUSMITHA	I BDS	K. Susmitha
101.	D. GAYATHRI	I BDS	D. Gayathri
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Certificate of Participation

This is to Certify that _____ *has actively participated in the* **Language And Communication Skills Development Program on - "Introduction To Communication Skills"** *held on* ***23.02.2021*** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Adhiparasakthi Dental College and Hospital Melmaruvathur - 603 319

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

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Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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Cheyyur Taluk, Chengalpattu District
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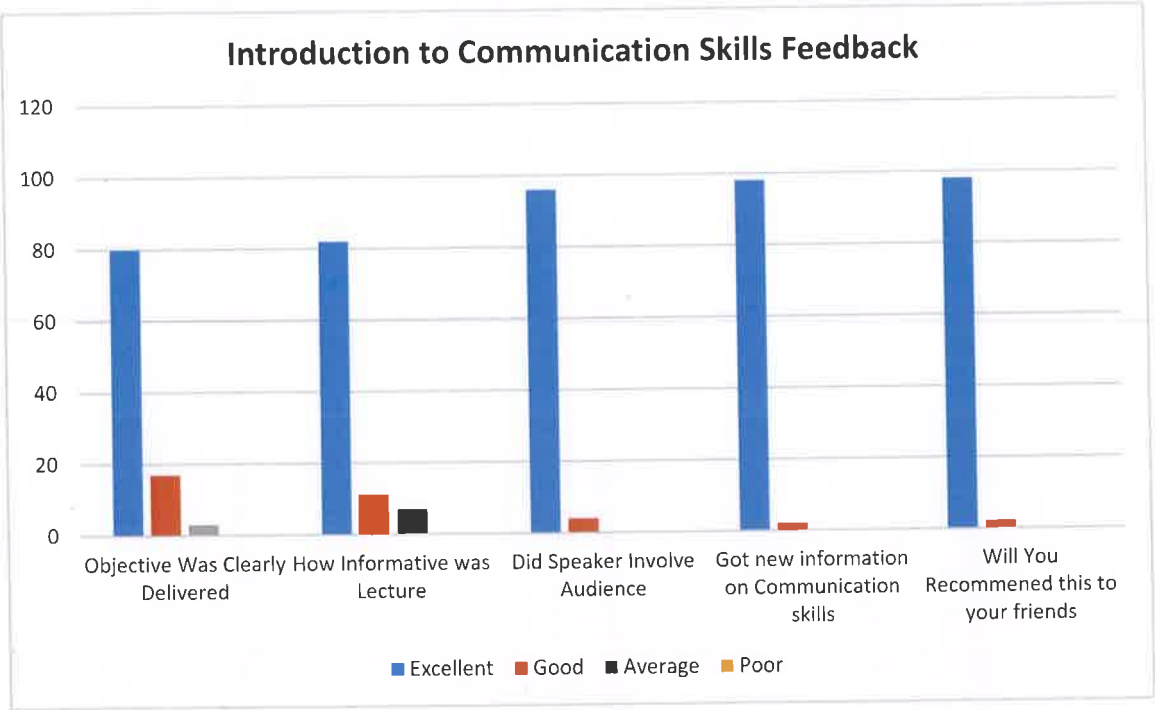

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Student Welfare Committee, APDCH

Cordially invites you all For

Language and Communication Skills

program on

TOPIC: INTRODUCTION TO COMMUNICATION SKILLS

SPEAKER: MS. SUGANYA

COMMUNICATION SKILLS TRAINER

VENUE: Platinum Jubilee Auditorium

DATE: 23/02/2021

TIME: 3 pm to 4 pm

PARTICIPANTS: I BDS, APDCH

Program Schedule :

3:00 Pm- Welcome Address by Dr. James

3:05 Pm- Session 1 (Art of Language)

3:35 Pm- Session 2 (Essential Communication Skills)

4:00 Pm- Vote of Thanks by Dr. Suinanth

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16.02.2021

CIRCULAR

We wish to bring to your kind notice that we are conducting a training program on the topic **"INTRODUCTION TO COMMUNICATION SKILLS"** on 23.02.2021 from 3.00 PM to 4.00 PM for I BDS students at Platinum Jubilee Auditorium, APDCH.

Students'WelfareCommittee

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LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

INTERPERSONAL COMMUNICATION

POST EVENT REPORT

A program named "Interpersonal communication" was conducted for II year BDS students by Students' Welfare committee on 17/03/2021 between 3:00 pm to 4:00 pm in Mini Conference Hall at Adhiparasakthi Dental College and Hospital.

Ms. Suganya was the trainer. She is a well experienced speaker with lot of skills in training students. She gave an elaborate lecture on interpersonal communication and ways to improve communication skills.

Communication Skills Development is an invaluable tool to make a career outstanding. Hence the various aspects of self expression for successful communication were discussed with the students.

Interpersonal communication is a key life skill and can be used by our students to:

- Give and collect information.
- Form contacts and maintain relationships.
- Express personal needs and understand the needs of others.
- Make decisions and solve problems.

The trainer made the session very lively by making the students to communicate with each other and also encouraged them to interact more.

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Students' Welfare Committee

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Interactive session by trainer – Students communicating with each other

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Lively Session – Trainer encouraging students to communicate with each other.

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Fmt No. TAS01, Issue No. 01 Date: 06.08.14

TRAINING ATTENDANCE SHEET

TOPIC: Inter Personal Communication

PLACE : Mini Conference Hall

DATE: 17/03/2021

TIME : 3.00PM to 4.00PM.

SI.NO	NAME OF THE STUDENT	YEAR OF STUDY	SIGNATURE
1.	E. Sneha	II BDS	E. Sneha
2.	S. Sneha	II - BDS	
3.	A. Kameshvari	II - BDS	
4.	K. Monikaa	II - BDS	K Monikaa
5.	K.P. Madhumithaa	II - BDS	
6.	R. Nivetha	II - BDS	
7.	K. AKILA	II BDS.	
8.	S. DEEPIKA	II - BDS	
9.	B. KAYALVIZHI NANGAI	II - BDS	
10.	M. HINDUJHA	II - BDS.	
11.	S. SANGEETHA PRIYA	II - BDS.	
12.	P. SOWMIYA	II - BDS.	
13.	R. BOOMICA	II - BDS	
14.	RUPSHYA. D	II - BDS.	D. Rupshya
15.	K. SREENITHI	II - BDS.	
16.	FAHZILA. S	II - BDS	
17.	M. SUREKA	II - BDS	
18.	PAVITHRA BANU T	II - BDS	
19.	R. Rayhma	II - BDS	Rayhma R
20.	A. Keerthika	II - BDS	
21.	D. MEHALA	II - BDS	D.
22.	K. Nazni Rahamath.	III - BDS	
23.	D. Kalkhi	II - BDS	
24.	R. MONISHA	II - BDS	R. Monisha
25.	S. GOKULA SWETHA	II - BDS	S. Gokula Swetha

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SI.NO	NAME	YEAR OF STUDY	SIGNATURE
26.	MOHAMED AFSAL . A.R	IInd BDS	
27.	WASEEM AHAMED A	IInd BDS	
28.	KISHORE GK	IInd BDS	
29.	JAYA SHIVA PATH K.A	IInd BDS	
30.	A.VIGNESH	IInd BDS	
31.	J. Yuvaraj	IInd BDS	
32.	M. PRASATH	IInd BDS	
33.	N. GOKUL	IInd BDS	
34.	P. SANJAY VIKRAM	IInd BDS	
35.	G. RAMKUMAR	IIIrd YEAR BDS	
36.	A.J. MUTHULAKSHMI	II YR BDS	
37.	K. SRI AATHI	IInd YEAR BDS	
38.	AISHWARYA . A	IIrd year BDS	
39.	BHARATHI. S	II year BDS	
40.	AKSHAYA . N	II YEAR BDS	
41.	JEYA PRIYA . B.M.	IInd YEAR BDS	
42.	SA. SRI JANANI	IInd YEAR BDS	
43.	A. KALAIARASI	IInd YEAR BDS	
44.	K. ASWINI	IInd Year BDS	
45.	S. VARSHINI	IInd YEAR BDS	
46.	M. NIVETHITHA	IInd YEAR BDS	
47.	R. KEERTHANA	IInd YEAR BDS	
48.	N. AMIRTHA VARSHINI	IInd year BDS	
49.	MOHAMED FARISH KHAN. K	IInd Year BDS	
50.	AVINESH . A	IInd Year BDS	
51.	MOHAMED SULTHAN . A	IInd Year BDS	
52.	Tamilselvan . K	IInd Year BDS	
53.	MANOJKANNA . T	IInd year BDS	
54.	MERSON . M	IInd year B.D.S	

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LEARN & LEAD

Certificate of Participation

This is to Certify that _____ *has actively participated in the* **Language And Communication Skills Development Program** *on* **" Interpersonal Communication"** *held on* **17.03.2021** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

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LEARN & LEAD

Certificate of Participation

This is to Certify that Soumya M *has actively participated in the* **Language And Communication Skills Development Program** *on* **"Interpersonal Communication"** *held on* **17.03.2021** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

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Correspondent

Dr. A.Vasantha Kumari
Principal

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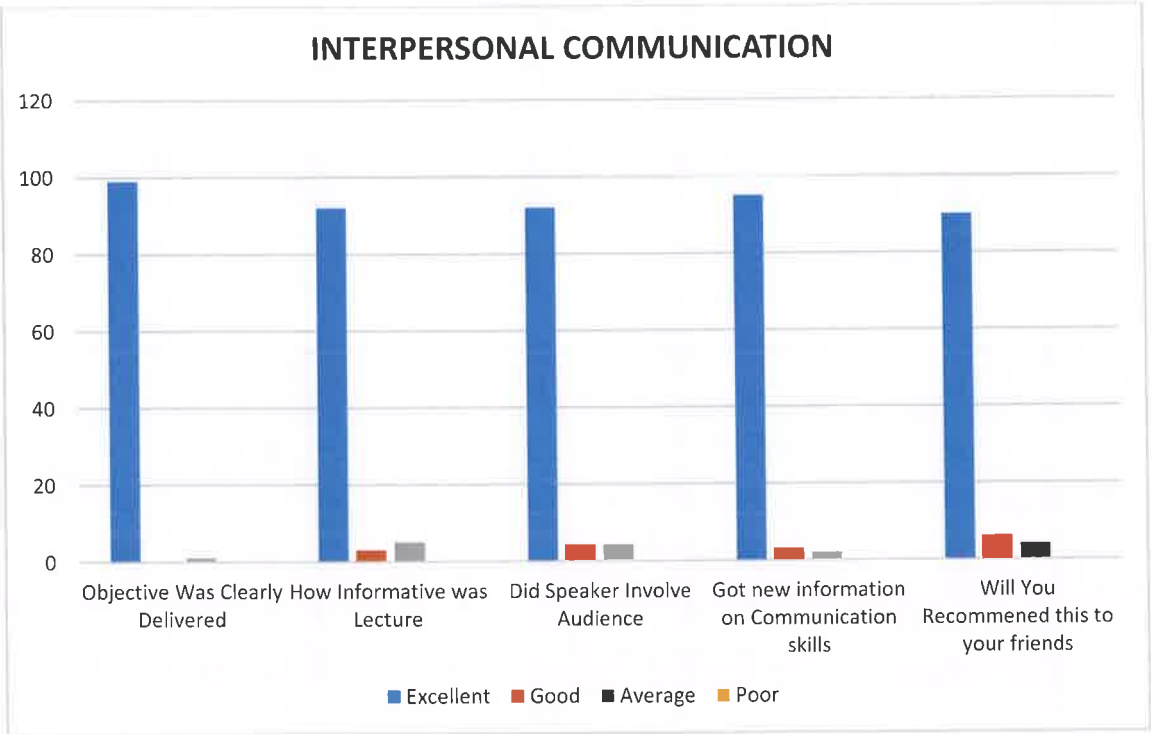
INTERPERSONAL COMMUNICATION – FEEDBACK



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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all for program on

INTERPERSONAL COMMUNICATION

SPEAKER: MS. SUGANYA

COMMUNICATION SKILLS TRAINER

VENUE: Mini Conference Hall

DATE: 17/03/2021

TIME: 3 pm to 4 pm

Program Schedule :

3:00 Pm: Welcome Address by Dr. Dhivya

3:05 Pm: Session on Interpersonal Communication

3:55 Pm: Vote of Thanks Dr. Sumanth

Intrapersonal communication is the communication of what we are saying unto ourselves.

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PARTICIPANTS: II BDS, APDCH

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10.03.2021

CIRCULAR

We wish to bring to your kind notice that we are conducting a program on the topic **"INTERPERSONAL COMMUNICATION"** on 17.03.2021 from 3.00 PM to 4.00 PM for II BDS students at Mini Conference Hall, APDCH.

Students'WelfareCommittee

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YOGA AND WELLNESS

YOGA – A BETTER SELF CARE

POST EVENT REPORT

A program on "Yoga -A better self care" was conducted for second year and third year BDS students by Ms. Bharathi on 22/01/2021between 1.30pm to 3.30pm in Platinum jubilee auditorium at Adhiparasakthi Dental College and Hospital.

Ms.Bharathi is a certified Yoga trainer who has underwent numerous self development programs on "The Power of Subconscious Mind". She has conducted and designed health and yoga courses for colleges and schools.

The highlights of her session are as follows:

The fundamentals of the activity of our brain and our body chemistry can be changed by practicing different systems of yoga. Yoga involves movements, meditation and breathing techniques to promote mental and physical wellbeing

The power of yoga for self-care is that it creates an easy and sustainable habit, is holistic and balanced approach to wellness, and strengthens our emotional resilience so that we can easily deal with difficult circumstances to prevent stress and burnout.

There were two sessions. The first session was on breathing techniques and students were taught various breathing techniques and they were also asked to do the exercises. The second session was on body posture during daily activities. The students were made to do different postures.

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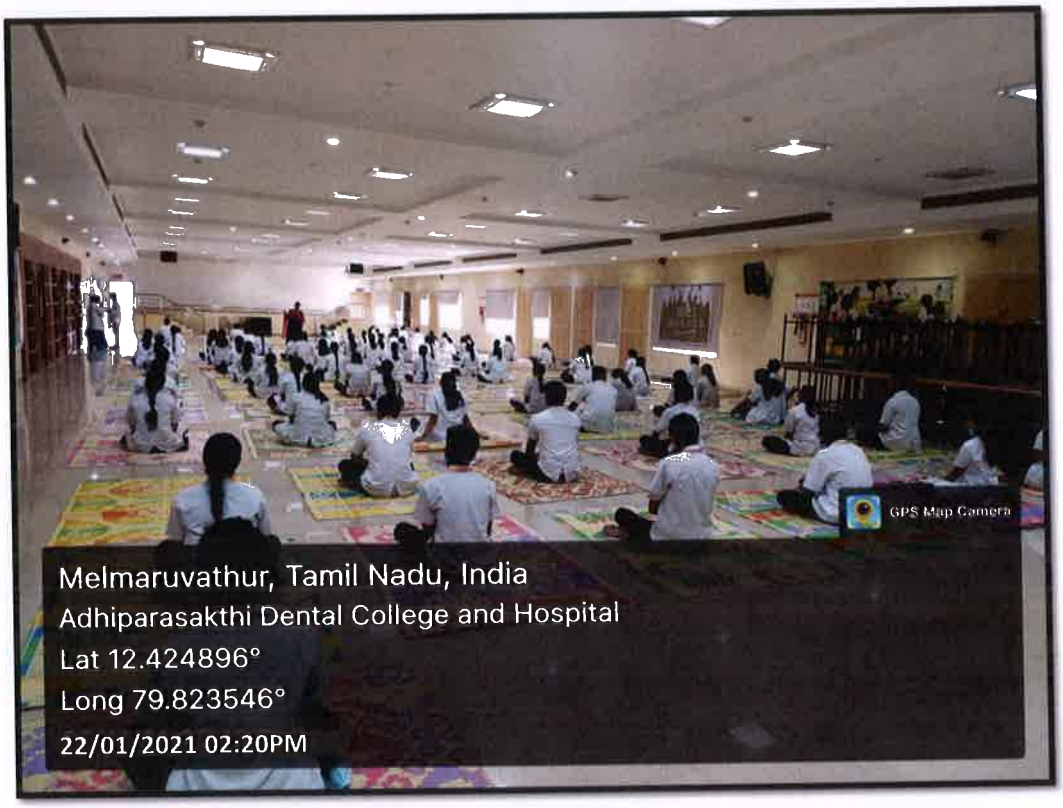

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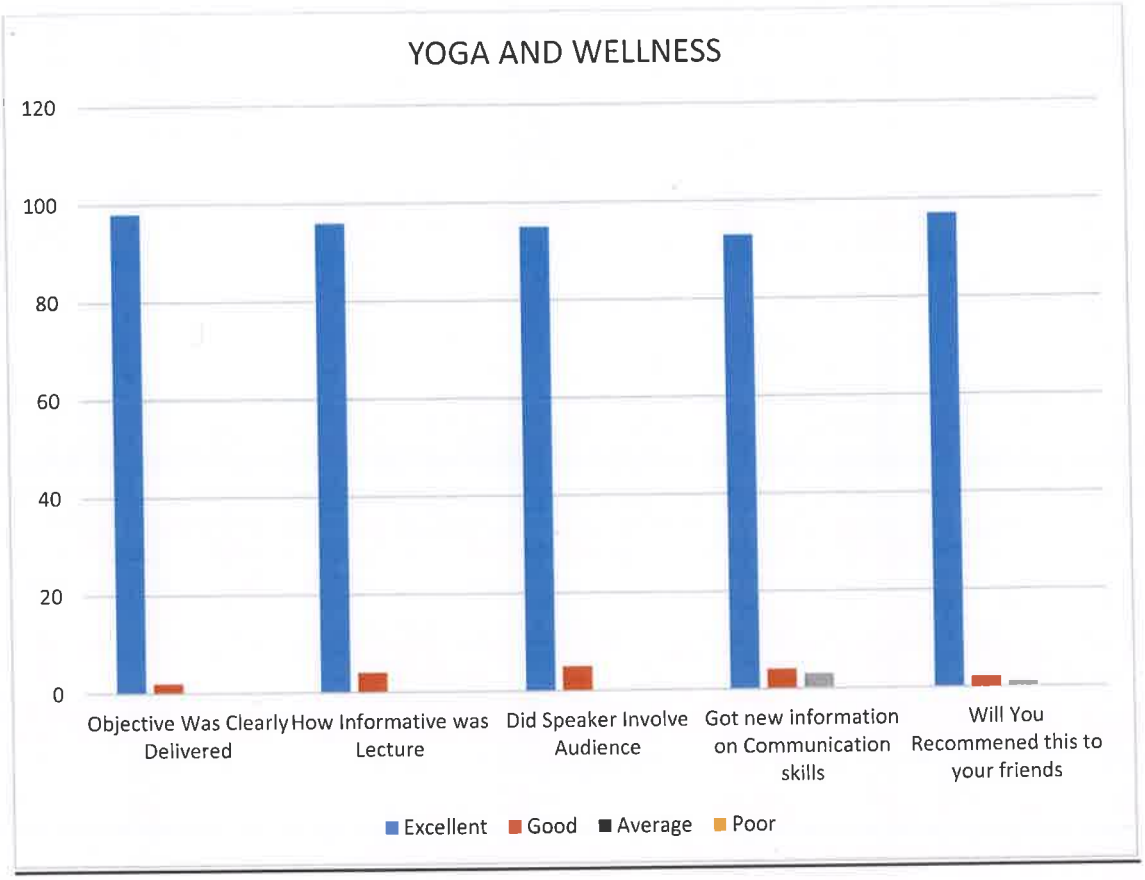
YOGA AND WELLNESS – FEEDBACK



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MEETING ATTENDANCE SHEET.

YOGA- A BETTER SELFCARE. 22/01/2021.
ATTENDANCE- II BDS.

SNO	NAME	SIGNATURE
1	Aarthi C	
2	Agatheeswaran T	
3	Aishwarya A	
4	Ajiethkumaran P	
5	Akila K	
6	Akshaya N	
7	Amirtha Varshini N	
8	Anitha S	
9	Aruna B	
10	Aswini K	
11	Avinesh A	
12	Ayeesha Bheema A	
13	Bharathi S	
14	Bhuvaneshwari S	
15	Boomica R	
16	Deepika S	
17	Dharshini Shree P	
18	Elakkiyaa S S	
19	Fahzila S	
20	Geetha S	
21	Gokul N	
22	Gokula Swetha S	
23	Hariharan B	
24	Hariharan M	
25	Haripriya G	
26	Haritha V G	
27	Hindujha M	
28	Indhumathi N	
29	Jailekhha L	
30	Jaya Shiva Path K A	
31	Jeya Priya B M	
32	Kalai Preetha P	
33	Kalaiarasi A	
34	Kalkhi D	
35	Kameshvari A	
36	Kavya K	
37	Kayalvizhi Nangai B	
38	Keerthana R	
39	Keerthika A	
40	Kishore G K	
41	Krithik V	
42	Krity Susan P	

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43	Madhumithaa K P	
44	Manojkanna T	
45	Mehala D	
46	Merson M	
47	Mithra M	
48	Mohamed Afsal A R	
49	Mohamed Farishkhan K	
50	Mohamed Sulthan A	
51	Monikaa K	K. Monikaa
52	Monisha R	R. Monisha
53	Muthulakshmi A J	A. J. Muthulakshmi
54	Nandhini M	Nandhini
55	Nazni Rahamath K	
56	Nikhileswari M	M. Nikhileswari
57	Nivetha R	
58	Nivethitha M	
59	Nivethithaa Srinivasan	
60	Pavithra Banu T	Pavithra Banu
61	Pradeep Kumar R	
62	Praveen Kumar T	
63	Ramkumar G	G. Ramkumar
64	Ramya S	
65	Rayshma R	R. Rayshma
66	Rishi G	G. Rishi
67	Ritsha A	A. Ritsha
68	Roopan S	
69	Rupshya D	D. Rupshya
70	Sabaritha P	P. Sabaritha
71	Saji K	K. Saji
72	Sangeetha M	
73	Sangeethapriya S	Sangeethapriya
74	Sanjay Vikram P	
75	Savaniya K	K. Savaniya
76	Sidhesh A	
77	Siva Priya P	P. Sivapriya.
78	Siva Theresa Sundara Nachiar S	S. Sivatheresa
79	Sneha E	Sneha E
80	Sneha S	S. Sneha
81	Snekha G	
82	Sowmiya A	
83	Sowmiya P	
84	Sowmiya S P	S. P. Sowmiya
85	Sreenithi K	
86	Sri Aathi K	Sri Aathi K
87	Sri Janani SA	
88	Srinisha R	R. Srinisha
89	Sujatha K	K. Sujatha
90	Sureka M	

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91	Swetha I	
92	Swetha Lakshmi S	
93	Tamilselvan K	
94	Varshini S	
95	Vignesh A	
96	Vignesh M	
97	Vijayaragavan T	
98	Vishva B	
99	Waseem Ahamed A	
100	Yuvaraj J	

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MEETINGATTENDANCE SHEET

MEETING: Yoga - A better self care DATE: 22/01/2021

PLACE : Platinum Jubilee Auditorium. TIME : 1-30PM to 3.30PM

SI.NO	NAME	DEPARTMENT	SIGNATURE
1.	M MIDHUNA VINOY	III BDS	
2.	SURIYA.S.V.	III BDS	
3.	Prem kumar. S	III BDS	
4.	N. PRAVEEN KUMAR	III - BDS	
5.	D. INDHU	III - BDS	
6.	S. SUVITHA	III BDS	S. Suvitha
7.	M. SOWMIYA	III BDS	M. Sowmiya.
8.	S. SUN JSHAN	III BDS	
9.	B. SWETHA	III BDS	
10.	S. SWETHA	III BDS	
11.	G SWATHIPRIYA	III BDS	
12.	R. PRIYANKA. B	III - BDS	
13.	S. SRIVIDHYA	III BDS	S. Srividhya
14.	S. SUBHATRA	III BDS	
15.	S. PREETHI	III BDS	
16.	K. RAKESH	III BDS	
17.	A. SUVALEKHA	III BDS	
18.	K. Sushmitha Shree	III BDS	
19.	S. RAMYA	III BDS	
20.	KAVIYA. S	III BDS	
21.	J. Nithish kumar	III BDS	
22.	M.C. Prabavathi	III BDS	
23.	HEMATHARUNIKA. M	III - BDS	
24.	M.K. KARUNASAGAR	III - BDS	
25.	S. NIVETHIDHA	III BDS	

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SI.NO	NAME	DEPARTMENT	SIGNATURE
26.	Guru Prasanth. M	III. Year	
27.	HEMATHARUNIKA. M	III - year	
28.	J. REVATHY	III - YEAR	
29.	B SHRI VARSHINI	III - YEAR	
30.	R. SHANTHOSHINI	III - YEAR.	
31.	C.P. SELVAM	III YEAR.	
32.	Lalitha Sreedevi. T	III YEAR	
33.	K.S. Shenfi	III - YEAR	
34.	SIMON CHOUHAN	III YEAR	
35.	M.V. Sivakamini	III. Years	
36.	DHANALAKSHMI. S	III YEAR	
37.	Nihal Sachdev	III - year	
38.	V.S. APOORVA	III - YEAR BDS	
39.	V.S. SUBEEKSHA	III YEAR	
40.	V. SAVUMIYA	III - year	
41.	P. Savitha	III - year	
42.	V. Sowbarnika	III - yr	
43.	N Saundiranath	III - yr	
44.	F. MALAVIKA	III - yr	
45.	B. LOKAPRIYA	III - yr	
46.	R. LOKESH KUMAR	III - year	
47.	THULASI. M	III - YEAR BDS	
48.	Trishalini. M	III - year BDS	
49.	S. Lokeshwaran	III year BDS	
50.	M. Vishal	III. year BDS	
51.	KOWSIK. T	III yr. BDS	
52.	T. Magalakshmi	III year BDS	
53.	J. LOKESHWARAN	III YEAR BDS	
54.	A MONISHA	III YEAR BDS	

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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL
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AFFILIATED TO THE TAMILNADU DR.M.G.R MEDICAL UNIVERSITY
ACCREDITED BY NAAC, NABH & ISO

LEARN & LEAD

Certificate of Participation

This is to Certify that _____ *has actively participated in the Program* ***"YOGA And Wellness - Yoga – A Better Self Care"*** *held on* **22.01.2021** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

Prof.Dr.S.Karthiga Kannan MDS.,
PRINCIPAL
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Certificate of Participation

This is to Certify that Ms Indhumathi has actively participated in the Program **"YOGA And Wellness - Yoga – A Better Self Care"** held on **22.01.2021** conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

PRINCIPAL
Prof.Dr.S.Karthigeyan, MDS
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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all

For program on

YOGA AND WELLNESS

YOGA – A BETTER SELF CARE

SPEAKER: MS. BHARATHI

VENUE: Platinum Jubilee Auditorium

DATE: 22/01/2021

TIME: 1:30 pm to 3:30 pm

PARTICIPANTS:

II BDS APDCH

III BDS APDCH

Program Schedule :

1:30 Pm: Welcome Address Dr. James

1:45 Pm: Session 1 (Breathing Techniques)

2:45 Pm: Session 2 (Body Posture During Daily Activities)

3:25 Pm: Vote of Thanks by Dr. Dhivya

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19.01.2021

CIRCULAR

We wish to bring to your kind notice that we are conducting a yoga program on the topic **"YOGA – A BETTER SELF CARE "** on 22.01.2021 from 1.30 PM to 3.30 PM for II BDS and III BDS students at Platinum Jubilee Auditorium, APDCH.

We request the all heads of the departments to kindly permit the students to attend the program.

Students'WelfareCommittee

PRINCIPAL
Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319.

Adhiparasakthi Dental College and Hospital Melmaruvathur 603 319

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

ANALYTICAL SKILL DEVELOPMENT

PROBLEM SOLVING AND DECISION MAKING

POST EVENT REPORT

A program on "**Problem Solving and Decision Making**" was conducted for third year BDS students on 10/02/2021 between 2:00 pm to 3.00pm at Adhiparasakthi Dental College and Hospital in Mini Conference Hall.

The trainer was Ms.Sophia. She is a well experienced speaker with lot of skills in training students. She gave a detailed lecture on problem solving and decision making as follows:

Both problem solving and decision making go hand in hand, but success in one doesn't automatically lead to the other. Those in leadership and management roles need to understand the difference between the two and aim to make life long improvements in both skill sets.

Implement the decision making

Once you have made a decision, it must be implemented. With major decisions, this may involve detailed planning to ensure that all parts of the operation are informed of their part in the change. The kitchen may need a redesign and new equipment. Employees may need additional training. You may have to plan for a short-term closure while the necessary changes are being made. You will have to inform your customers of the closure.

Students' Welfare Committee

PRINCIPAL
Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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Students attending the session keenly

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, M.D.S.,
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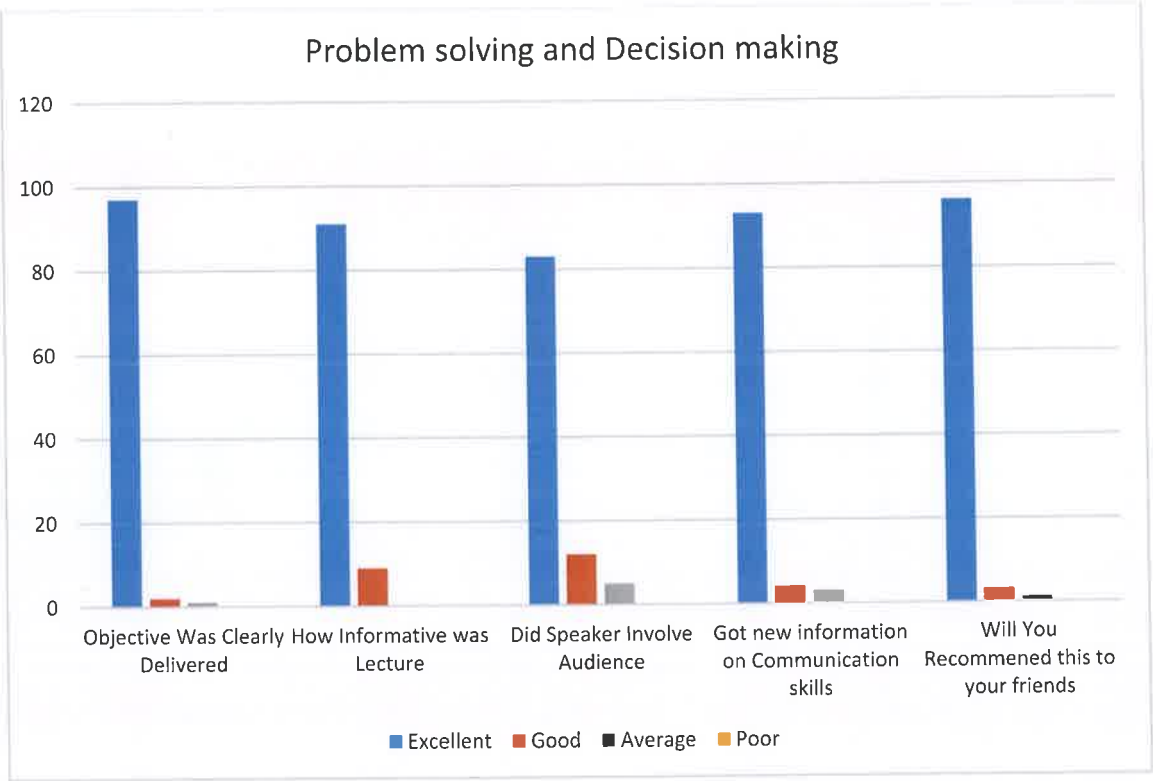
PROBLEM SOLVING AND DECISION MAKING - FEEDBACK



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Tamil Nadu - 603 319

Fmt No. TAS01, Issue No. 01 Date: 06.08.14

MEETINGATTENDANCE SHEET

MEETING: Problem Solving and Decision making

DATE: 10/02/2021

PLACE : Mini Conference hall

TIME : 2 PM to 3PM

Sl.NO	NAME	DEPARTMENT	SIGNATURE
1.	M. MIDUNA VINCY	III BDS.	[illegible]
2.	S. SWETHA	III BDS	S. Swetha
3.	S. SUBHATRA	III BDS	Subhatra S.
4.	S. SRIVIDHYA.	III BDS	S. Srividhya.
5.	PRIYANKA. K	III BDS	Priyanka.
6.	G. SWATHIPRIYA	III BDS	G. Swathipriya
7.	A. SUVALEKHA	III BDS	A. S. Lekha
8.	S. PREETHI	III BDS	[illegible]
9.	K. Sushmitha Shree	III BDS	[illegible]
10.	SURIYA. S.V.	III BDS	Suriya. S.V.
11.	B. SWETHA	III BDS	B. S. [illegible]
12.	K. RAKESH	III BDS	[illegible]
13.	S. SUVITHA	III BDS	S. Suvitha
14.	N. PRAVEEN KUMAR.	III - BDS.	[illegible]
15.	M. C. Prabavathi	III - BDS	M. C. Prabavathi
16.	Pramkumar. S	III - BDS	[illegible]
17.	M. Sowmiya	III BDS	M. Sowmiya.
18.	S. SUN ISHAN	III BDS	[illegible]
19.	S. NIVETHIDHA	III BDS	[illegible]
20.	D. INDHU	III - BDS	Indhu
21.	M.K. KARUNASAGAR	III - BDS	M.K. Karu
22.	KAVIYA. S	III - BDS	[illegible]
23.	Guru Prasanth. M	III BDS	[illegible]
24.	S. RAMYA	III BDS	[illegible]
25.	J. Nithish Kumar	III BDS	[illegible]

Adhiparasakthi Dental College and Hospital Melmaruvathur - 603 319

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Tamil Nadu - 603 319

SI.NO	NAME	DEPARTMENT	SIGNATURE
26.	V. SAVUMIYA	III yr BDS	[signature]
27.	V. Sowbarnika	III Yr BDS	[signature]
28.	K.S. Shruti	III - Year BDS	[signature]
29.	N Ravindranath	III - Yr	[signature]
30.	Sakthi Sreedevi T	III Year BDS	[signature]
31.	V.S. SUBEEKSHA	III YEAR BDS	[signature]
32.	J. REVATHY	III - YEAR BDS	[signature]
33.	A. MONISHA	III - YEAR BDS	A. Monisha
34.	V.S. APOORVA	III - YEAR BDS	V.S. Apoorva
35.	R. Manivasakan	III - Year BDS	[signature]
36.	P. Savitha	III - YEAR BDS	[signature]
37.	SHANTHOSHINI.R	III YEAR BDS	[signature]
38.	THULASI.M	III - YEAR BDS	[signature]
39.	S. DHANALAKSHMI	III YR BDS	S. Dhanalakshmi
40.	C.P. Sehram	III - Year	[signature]
41.	M. Vishalini	III. Year	[signature]
42.	S. Lingesh Raj	III - Year	[signature]
43.	T. Magalakshmi	III - Year BDS	[signature]
44.	M.V. Sivakarini	III Year BDS	[signature]
45.	M.R. MUGILAN	III - Year BDS	[signature]
46.	SIMON CHOUHAN	III YEAR	Simon
47.	J.P. Anand	III Year	[signature]
48.	A. Aboobacker Sathia	III Year	[signature]
49.	[illegible]	III - Year	[signature]
50.	M. Vishal	III - Year	[signature]
51.	E. MALAVIKA	III - Year	[signature]
52.	B. Abinesh	III - Year	[signature]
53.	N.K. Ajay Sabari Ganesh	III - Year	[signature]
54.	K. Anusuyan	III - Yr	[signature]

PRINCIPAL
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LEARN & LEAD

Certificate of Participation

This is to Certify that _____ *has actively participated in the Program on* **"Analytical Skill Development - Problem Solving And Decision Making"** *held on* **10.02.2021** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasanthá Kumari
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Ka[illegible], MDS.,
ADHIPARASAKTHI
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Certificate of Participation

This is to Certify that ***Prem kumar*** *has actively participated in the Program on* **"Analytical Skill Development - Problem Solving And Decision Making"** *held on* ***10.02.2021*** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all
for program on

PROBLEM SOLVING AND DECISION MAKING

VENUE: Mini Conference Hall

DATE: 10/02/2021

TIME: 2 pm to 3 pm

SPEAKER: MS. SOPHIA
ANALYTICAL SKILLS TRAINER

PARTICIPANTS: III BDS, APDCH

Program Schedule :

2:00 Pm: Welcome Address by Dr. Sumanth

2:05 Pm: Lecture on Problem Solving and decision making

2:55 Pm: Vote of Thanks by Dr. James

PRINCIPAL
Prof.Dr.S.Karthigeyan, MDS.

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03.02.2021

CIRCULAR

We wish to bring to your kind notice that we are conducting an analytical skills development program on the topic **"PROBLEM SOLVING AND DECISION MAKING"** on 10.02.2021 from 2.00 PM to 3.00 PM in Mini Conference Hall for III BDS Students.

We kindly request all Heads of the Departments to send all the third year students to attend the program.

Soft Skills Team

PRINCIPAL
Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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HUMAN VALUE DEVELOPMENT

BLOOD DONATION DETAILS – 2020- 21

Adhiparasakthi Hospital has a huge blood bank in order to serve the society in need of emergencies. Our institution encourages students to donate blood. In the year 2020-21, about 46 of our students donated blood with a lot of interest and enthusiasm. The students who donated blood were rewarded with certificates.

YRC Committee

Principal

Blood donation census (Sep 2020 – Aug 2021)

Month	No. of Students	No. of staff
September 2020	1	-
December 2020	1	-
January 2021	8	-
February 2021	10	1
March 2021	6	1
April 2021	1	-
July 2021	1	-
August 2021	2	-

Total (till August 2021): 30 blood donations

Students: 28 (BDS – 18; MDS - 10)

Staff: 2

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Blood group donated (till August 2021):

A1 Positive	5
A1 Negative	5
B Positive	5
B Negative	2
O Positive	12
O Negative	1

Blood donation census (Sep 2021 –Dec 2021)

Month	No. of Students	No. of staff
September 2021	10	1
October 2021	3	-
November 2021	1	-
December 2021	4	-

Students: 18 (BDS – 19)

Staff: 1

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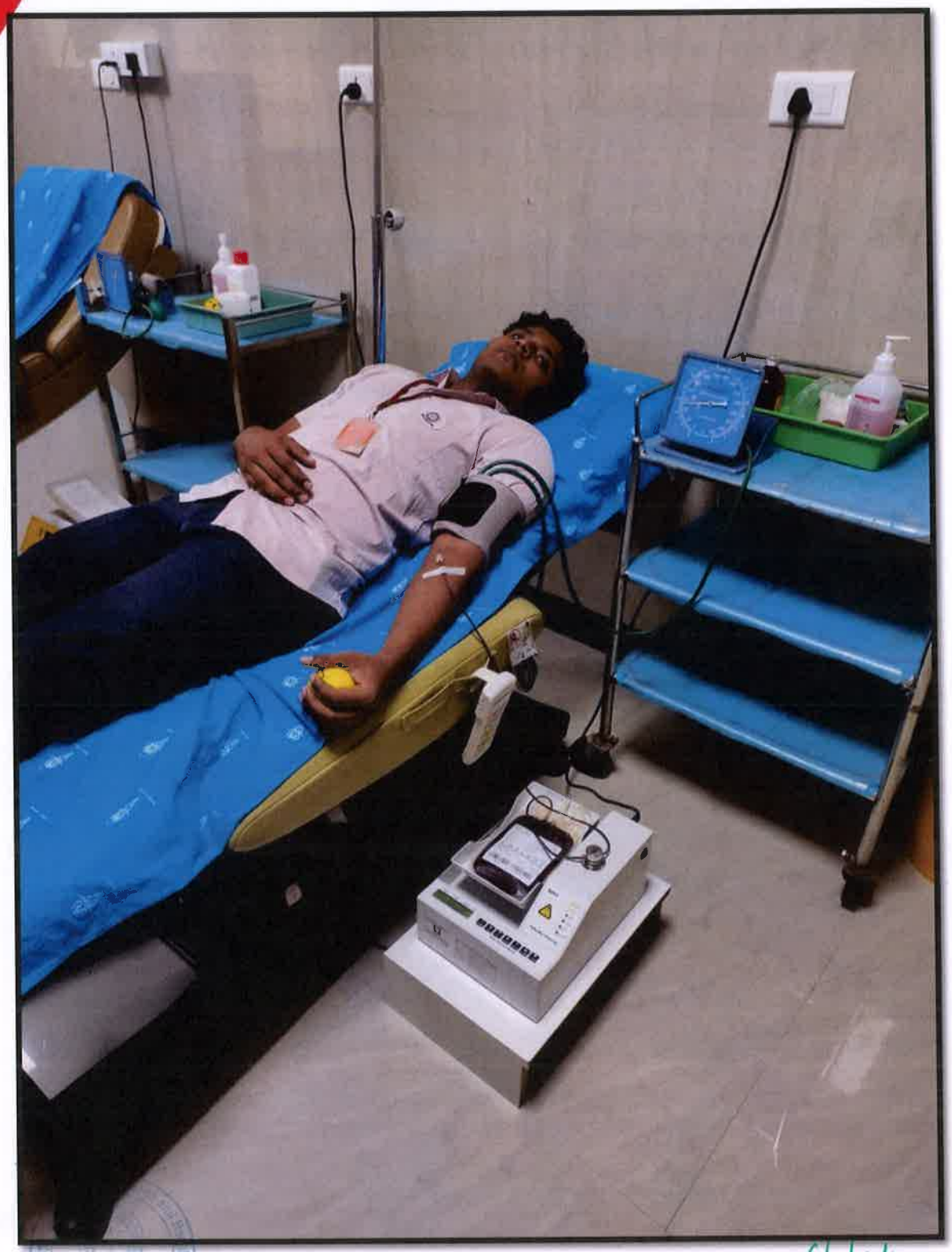

Student Donating Blood

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Adhiparasakthi Hospitals
ஆதிபராசக்தி மருத்துவமனை

குருதியேற்றுத் துறை
(இரத்த மையம்)

பாராட்டுச் சான்றிதழ்

திரு / ~~திருமதி~~ / ~~செல்வி~~ .....AJIETH KUMARAN P..... அவர்கள் உயிருக்குப் போராடும் நோயாளிகளுக்கு உயிர் கொடுத்துதவும் வகையில், தானாகவே முன்வந்து நன்கொடையாக இரத்தத்தை அளித்துள்ளார். அவருடைய இந்தச் சிறந்த செயலினைப் போற்றும் விதத்தில் பாராட்டுச் சான்றிதழ் வழங்கப்படுகிறது.

இரத்தத்தை நன்கொடையாக வழங்குபவருக்கு, இதனால் எந்தவித தீங்கும் நேராது என்பதையும் பிறிதோர் உயிரைக் காப்பாற்றும் நற்பேறு பெற்றவர் ஆகிறார் என்பதையும் இவருடைய செயல் தெளிவாகப் புலப்படுகிறது.

இவரது மானுடப் பணி மிகுந்த பாராட்டுக்குரியதாகும்.

குருதிப் பிரிவு: 'B' POSITIVE

வழங்கிய நாள்: 23.9.2021

இரத்த மைய மருத்துவ அதிகாரி
Dr.T.RAMANATHAN, M.B.B.S., M.D.
Assistant Professor, Regn.No.92117
Department of Transfusion Medicine
MAPIMS Hospital,
Melmaruvathur 603 319

Principal
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
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Adhiparasakthi Hospitals
ஆதிபராசக்தி மருத்துவமனை

குருதியேற்றுத் துறை
(இரத்த மையம்)

பாராட்டுச் சான்றிதழ்

திரு / ~~திருமதி~~ / ~~செல்வி~~ SOORYA PRASAD.S அவர்கள் உயிருக்குப் போராடும் நோயாளிகளுக்கு உயிர் கொடுத்துதவும் வகையில், தானாகவே முன்வந்து நன்கொடையாக இரத்தத்தை அளித்துள்ளார். அவருடைய இந்தச் சிறந்த செயலினைப் போற்றும் விதத்தில் பாராட்டுச் சான்றிதழ் வழங்கப்படுகிறது.

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இவரது மானுடப் பணி மிகுந்த பாராட்டுக்குரியதாகும்.

குருதிப் பிரிவு: 'O' POSITIVE

வழங்கிய நாள்: 08.12.2021

இரத்த மைய மருத்துவ அதிகாரி
Dr.T.RAMANATHAN,M.B.B.S., M.D.
Assistant Professor, Regn.No.92117
Department of Transfusion Medicine
MAPIMS Hospital,
Melmaruvathur 603 319

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
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Hospital Road, Melmaruvathur
Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

ஆசிரியர் :
டாக்டர். T. ரமேஷ் M.D.,
செய்தி மற்றும் விளம்பரம் :
குருநாத், கார்த்தி
புகைப்படம் :
கார்த்திக்
அச்சுப் பொறுப்பு :
சரவணன்
வரைகலை, தட்டச்சு :
மகேஷ்,
மாதவன்
உரிமை, வெளியீடு :
டாக்டர் T. ரமேஷ் M.D.,
அச்சகம் :
ஓம்சக்தி ஆப்செட் பிரிண்டர்ஸ்
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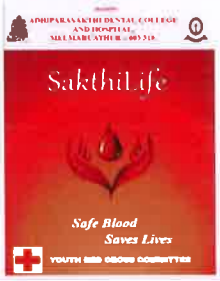
MARUVOOR TIMES

சிறுகதை, கட்டுரை, கவிதை, துணுக்குகள், அமைப்பு செய்திகள், கருத்துகள் யாவும் வரவேற்கப்படுகின்றன. படைப்புகளையும், செய்திகளையும் ஏற்றுக் கொள்ளவும், நிராகரிக்கவும், திருத்தவும், சுருக்கவும் ஆசிரியருக்கு உரிமை உண்டு.

வாசகர்கள் கவனத்திற்கு

இந்த செய்தித்தாளில் வெளியிடப்படும் விளம்பரங்களின் அடிப்படையில் செயல்படும் முன் அவற்றின் தகவல்கள் சரியானவையா என்பதை போதுமான அளவு நிச்சயப்படுத்திக் கொள்ளுமாறு கேட்டுக் கொள்ளப் படுகிறார்கள். விளம்பரங்கள், அவற்றின் தயாரிப்புகள், விளம்பரதாரர், அவர்களது சேவைகள் ஆகியவற்றுக்கு **மருவூர் டைம்ஸ்** எவ்வித உத்தரவாதமும் அளிக்கவில்லை. இதனால் ஏற்படும் லாப நட்டங்களுக்கு மருவூர் டைம்ஸ் நிர்வாகமோ, அதன் ஆசிரியரோ, ஊழியர்களோ எவ்விதத்திலும் பொறுப்பாகமாட்டார்கள்.

ஆதிபராசக்தி பல் மருத்துவக்கல்லூரி மற்றும் மருத்துவமனை யூத் ரெட் கிராஸ் (YRC) 'உலக இரத்த தான தினம்'



ஆதிபராசக்தி பல் மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை - யூத் ரெட் கிராஸ் (YRC) சார்பாக 'உலக இரத்த தான தினம்' கல்லூரியின் தாளாளர் Dr. T. ரமேஷ் அவர்களின் தலைமையில் கொண்டாடப்பட்டது. இவ்விழாவில், கல்லூரியில் உள்ள இளங்கலை பல் மருத்துவ மாணவர்களின் இரத்த வகை மற்றும் தொலைபேசி எண்களை கொண்ட "சக்திலைப்" என்ற கைபேசி பயன்பாடு செயலி (mobile app) தாளாளர் அவர்களால் வெளியிடப்பட்டது. கல்லூரியின் YRC சார்பாக மேற்கொண்ட நடவடிக்கைகள், உலக இரத்த தான தினத்தின் சிறப்பு மற்றும் "சக்திலைப்" உருவான முறை, அதன் பயன்பாடுகள் குறித்து விளக்கப்பட்டது. தாளாளர் அவர்களால் "சக்திலைப்" செயலியின் பயனாளர் பெயர் மற்றும் கடவுச்சொல், ஆதிபராசக்தி மருத்துவமனையில் பணிபுரியும் Dr.ராமநாதன் அவர்களுக்கு வழங்கப்பட்டது. இரத்ததானம் குறித்து விழிப்புணர்வு ஏற்படுத்தும் விதமாக கல்லூரியில் பயிலும் மாணவர்களுக்கு இணையதளம் வாயிலாக கையெழுத்து பிரச்சாரம் மற்றும் "பாதுகாப்பான இரத்தம் பல உயிர்களை காக்கும் (Safe Blood Saves Lives)" என்ற தலைப்பின் கீழ் போட்டிகள் நடத்தப்பட்டன. மேலும், உலக இரத்த தான தினத்தன்று மாணவர்கள் தங்களது சமூக ஊடகக் கணக்குகளின் மூலம் இரத்த தானம் குறித்த விழிப்புணர்வை ஏற்படுத்தினர்.

வசதி மேலாண்மை மற்றும் பாதுகாப்பு குழு

தீ தடுப்பு முறை நிரல் எங்கள் பணியாளர்களுக்கு பாதுகாப்பாகவும், எந்த ஒரு ஆபத்தான சூழ்நிலையிலும் தீ மற்றும் மின்சார கசிவின் போது ஏற்படும் தீ தடுப்பு முறையை பணியின் போது எவ்வாறு செயல்படுத்துவது என்று செய்முறை நடப்பு எங்கள் ஆதிபராசக்தி பல் மருத்துவமனை வளாகத்தில் 9-6-2020 அன்று மதியம் 1 மணி அளவில் நடத்தப்பட்டது. பணியாளர்கள் தீ விபத்தின் போது பாதுகாப்பாக எங்கு கூடுவது மற்றும் பிற அத்தியாவசிய அவசர தேவைக்கால செயல்முறை போன்ற நிரல்கள் மூன்று மாதங்களுக்கு ஒரு முறை நடத்தப்பட்டு வருகிறது. இந்த நிகழ்ச்சி கல்லூரி முதல்வர் மருத்துவர்.A.வசந்த குமாரி அவர்கள் முன்னிலையில் மருத்துவர்களுக்கும் கல்லூரி ஊழியர்களுக்கும் செயல்படுத்தப்பட்டது. இது பற்றியான சந்தேகங்கள் தெளிவுபடுத்தப்பட்டது. தீ தடுப்பு சாதனம் உபயோகிக்கும் போது நினைவில் கொள்ளும் தீ ஒழுங்கு முறையை விளக்கி கூறப்பட்டது.

மேல்மருவத்தூர் ஆதிபராசக்தி மருத்துவமனையில் காவல் துறையினருக்கு சிறப்பு கொரோனா வார்டு

மேல்மருவத்தூர் ஆதிபராசக்தி மருத்துவ கல்லூரி மருத்துவமனையில், காவல்துறையினருக்கான சிறப்பு கொரோனா தடுப்பு சிகிச்சை மையம் துவங்கப்பட்டுள்ளது. அதனை காவல்துறை உயர் அதிகாரிகள் ஆய்வு செய்தனர். நாடு முழுவதும் கொரோனா பாதிப்பு அதிகளவில் உள்ளது. குறிப்பாக, சென்னைக்கு அடுத்தபடியாக, செங்கல்பட்டு மாவட்டம் சிவப்பு மண்டலமாக அறிவிக்கப்பட்டுள்ளது. கொரோனா பரவலை தடுக்க சுகாதார துறையினர், வருவாய் துறையினர், காவல்துறையினர் தீவிரமாக ஈடுபட்டுள்ளனர். அவர்களுக்கு, கொரோனா தொற்று ஏற்பட்டால், அவர்களுக்கு மருத்துவமனையில் அனுமதித்து. சிகிச்சை அளிக்க முடிவு செய்யப்பட்டது.

இதை தொடர்ந்து, மேல்மருவத்தூர் ஆதிபராசக்தி மருத்துவ கல்லூரி மருத்துவமனையில், தற்போது கொரோனா சிகிச்சை பிரிவு செயல்படுகிறது. இங்கு, காவல்துறையை சேர்ந்தவர்களுக்காகவே, சிறப்பு கொரோனா பரிசோதனை மையம், தொற்று ஏற்பட்டால் அவர்களுக்கு சிகிச்சை அளிக்கவும் சுமார் 100 படுக்கைகள் கொண்ட கொரோனா சிறப்பு வார்டு ஏற்படுத்தப்பட்டுள்ளது. இந்நிலையில், காவல் துறையினருக்காக ஏற்படுத்தப்பட்ட சிறப்பு கொரோனா தடுப்பு சிகிச்சை மையத்தை ஐஜி நாகராஜன், டிஐஜி தேன்மொழி, செங்கல்பட்டு எஸ்பி கண்ணன், மதுராந்தகம் டிஎஸ்பி மகேந்திரன் ஆகியோர் ஆய்வு செய்தனர். அப்போது, மருத்துவமனை சிஇஓ சேகர் உள்பட மருத்துவமனை அதிகாரிகள் பலர் உடன் இருந்தனர். அவர்களிடம், சிகிச்சை முறைகள் குறித்து கேட்டறிந்தனர்.

நீ எதை செய்தாலும்
அதன் பொருட்டு
உனது மனம், ஆன்மா,
முழுவதையும்
அர்ப்பணித்துவிடு.

–சுவாமி விவேகானந்தர்

ஆன்மிக அருளுரைகள்

ஆதிபராசக்தி அருள்வாக்கு

"கடல் அலைகள் மறைந்து சென்றாலும், கீழே மணல் அலைகள் மறைவதில்லை. அதுபோல நீ மறைந்தாலும் நீ செய்த தருமம் நிலைக்கும்."

வேதாகம போதனைகள்

தேவனிடத்தில் அன்புகூருகிறவர்களுக்குச் சகலமும் நன்மைக்கு ஏதுவாக நடக்கிறதென்று அறிந்திருக்கிறோம்.

ரோமர் 8:28

நபியின் போதனைகள்

"உமது சமுதாயத்தை இருள்களிலிருந்து வெளிச்சத்திற்குக் கொண்டு செல்வீராக! அல்லாஹ்வின் அருட்கொடைகளை நினைவூட்டுவீராக!"

அல்குர்ஆன் 14:5

உலகப் பொதுமறை

துறந்தார்க்கும் துவ்வா தவர்க்கும் இறந்தார்க்கும் இல்வாழ்வான் என்பான் துணை – குறள் 42

மு.வரதராசனார் உரை:

துறந்தவர்க்கும் வறியவர்க்கும் தன்னிடத்தே இறந்தவர்க்கும் இல்லறம் மேற்கொண்டு வாழ்கிறவன் துணையாவான்.

PERSONALITY AND PROFESSIONAL SKILLS DEVELOPMENT

PUBLIC SPEAKING

POST EVENT REPORT

A program on Public speaking was conducted for final year BDS students by Students' welfare Committee. Speaker was Ms Suganya. The program was held on 26/02/2021 between 3:00 pm to 4.00 pm in Platinum jubilee auditorium at Adhiparasakthi Dental College and Hospital

Speaker was Ms. Suganya. She is an eminent soft skill trainer with lot of experience in this field. She is engaged in taking soft skill classes and training programs in various colleges at national level. She has conducted training on various topics to students across the state.

Public speaking is a soft skill that requires excellent communication skills, enthusiasm, and the ability to engage with an audience.

Whether you feel like a public-speaking expert or you're new to it, there are always ways you can improve. You can brush up on your public speaking skills with these tips:

- Take a public speaking class or workshop.
- Practice in front of the mirror.
- Practice in front of friends, family, or colleagues; then, ask for feedback.
- Record yourself giving a presentation, watch the video, and take notes.
- Watch videos of accomplished public speakers you admire.

K. Dhivya

Students' Welfare Committee

PRINCIPAL
Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319.

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
Hospital Road, Melmaruvathur
Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

Omsakthi

ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL

Recognised by Dental Council of India
Affiliated to The Tamilnadu Dr.M.G.R Medical University
A Unit of Adhiparasakthi Charitable, Medical, Educational & Cultural Trust

Trainer seen interacting with Students

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
Hospital Road, Melmaruvathur
Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST - IV BDS - 26.02.2021

1.	SRI JANANI.S	
2.	SWEETHA.K	
3.	KIRUTHIKA.T.M	
4.	MAHALAKSHMI.S	
5.	NIVETHA.R	
6.	POOJA.R	
7.	ABARNA P S	
8.	ARUN AMARANATH	
9.	ADHILAKSHMI R	
10.	ANUSHIYA B	
11.	ARUNKUMAR R	
12.	BACKIYA PRIYA G	
13.	BALAMURUGAN G	
14.	BHUVANESWARI M	
15.	DEEPIKA G	
16.	DHANALAKSHMI K	
17.	DHARANI T	
18.	DINESH .N	
19.	DINESH T	
20.	DIVYA LAKSHMI A	
21.	DIVYA LAKSHMI K	
22.	FARZANA S	
23.	GOKILA K	
24.	GOKUL S	

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
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Tamil Nadu - 603 319

ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST - IV BDS

25.	GUNA E	
26.	HARIHARAN S K	
27.	HARINI.J	
28.	HARISH SIVAKUMAR	
29.	HARITHA BEGUM	
30.	INDHUJA P	
31.	JEROME J	
32.	JEYASARATHA.K	
33.	KANISHKAR G	
34.	KAVIPRIYA S	
35.	KEERTHANA P	
36.	KEERTHIGA. E	
37.	LAVANYA J	
38.	LOKESH S	
39.	LOKESHWARAN A	
40.	MAHALAKSHMI M	
41.	MAHESWARI.S	
42.	MATHUMALA.S	
43.	MOHANAPRIYA G K	
44.	MRTHULA M	
45.	NADI SOUNDARYA S	
46.	NARMATHA D N	
47.	NAZIYA ANJUM R	
48.	NEERALYA NANDHINI S	
49.	NIRMALA V	
50.	NITHISH KUMAR A	

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS,
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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST - IV BDS

51.	PAVITHRA P	
52.	PAVITHRA R	
53.	PIRAVIN.M.S	
54.	PRABAGARAN M	
55.	PRABHAKARAN M	
56.	PRAVEEN KUMAR M	
57.	RAMJI.E	
58.	RANJITHKUMAR K S	
59.	RUBITHA R	
60.	RUDRAMURTHE G	
61.	SABARI NATHAN K	
62.	SAKTHI S	
63.	SANTHOSHKUMAR D	
64.	SARANYA.N	
65.	SELVABHAVANI.P	
66.	SHANMUGA ESWARI M	
67.	SHERIN FATHIMA M	
68.	SIBIVISWANATH S	
69.	SINDHUJA.T	
70.	SIVAPRIYA R	
71.	STALIN.J	
72.	SUNDARESAN.R	
73.	SWETHA S R	
74.	SWETHA V	
75.	THARNIMATHI K	
76.	VINOTH V	

PRINCIPAL

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Certificate of Participation

This is to Certify that _____ has actively participated in the Program on **"Personality & Professional Development - Public Speaking"** *held on* **26.02.2021** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

PRINCIPAL
Prof. Dr. S.Karthiga Kumari, MDS.,
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Certificate of Participation

This is to Certify that ***Ms Shruthi*** *has actively participated in the Program on* **"Personality & Professional Development - Public Speaking"** *held on* **26.02.2021** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

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Principal

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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all

for program on

PUBLIC SPEAKING

SPEAKER: Ms. SUGANYA

SOFT SKILL TRAINER

VENUE: Platinum Jubilee Auditorium

DATE: 26/02/2021

TIME: 3 pm to 4 pm

Program Schedule :

3:00 Pm: Welcome Address by Dr.Sumanth

3:05 Pm: Session on Public Speaking skills

3:55 Pm: Vote of Thanks by Dr. Dhivya

PARTICIPANTS: IV Year BDS, APDCH

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19.02.2021

CIRCULAR

We wish to bring to your kind notice that we are conducting a personality and professional development program on the topic **"PUBLIC SPEAKING"** on 26.02.2021 from 3.00 PM to 4.00 PM in Platinum Jubilee Auditorium for IV BDS Students.

Students' Welfare Committee

PRINCIPAL
Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319.

Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319

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EMPLYOYABILITY SKILLS DEVELOPMENT PROGRAM

PHOTOGRAPHY IN DENTISTRY

POST EVENT REPORT

A program on "Photography in Dentistry" was organised and conducted for CRRI and PG students on 06/01/2021 between 3.30pm to 4.30 pm in Mini Conference Hall and College Premises of Adhiparasakthi Dental College and Hospital.

The photographer was Mr.Baskar. He is an experienced photographer with more than 10 years of experience in the field of photography.

Clinicians can choose from multiple systems for dental photography that will work well for most practices. However, the digital single lens reflex (DSLR) camera is the most ideally suited for practices that wish to use photography for documentation for lectures or publications. The session helped the students to know the following key points:

- Dental photography allows the patient to visualize his or her smile and oral condition with the same acute perspective as the dentist, which helps the patient understand the rationale for recommended treatment.
- Before taking any images, clinicians should obtain written consent for photography, and take steps to protect patient confidentiality.
- Cheek retractors are key accessories that help retract the lips, labial and buccal mucosa from the field of view.
- As a general rule, practitioners should take seven basic views to record a patient's clinical condition during the initial visit.

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Introduction given to participants about Photography in dentistry and how to develop photographic skills

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Tamil Nadu - 603 319

MEETING ATTENDANCESHEET

MEETING: Employability Skills Development - Photography in Dentistry. DATE: 6/11/2021

PLACE :TIME : College Premises, 3.30 PM to 4.30 PM.

SL.NO	NAME	DEPARTMENT	SIGNATURE
1	Dr. Kousalya.	Periodontics	
2	Dr. U. SHAKILA NAZEEN BANU	PROSTHODONTICS	U. Shakila
3	DR. S. KRUTHIKA	Prosthodontics	
4	Dr. E. Deepika	Oral Pathology	
5	Dr. J. PRIYADHARSHIN	ORAL PATH	Priya
6	Dr. HARIPRASH	ORAL SURGERY	
7	Dr. Jayanth	Endodontics	
8	Dr. Vigneshwaran	Periodontics	
9	Dr. Poorani	Endodontics	
10	Dr. Ashwini Mangi	Prosthodontics	
11	Dr. Pandi G	Orthodontic	G. Pandi
12	Dr. Aruna Soundharya	Oral Medicine	
13	Dr. Sudha	ODS	
14	Dr. Nalin Kumar	OMFS	
15	Dr. SANDHYA	Periodontics	Sandhya
16	Dr. Keerthi priya	Prosthodontics.	
17	Dr. Baala Gopal	Periodontics.	
18	DR. K. KIRUBAVATHY	OMFS	
19	Dr. S. Priyanka	Orthodontics.	
20	Dr. Keerthika	Periodontics	
21	Dr. SUJITHA	Endodontics	Sujitha
22	Dr. Visitha	Endo	V. Sitha
23	Dr. Josphin flora.	Prostho	Josphin Flora
24	Dr. Gayathri	Prosthodontics	
25	Dr. Sri Vidhya	Endo	

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CAREER GUIDANCE PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST – CRI – 6/1/2021.

1.	ABINAYA.B	
2.	ABINAYA.R.C	
3.	AKSHAYA.M. S. K	
4.	ANUSHA.R	
5.	ASIMANAZARIN.S	
6.	ASWIN.S	
7.	BANUPRIYA.K	
8.	BHUVANESWARI.T	
9.	DARAKSHAN FATHIMA.T	
10.	DEEPAK.R	
11.	DESIYAKAVI.S	
12.	DEVIPRIYA.E	
13.	DIVYA.R	
14.	DIVYASHREE.K.V	
15.	DURGA.R	
16.	GOVINDA RAJAA.V.K	
17.	HARIHARAN.V. R	
18.	HEMAMALINI.T	
19.	INBAMANI.N	
20.	JAGADEESHWAR.N	
21.	JAINAFF.J	
22.	JANANI.R	
23.	JANURTHIKA .R.S	
24.	JAYASHREE.V	
25.	JENCY ABARNA.S	
26.	JENISHA.J	
27.	KANMANI.G	
28.	KAVITHA SREE.P	
29.	KIRUTHIKA.S	

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CAREER GUIDANCE PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST – CRI

30.	KOTHAIARASI.G.E	
31.	LAARANYA	
32.	MANJU.R	
33.	MANJULA.M	
34.	MEENATCHI.G	
35.	MEGAZABEEN.U	
36.	MELINDA DAPHINE NIMMY.F	
37.	MOHAMEDASHIK.A	
38.	MUNIRA.S	
39.	MUTHURATCHITHA.D	
40.	PANJALIARASI.N	
41	PAVITHRA.B	
42.	POONGODHAI.S	
43.	PRIYADARSHINI.NA	
44.	PRIYANKA.S	
45.	PRIYANKA.V	
46.	RASHMIKA.M	
47.	RAVINA SRI.N	
48.	RESHMI THERAS.J	
49.	RITHANIKA.A	
50.	SAGITHYA.A	
51.	SAKTHI PRIYA.M	
52.	SALAI SARUMATHI.S	
53.	SANDHIYA.R	
54.	SANKARI.S	
55.	SARUMATHI.U	
56.	SASTIMANI.P.M	
57.	SHRUTHI.V	
58.	SINDUJA.K.B	

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CAREER GUIDANCE PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST – CRI

59.	SOUNDARYA.S	
60.	SRI JANANI.S	
61.	SRUTHI.M.A	
62.	STEFFI INIYA.D	
63.	SUDHARSANA DEVI.S	
64.	SUSHMITHA.B	
65.	SWEETHA.K	
66.	THARMARAJ.P	
67.	THEVETHA.K	
68.	THILAGAVATHY.P	
69.	USHANANDHINI.S	
70.	VAISHALI.R	
71.	VELMURUGAN.K	
72.	VIDHYA LAKSHMI.M	
73.	VIDHYASAGAR .RM	
74.	VINOSHINI.S	
75.	VINU PRIYA.B	
76.	VISALINI.B	
77.	VISHRUTHA.P	
78.	YUVASREE.M	
79.	PRIYA.R.S	
80.	SOORYA PRASAD.S	
81.	SOUNDARYA.S	
82.	SRI JANANI.S	
83.	SRUTHI.M.A	
84.	STEFFI INIYA.D	
85.	SUDHARSANA DEVI.S	
86.	SUSHMITHA.B	
87.	SWEETHA.K	

PRINCIPAL

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Certificate of Participation

This is to Certify that _____ has actively participated in

the **Employability Skills Development Program on – "Photography In Dentistry"**

held on ***06.01.2021*** *conducted at Adhiparasakthi Dental college and hospital,*

Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

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This is to Certify that ***Dr. Hari Prasadh*** *has actively participated in the* **Employability Skills Development Program on – "Photography In Dentistry"** *held on* ***06.01.2021*** *conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. A.Vasantha Kumari
Principal

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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all
for a Lecture & Hands-on

TOPIC: PHOTOGRAPHY IN DENTISTRY

SPEAKER: Mr. Baskar
Photographer

DATE: 6/01/2021
TIME: 3:30 pm to 4:30 pm

VENUE: College Premises

PARTICIPANTS:

CRRI, APDCH

Post graduates, APDCH

Program Schedule :

- 1:30 Pm: Introduction of Speaker by Dr. Sumanth
- 1:45 Pm: Session 1 (Attention to Details)
- 2:45 Pm: Session 2 (Technical Skills)
- 3:25 Pm: Demo Photography by Dr. Dhivya

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04.01.2021

CIRCULAR

We wish to bring to your kind notice that we are conducting an employability skills development program on the topic **"PHOTOGRAPHY IN DENTISTRY"** on 06.01.2021 from 3.30 PM TO 4.30 PM in Mini Conference Hall and college premises for CRRI and Post Graduate Students.

K.Dhivya

Students' Welfare Committee

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ACADEMIC YEAR 2019-20

5.1.2 – CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES EMPLOYED BY THE INSTITUTION FOR STUDENTS FOR THE ACADEMIC YEAR 2019-20

Om sakthi

ADHIPARASAKTHI DENTAL COLLEGE AND HOSPITAL

MELMARUVATHUR

Soft skill training program – 2019-20

S. No	Date	Time	Venue	Year and Number of Students Benefited	Topic	speaker
1.	21/09/2019	4.00 PM TO 6.00 PM	Platinum jubilee auditorium	III BDS -76	Soft Skills -Music Therapy	Ms.Gana Isaivani
2.	11/10/2019	1.00pm to 3.00 pm	Lecture hall 1	I BDS -94	Soft Skills – Adaptability skills	Mr Ramamurthi
3.	30/01/2020	2.00 PM TO 4.00 PM	Lecture Hall 2	II BDS -65	Language and Communication Skills – Speaking Fluent English	Ms Yamini
4.	21/06/2019	3.00 PM to 5.00 PM	Platinum jubilee auditorium	Under graduate Students - 250	Yoga and wellness- sound body and sound mind	Mr. Ganesh, Mrs. Sujatha & Ms. Akshara
5.	13/2/2020	1.00 PM TO 3.00 PM	Mini conference hall	CRRI -68	Analytical Skill Development – How To Run Quiz Program	Mr Yusuf
6.	04/11/2019	2.00 PM TO 4.00 PM	Platinum jubilee auditorium	CRRI -82	Personality and professional Development – competitiveness	Mr Benjamin Dass
7.	06/03/2020	2.30 PM to 3.30 PM	Lecture hall 3	III BDS -67	Personality and professional Development – body language	Mrs. Sumathi
8.	27/02/2020	2.00 PM TO 4.00 PM	Platinum jubilee auditorium	IV BDS -70	Employability Skill Development – work life balance	Mr Srinivas
9.	14/06/2019	-	APDCH	UG /PG -25	Human value development – blood donation	-
10.	13/12/2019	1.00 PM to 3.30 PM	Platinum jubilee auditorium	CRRI -65	Human value development – professional ethics	Mr. Suganya

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SOFT SKILL DEVELOPMENT PROGRAM – ADAPTABILITY SKILL

POST EVENT REPORT

A soft skill program on "ADAPTABILITY SKILL" was organised and conducted for 1st year undergraduate students by Students' Welfare committee in lecture Hall 1, APDCH on 11/10/2019 between 1.00pm to 3.00pm .

Speaker was Mr. Ramamurthi. He is an eminent soft skill trainer with lot of experience in this field. He is engaged in taking soft skill classes and training programs in various colleges at national and international level. He has conducted trainings on various topics to students across the states.

The highlights of her session are as follows:

Adaptability is important because as new technology evolves. Adaptability in the workplace is being flexible and able to change in order to become successful. This helps to learn how to rest upon their own judgment and have the confidence to make difficult decisions. People can further nurture your adaptability skills by trying new things and challenging your ability to problem solve in various circumstances.

Types of adaptability skills;

- Learning ability
- Persistence
- Resourcefulness
- Curiosity

Being adaptable additionally implies having soft skills like communication, interpersonal, critical thinking and problem-solving skills. By showcasing your adaptability skills, you are revealing that how well-motivated are you to try new and exciting things.

Student welfare committee

Principal

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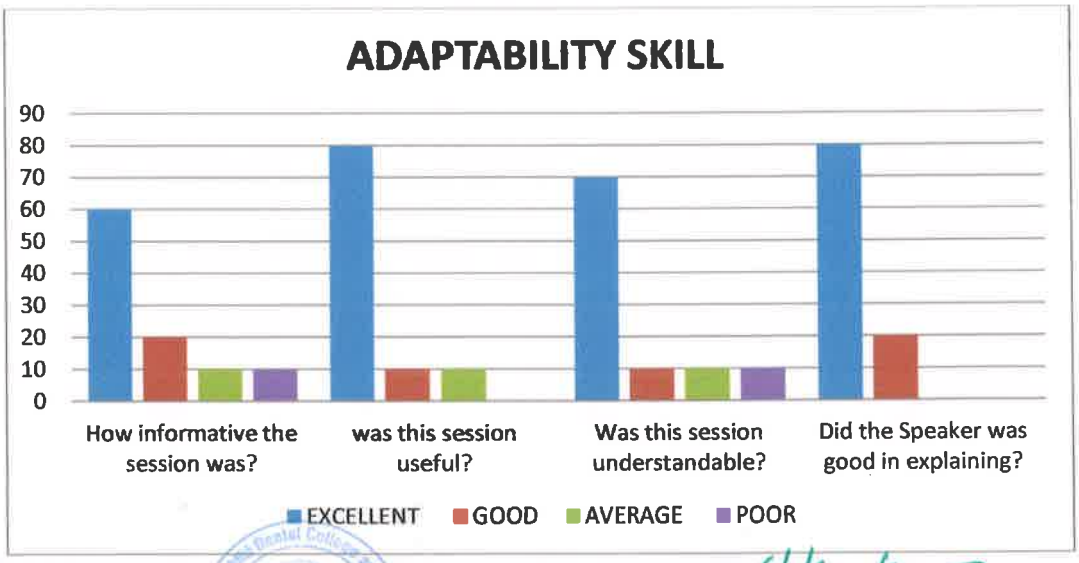
SOFT SKILL DEVELOPMENT PROGRAM – ADAPTABILITY SKILL

FEEDBACK FORM



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Tamil Nadu - 603 319

SOFT SKILL - ADAPTABILITY SKILLS

SNO	NAME	SIGNATURE
1	Aarthi C	
2	Agatheeswaran T	
3	Aishwarya A	
4	Ajiethkumaran P	
5	Akila K	
6	Akshaya N	
7	Amirtha Varshini N	
8	Anitha S	
9	Aruna B	
10	Aswini K	
11	Avinesh A	
12	Ayeesha Bheema A	
13	Bharathi S	
14	Bhuvaneshwari S	
15	Boomica R	
16	Deepika S	
17	Dharshini Shree P	
18	Elakkiyaa S S	
19	Fahzila S	
20	Geetha S	
21	Gokul N	
22	Gokula Swetha S	
23	Hariharan B	
24	Hariharan M	
25	Haripriya G	
26	Haritha V G	
27	Hindujha M	
28	Indhumathi N	
29	Jailekhha L	
30	Jaya Shiva Path K A	
31	Jeya Priya B M	
32	Kalai Preetha P	
33	Kalaiarasi A	
34	Kalkhi D	
35	Kameshvari A	
36	Kavya K	
37	Kayalvizhi Nangai B	
38	Keerthana R	
39	Keerthika A	
40	Kishore G K	
41	Krithik V	
42	Krity Susan P	

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43	Madhumithaa K P	
44	Manojkanna T	
45	Mehala D	
46	Merson M	
47	Mithra M	
48	Mohamed Afsal A R	
49	Mohamed Farishkhan K	
50	Mohamed Sulthan A	
51	Monikaa K	
52	Monisha R	
53	Muthulakshmi A J	
54	Nandhini M	
55	Nazni Rahamath K	
56	Nikhileswari M	
57	Nivetha R	
58	Nivethitha M	
59	Nivethithaa Srinivasan	
60	Pavithra Banu T	
61	Pradeep Kumar R	
62	Praveen Kumar T	
63	Ramkumar G	
64	Ramya S	
65	Rayshma R	
66	Rishi G	
67	Ritsha A	
68	Roopan S	
69	Rupshya D	
70	Sabaritha P	
71	Saji K	
72	Sangeetha M	
73	Sangeethapriya S	
74	Sanjay Vikram P	
75	Savaniya K	
76	Sidhesh A	
77	Siva Priya P	
78	Siva Theresa Sundara Nachiar S	
79	Sneha E	
80	Sneha S	
81	Snekha G	
82	Sowmiya A	
83	Sowmiya P	
84	Sowmiya S P	
85	Sreenithi K	
86	Sri Aathi K	
87	Sri Janani SA	
88	Srinisha R	
89	Sujatha K	
90	Sureka M	

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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Certificate of Participation

This is to Certify that NIVETHA . R *has actively participated in the Soft Skills Program on "Adaptablity Skills" held on 11.10.2019 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

PRINCIPAL
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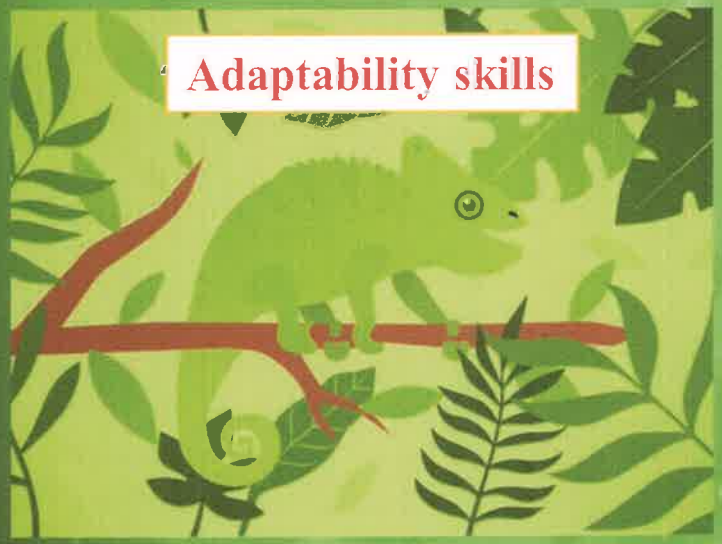
STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all
For program on

Adaptability skills



TOPIC– ADAPTABILITY SKILLS

SPEAKER: Mr. Ramamurthi

PARTICIPANTS: I Year, APDCH

VENUE: Lecture Hall I

DATE: 11/10/2019

TIME: 1:00 pm to 3:00 pm

Program Schedule :

1:00 pm: Welcome Address by Dr. Dhivya

2:10 pm: Session 1

3:00 pm: Vote of Thanks

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05.10.2019

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Adaptability skills"** on 11.10.2019 from 1.00 PM to 3.00 PM in Lecture hall 1 for 1st year BDS Students.

We request all Heads of the Departments to send 1st year undergraduate students to attend the program.

Student welfare committee

principal

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SOFT SKILL DEVELOPMENT PROGRAM – MUSIC THERAPY

POST EVENT REPORT

A soft skill program on "MUSIC THERAPY – NAMMA OORU ISAI GAANA KONDATTAM" was organised and conducted for 3rd year undergraduate Students by students Welfare committee in Platinum jubilee auditorium, APDCH on 21/09/2019 between 4.00pm to 6.00pm .

Singer was Ms.Gana Isaivani. Isaivani became one of the first professional female gaana singers in the world. In addition she is a woman succeeding in a male dominated genre of music. She began to sing Tamil film songs and to cover gaana songs as a teenager because audiences responded well to them. In 2017, she formed a new band called " The Casteless Collective".

The program was presided by our Respected Correspondent Dr.T.Ramesh. The singer enriched the audience with her dynamic voice by singing a lot of gaana songs. All the students who attended the program thoroughly enjoyed the entire session. There was an overall good feedback received from all the students.

Student welfare committee

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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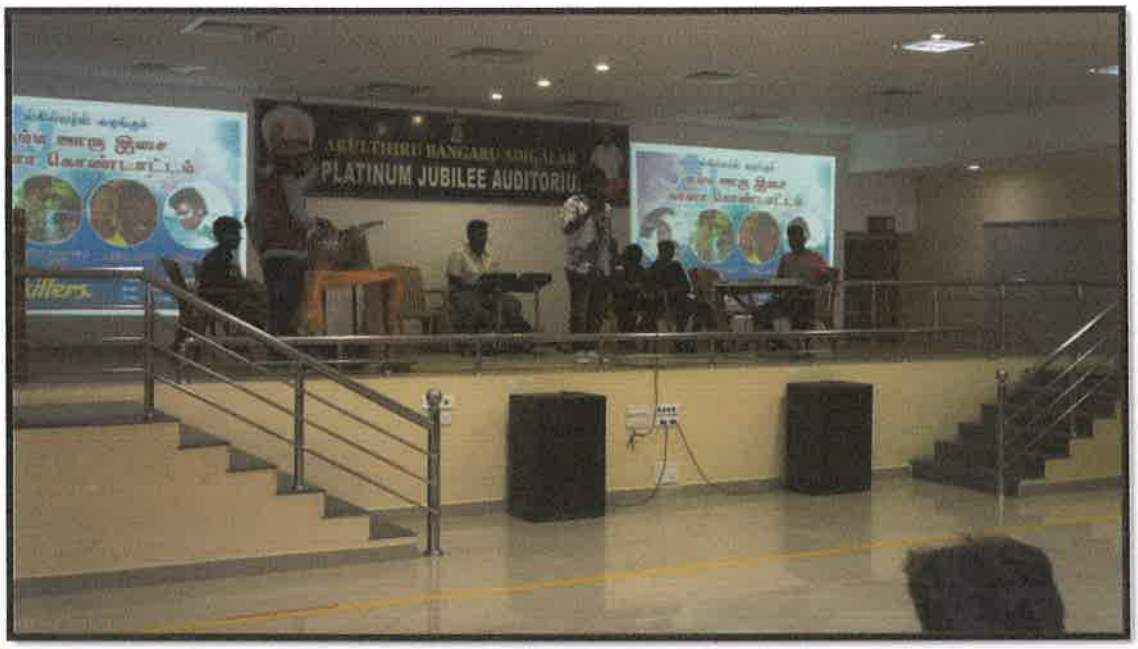
Singers with their band on stage



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Gaana Isaivani with her troop

Our Correspondent Sir relishing the music session along with our students

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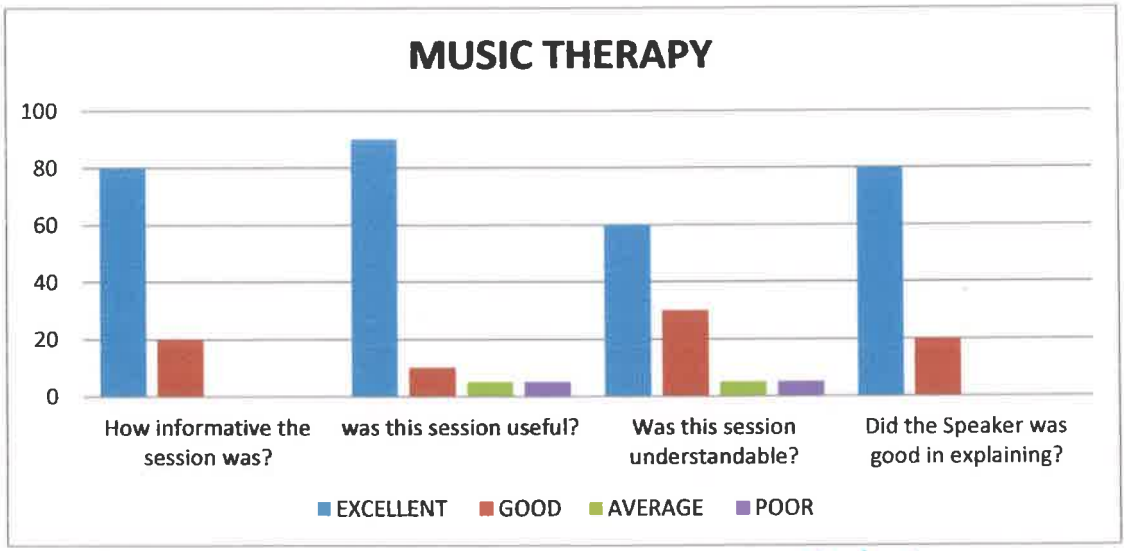
Gaana Isaivani with our students

MUSIC THERAPY - FEEDBACK



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SOFT SKILL - MUSIC THERAPY

S.NO.	NAME	SIGNATURE
1	DIVYA LAKSHMI A	
2	RANJITHKUMAR K S	
3	HARINI J	
4	MRTHULA M	
5	DIVYA LAKSHMI K	
6	NIRMALA V	
7	SHANMUGA ESWARI M	
8	LOKESHWARAN A	
9	ABARNA P S .	
10	SIBIVISWANATH S	
11	NEERALYA NANDHINI S	
12	RUDRAMURTHE G	
13	PRABAGARAN M	
14	KAVIPRIYA S	
15	SARANYA.N	
16	GUNA E	
17	DINESH T	
18	JEYASARATHA.K	
19	SWETHA S R	
20	LOKESH S	
21	NARMATHA D N	
22	ARUNKUMAR R	
23	SUNDARESAN R	
24	HARISH SIVAKUMAR	
25	GOKILA K	
26	NITHISH KUMAR A	
27	DEEPIKA PRIYALAKSHMI A	
28	INDHUJA P	
29	DHANALAKSHMI K	
30	DEEPIKA G	
31	PRIYANKA S	
32	THARNIMATHI K	
33	SABARI NATHAN K	
34	KEERTHANA P	
35	RAMJI E	
36	DHARANI T	
37	MOHANAPRIYA G K	
38	GOKUL S	
39	BHUVANESWARI M	
40	SHERIN FATHIMA M	
41	SRIMATHI M	

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42	FARZANA S	
43	BALAMURUGAN G	
44	BACKIYA PRIYA G	
45	MAHALAKSHMI M	
46	SIVAPRIYA R	
47	RUBITHA R	
48	KAMESHKRISHNA V	
49	PRAVEEN KUMAR M	
50	KEERTHIGA E	
51	SANTHOSHKUMAR D	
52	PAVITHRA P	
53	VINOTH V	
54	ADHILAKSHMI R	
55	PAVITHRA R	
56	SWETHA V	
57	GAJAPRIYA S	
58	KANISHKAR G	
59	NADI SOUNDARYA S	
60	ANUSHIYA B	
61	PRABHAKARAN M	
62	HARIHARAN S K	
63	STALIN J	
64	SELVA BHAVANI.P	
65	ARUN AMARNATH R	
66	SINDHUJA T	
67	MATHUMALA S	
68	DINESH N	
69	MAHESHWARI S	
70	PIRAVIN M.S	
71	HARITHA BEGUM A	
72	JEROME J	
73	NAZIYA ANJUM R	
74	LAVANYA J	
75	SIVALKAR T	
76	SAKTHI S	

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Certificate of Participation

This is to Certify that DINESH . N *has actively participated in the Soft Skills Program on "Music Therapy" held on 21.09.2019 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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STUDENT WELFARE COMMITTEE, APDCH

Invites you all

for a program on

MUSIC THERAPY

Speaker: Ms. Gana Isaivani

PARTICIPANTS: III BDS, APDCH

VENUE: Platinum jubilee auditorium

DATE: 21/09/2019

TIME: 4.00 pm to 6.00 pm

Program Schedule :

4:00 Pm: Session 1

5:00 Pm: Session 2

5:30 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.K[illegible] Kannan, MDS,
ADHIPARASAKTHI
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Onesakthi

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17.09.2019

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Music Therapy"** on 21.09.2019 from 4.00 PM to 6.00 PM in Platinum jubilee auditorium for 3rd year BDS Students.

Student welfare committee

Principal

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DENTAL COLLEGE & HOSPITAL
Melmaruvathur - 603 319

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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LANGUAGE AND COMMUNICATION SKILLS – SPEAKING FLUENT ENGLISH

POST EVENT REPORT

Language and communication skills program on "SPEAKING FLUENT ENGLISH" was organised and conducted for 2nd year BDS students by Students' Welfare committee in lecture Hall 2, APDCH on 30/01/2020 between 2.00pm to 4.00pm .

Speaker was Ms. Yamini. She is an eminent communication skill trainer with lot of experience in this field. She is engaged in taking english classes and training programs in various colleges at national level. She has conducted trainings on various topics to students across the state.

The highlights of her session are as follows:

The ability to speak confidently and fluently is something which students will develop during their time at school and college, and something that will help them throughout their life.

Speaking skills are defined as the skills which allow us to communicate effectively. They give us the ability to convey information verbally and in a way that the listener can understand.

Students will learn English speaking skills as well as speaking skills in other languages also. Learning how to develop English speaking skills is so important for all students on various fields. It's one of the most important parts of language learning as speaking is how we tend to communicate in everyday life.

Speaking is an interactive process where information is shared, and if necessary, acted upon by the listener. So, it's important to develop both speaking and listening skills in order to communicate effectively.

The four elements of speaking skills are;

- Grammar
- Vocabulary
- Pronunciation
- Fluency

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Speaking skills are one of the most important skills we learn, as they allow us to communicate with others and express our thoughts and feelings. Speaking skills can be separated into formal and informal speaking skills, and we use both types of speaking skills in a variety of contexts throughout life.

Speaking skill – national curriculum

- Listen and respond to teachers and classmates
- Build their vocabulary
- Use spoken language to explanations and describe
- Understand formal and informal speech
- Listen and understand different points of view

Student welfare committee

principal

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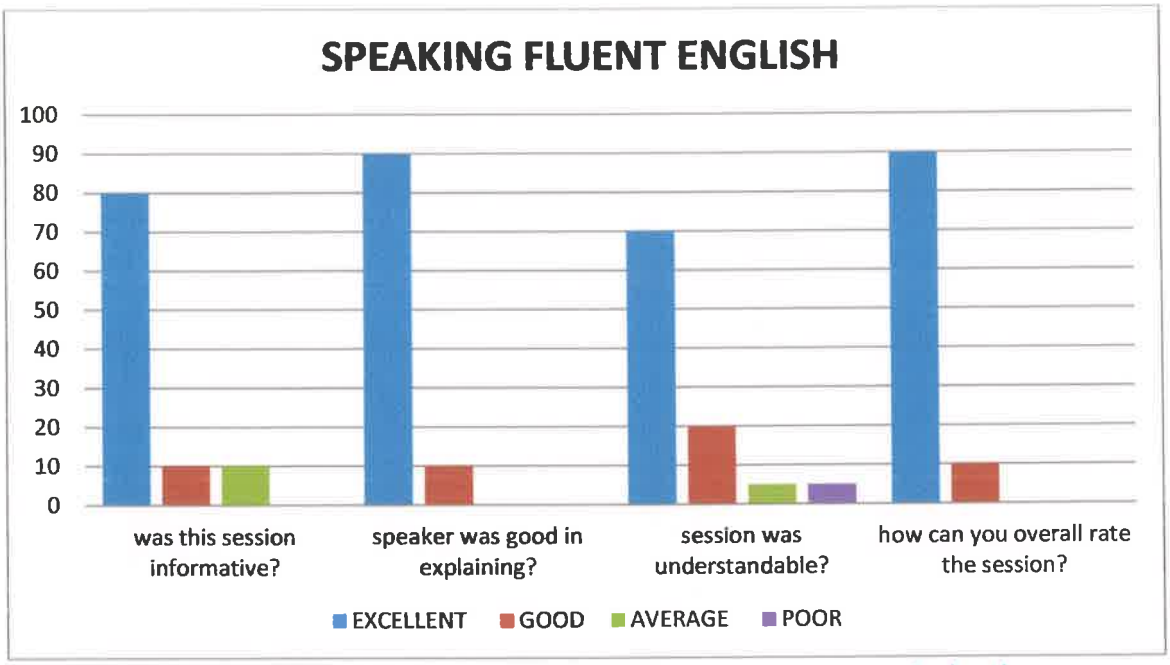
LANGUAGE AND COMMUNICATION SKILLS – SPEAKING FLUENT ENGLISH

FEEDBACK FORM



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LANGUAGE & COMMUNICATION SKILL - SPEAKING FLUENT ENGLISH

SNO	NAME	SIGNATURE
1	SURIYA.S.V	
2	ARCHANA M	
3	SOWBARNIKA V	
4	ABOOBACKERSITHIQ A	
5	MONISHA A	
6	REVATHY J	
7	MURUGAN T	
8	AAFRIN FATHIMA M	
9	FAHMEEDHA MOHAMED SAFIULLA	
10	ANUSUYA K	
11	SAKTHI SREEDEVI T	
12	RAKESH K	
13	PREETHI S	
14	VISHAL M	
15	SOUNTHARIYA A S	
16	DEVI SRI DHARSINI K	
17	AJAY SABARI GANESH N K	
18	KARUNASAGAR M K	
19	LOGA PRIYA B	
20	NIVETHIDHA S	
21	SUN ISHAN S	
22	GUNALAKSHMI V	
23	INDHU D	
24	RAMYAA M	
25	MIDUNA VINCY M	
26	KOWSIK T	
27	RATHNAPRIYA S K	
28	HARINI T	
29	SUVALEKHA A	
30	PRABAVATHI M C	
31	PRIYANKA R	
32	RAJASHREE S	
33	PREMKUMAR S	
34	RAMYA S	
35	ABINESH B	
36	SHRI VARSHINI B	
37	SAVITHA P	
38	KUTTRALEESWARAN S	
39	NITHISH KUMAR J	
40	SWATHIPRIYA.G	
41	SUBHATRA S	

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42	SHRUTI.K.S	
43	SELVAM C P	
44	GURU PRASANTH M	
45	LINGESH RAJ S	
46	MALAVIKA E	
47	BARATHRAM VIJAYARAGHAVAN	
48	BEULLA C	
49	V ISHALINI M	
50	SUVITHA SWAMINATHAN	
51	MANIVASAKAN R	
52	DHANALAKSHMI D	
53	KAVIYA S	
54	DINESH KUMAR P	
55	GOWRI SA	
56	LOKESHWARAN J	
57	SWETHA S	
58	SANTHOSHINI R	
59	HEMATHARUNIKA M	
60	JEYAKUMAR S	
61	ARTHI R	
62	ANAND J P	
63	VIBESHNAN E	
64	ABIRAMI.A.M	
65	SOWMIYA S	
66	LOKESH KUMAR R	
67	SAVUMIYA V	
68	SUSHMITHA SHREE K	
69	DHARUNRAJ B	
70	SWETHA B	
71	MAGALAKSHMI T	
72	SRIVIDHYA S	
73	DHATCHAYINI S	
74	AMIRTHAVARSHINI.K	
75	PRAVEEN KUMAR N	
76	SUMITHA K	
77	ISWARIYA T	
78	DEVANAND S	
79	MERLIN E	
80	RAVINDRANATH N	
81	KARTHIK MARIMUTHU	
82	SIVA HARINI	
83	SHRI SHARHARASI K S R	
84	NIVETHA C	
85	THULASI M	
86	SOWMIYA M	
87	ARUNACHALAM C B	
88	PRASATH M	

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Certificate of Participation

LEARN & LEAD

This is to Certify that ANAND . J. P has actively participated in the Language & Communication Skill Program on – "Speaking Fluent English" held on 30.01.2021 Conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A. Vasanthakumari
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all

for program on

SPEAKING FLUENT ENGLISH

SPEAKER: Ms. Yamini

PARTICIPANTS: II BDS APDCH

VENUE: Lecture Hall 2

DATE: 30/01/2021

TIME: 2 pm to 4 pm

Program Schedule:

2:00 Pm: Welcome Address by Dr. Dhivya

2:05 Pm: Session on Speaking skills

3:55 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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20.01.2020

CIRCULAR

We wish to bring to your kind notice that we are conducting a Language and Communication Skills training program on the topic **"Speaking Fluent English"** on 30.01.2020 from 2.00 PM to 4.00 PM in lecture Hall 2 for 2nd year BDS Students.

We request all Heads of the Departments to send all 2nd year Under Graduates to attend the program.

K.Dhiya

Student welfare committee

Principal

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YOGA AND WELLNESS - YOGA

POST EVENT REPORT

YOGA AND WELLNESS" programme was conducted on 21.06.2019 on account of "International Yoga Day" for all undergraduate students between 3.00pm to 5.00pm in platinum jubilee auditorium at Adhiparasakthi dental college and hospital.

Three yoga trainers - Mr. Ganesh, Mrs. Sujatha and Ms. Akshara had come to teach yoga to our students.

The highlights of their session are as follows:

They emphasised the application of yoga postures in our daily life and also explained how yoga helps us to reduce or alleviate structural, physiological, emotional and spiritual pain, suffering or limitations. Live demonstration of various yoga postures were given.

On account of International Yoga Day on 21/06/2019, in collaboration with NSS unit of Adhiparasakthi Dental College Trainers from Krishnamachary Yoga Mandiran conducted the Yoga sessions from 3.00 Pm to 5.00 pm inside the college auditorium.
Yoga instructors, Mr. Ganesh, Mrs. Sujatha and Ms. Akshara conducted yoga sessions. About 250 students participated in this Yoga session. Demonstration on Pranayamam, Kapalbhati Pranayamam, Vajrasana, Surya Namashkar, Vrksasana, Ustrasana, Sarvangasana, Bhujangasana various yogasanas were performed by the instructors and students. The significance of routine practice of yoga was emphasized to the students.

Poster competition on Environmental and Social Awareness was conducted for NSS students and prize distribution was done for the best poster

The program was very useful to all the students . Feedback was also collected and analysed.

Student welfare comitte

Principal

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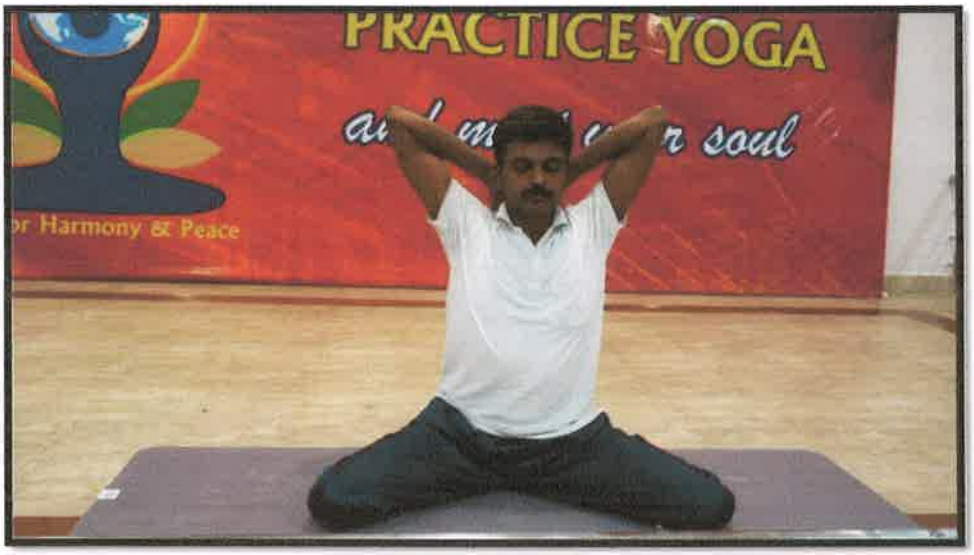

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Tamil Nadu - 603 319

Omsakthi

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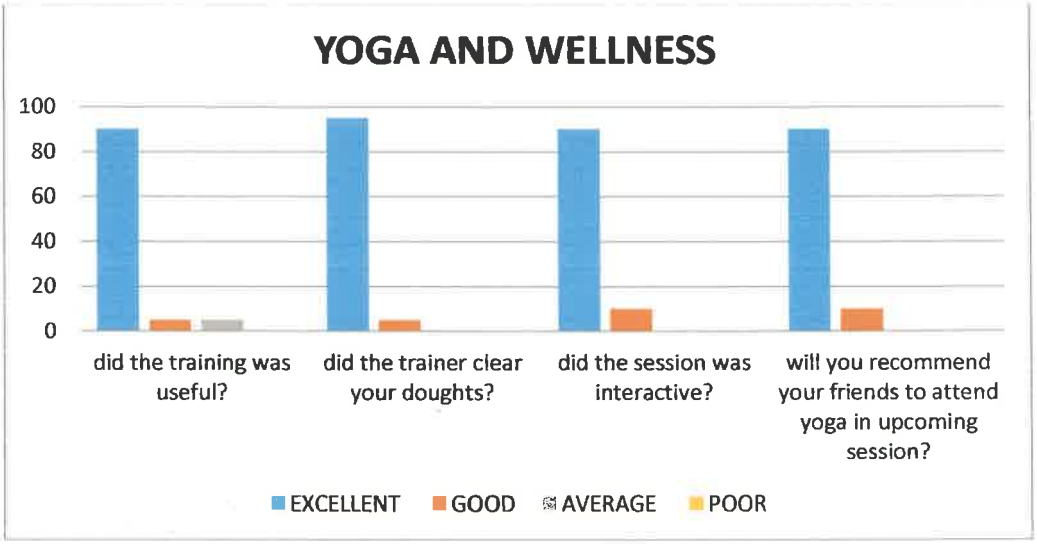

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LEARN & LEAD

Certificate of Participation

This is to Certify that RITHANIKA . A has actively participated in the Yoga and wellness program on "Sound Body and Sound Mind" held on 19.06.2020 Conducted at Adhiparasakthi Dental college and hospital. Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL

Student Welfare Committee, APDCH

Cordially invites you all For program on

TOPIC: **SOUND BODY AND SOUND MIND**

SPEAKER: Mr Ganesh, Mr. Sujatha & Ms. Akshara

VENUE: Platinum Jubilee Auditorium

DATE: 21/06/2019

TIME: 3 pm to 5 pm

PARTICIPANTS: Under Graduates, APDCH

Program Schedule :

2:00 pm- Welcome Address by Dr. Dhivya

2:15 pm- Session 1 (Art of Yoga)

2:45 pm- Session 2 (Body, Mind & Soul)

3:45 pm- Vote of Thanks

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12.06.2020

CIRCULAR

We wish to bring to your kind notice that we are conducting a Yoga and wellness training program on 21.06.2019 from 3.00 PM to 5.00 PM in Platinum jubilee auditorium for Under Graduate Students.

Student welfare comitte

Principal

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ANALYTICAL SKILL DEVELOPMENT – HOW TO RUN QUIZ PROGRAM

POST EVENT REPORT

Analytical skill development program on "HOW TO RUN QUIZ PROGRAM" was organised and conducted for CRRI by Students' Welfare committee in Mini Conference Hall, APDCH on 13/02/2020 between 1.00pm to 3.00pm .

Speaker was Ms. Yusuf. He is an eminent trainer with lot of experience in this field. He is engaged in taking quiz programs in different methods by training students ahnd developing their analystical skills, he has taken many training programs in various colleges at national level. He has conducted trainings on various topics to students across the state.

The highlights of her session are as follows:

Testing one's mind can be an integral tool for checking knowledge and driving learner engagement. In this way, Quizzes allow to keep track progress and let us to see what's been learned and what hasn't.

A quiz is a game which can also be called a mind sport wherein the players, either as individuals or in teams attempt to answer questions posed to them correctly, in order to win a prize. The objective of every quizzing competition conducting in colleges are to encourage students to look beyond their textual knowledge and establish a relationship between theory and application of the learnt concepts.

As quizzes help to embed information in our brains, this provides a firm foundation for the next stage of learning and helps the students improve their self confidence and concentration.

To run a quiz competition the person should be confident enough and know the audience for whom the questions are to be asked, come up with topics, craft questions, write the results and call to action.

Student welfare committee

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ANALYTICAL SKILL DEVELOPMENT – HOW TO RUN QUIZ PROGRAM

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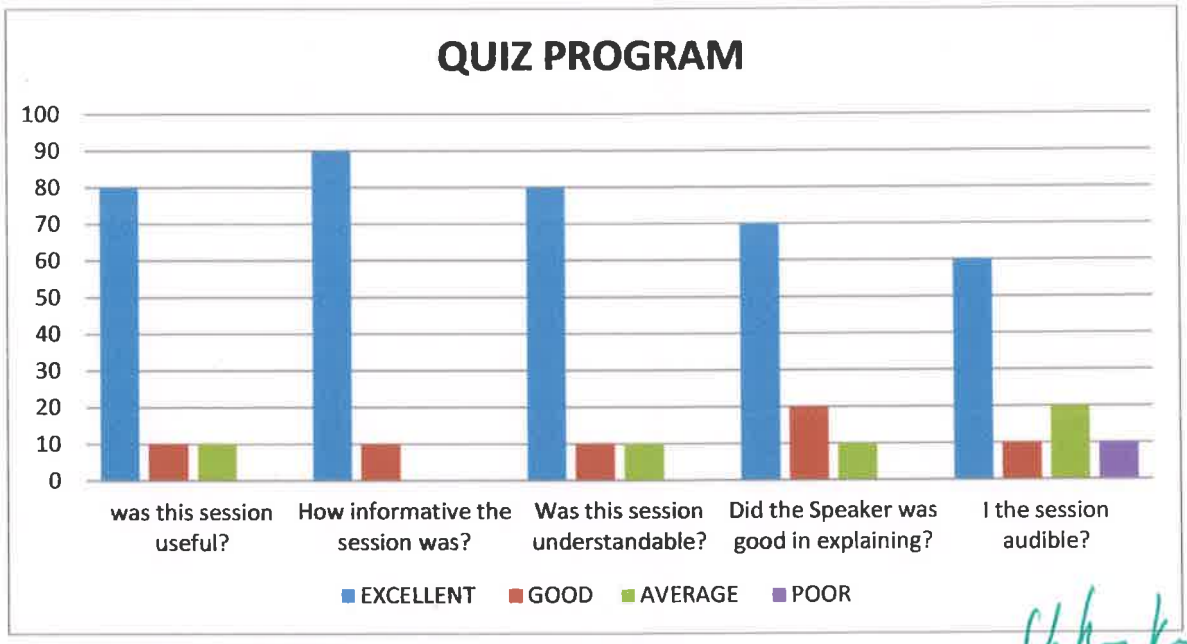

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ANALYTICAL SKILL DEVELOPMENT -HOW TO RUN QUIZ PROGRAM?

NAME	SIGNATURE
Meena G	Meena
Theeban Raj R	Theebanraj
Vaishnavee Senthilkumar	Vaishnavee
Suthakar . P	
Ajitraj T	Ajitraj
Chandrakala S	Chandrakala
Vedhavani . M	
Yamini K	Yamini
Jeevedha . M	
Thasleema Nusrin . Z	
Kavipriya M	Kavipriya
Sanmugapiriya R	
Jayakanthan J	
Madhuvandhi . M	
Ponvadhani . R	
Reethu . D	Reethu
Prathap. S	
Arbass J	
Harenee . M	
Harini . A	
Tamilnila . K	
Rethina Bharathi . M	
Arunpandian R	
Mohamed Bismi Ellahiya. J	Bismi
Ashtalakshmi . S	
Rajasri R	Rajasri
Gladwin S	
Nandhini. G	Nandhini
Thilagavathi. P	
Ashwini D	Ashwini
Poovarasan M	
Akshaya A V K	
Iswariya . A	Iswarya
Monisha R	
Soundharya . R	Soundarya
Vijayakumar . S	Vijayakumar

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Yogamanikandan A	Yogamanikandan
Arthi M	Arthi
Aarthi S	Arthi
Balaji . A. D	Balaji
Balaji R	
Bavithra . S	Bavithra
Christy Ratna. P	Christy
Dharani P	
Gawthaman. R	
Haripriya S	
Jeyashree Bhuvaneshwari . R	
Josephine Flora. A	Josephine
Karanraj M V	Karanraj M.V
Kavitha J	
Kiran Kumar E	Kiran Kumar
Kirubsankar A	Kirubsankar
Avinyaa G	
Kishorekumar. A	Kishore Kumar
Lalitha Priya G. C .	
Lochana . K	Lochana
Logitha T	Logitha
Madhupriya . R	Madhupriya
Mariyam Faleela. M	Mariyam faleela
Monisha . K	
Mugilan S	Mugilan
Nagadhivya. N	Nagadhivya
Naveen Kumar M	
Naveenkumar M	Naveen Kumar
Nivedha C. S .	Nivedha
Pavithra. B	Pavithra
Praveenkumar. S	Praveen Kumar
Prem Vishva N	Prem Vish
Priyadharsini . S	Priyadharsini
Priyanka . K. V	Priyanka.KV
Ragapriya. K	Ragapriya
Raghupathy K	
Ranjith M	Ranjith
Arunadevi. C	Arunadevi
Ashika S	Ashiya
Yokesh. D	Yokesh
Yeltsin. J	Yeltsin
Vishnuvarthan. G	Vishnuvarthan
Vinitha. S	Vinitha
Venkateshwar S. A	Venkateshwar
Thennarasu A. R	
Tamilarasi. S	
Swetha. P	Swetha
Suriya. C	Suriya

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Sumithra Devi. K. S.	
Suganya. B	
Sindhumathi. K	
Silamparasan. S. R	
Sarathkumar. R	
Sangavi. B	Sangavi
Sakthi. S	
Loganayagi. M	
Kavipriya. P	
Kalaimagal. K	
Divya. K	Divya
Deetchatha. C	
Bhuvaneswari. V	
Avinash. V	Avinash
Anjana K. S	Anjana

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LEARN & LEAD

Certificate of Participation

This is to Certify that SWETHA . P has actively participated in

the Analytical Skill Development Program on- "How To Run Quiz Program" held on 13.02.2020

Conducted at Adhiparasakthi Dental college and hospital. Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A. Vasanthakumari
Principal

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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all
for a Lecture & Hands-on

TOPIC: HOW TO RUN QUIZ PROGRAM

SPEAKER: Mr. Yusuf

DATE: 13/02/2020
TIME: 1:00 pm to 3:00 pm

VENUE: Mini conference hall

PARTICIPANTS: CRRI, APDCH

Program Schedule :

1:00 Pm: Introduction of Speaker by Dr. Dhivya

1:15 Pm: Session 1

2:45 Pm: Session 2

3:25 Pm: Vote of Thanks by Dr. Sumanth

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07.02.2020

CIRCULAR

We wish to bring to your kind notice that we are conducting a Analytical Skill Development training program on the topic **"How To Run Quiz Program"** on 13.02.2020 from 1.00 PM to 3.00 PM in Mini Conference Hall for CRRIs.

We request all Heads of the Departments to send all CRRIs to attend the program.

Student welfare committee

Principal

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PERSONALITY AND PROFESSIONAL DEVELOPMENT – COMPETITIVENESS

POST EVENT REPORT

Personality and professional development program on "COMPETITIVENESS" was organised and conducted for CRRI by Students' Welfare committee in Platinum jubilee auditorium, APDCH on 04/11/2019 between 2.00pm to 4.00pm .

Speaker was Mr. Benjamin Dass. He is an eminent spekaer and trainer with lot of experience in this field. He is engaged in taking classes and training programs in various colleges at national level. He has conducted trainings on various topics on personality development to students across the state.

The highlights of her session are as follows:

Competitiveness is a measure of a person's desire to surpass others. A highly competitive person is more likely to see a situation as a competition, even when there is no explicit winner or loser. Competitiveness can motivate a person to work harder than they would have alone. Competitiveness is often described as a personality trait.

People tend to competitive when;

- Their self-worth by comparing themselves to others
- Competition is about something important to them.

It is most important part in one's life to improve their personality and professional development skills also to qualitatively competitive.

K. Dhivya

Student welfare committee

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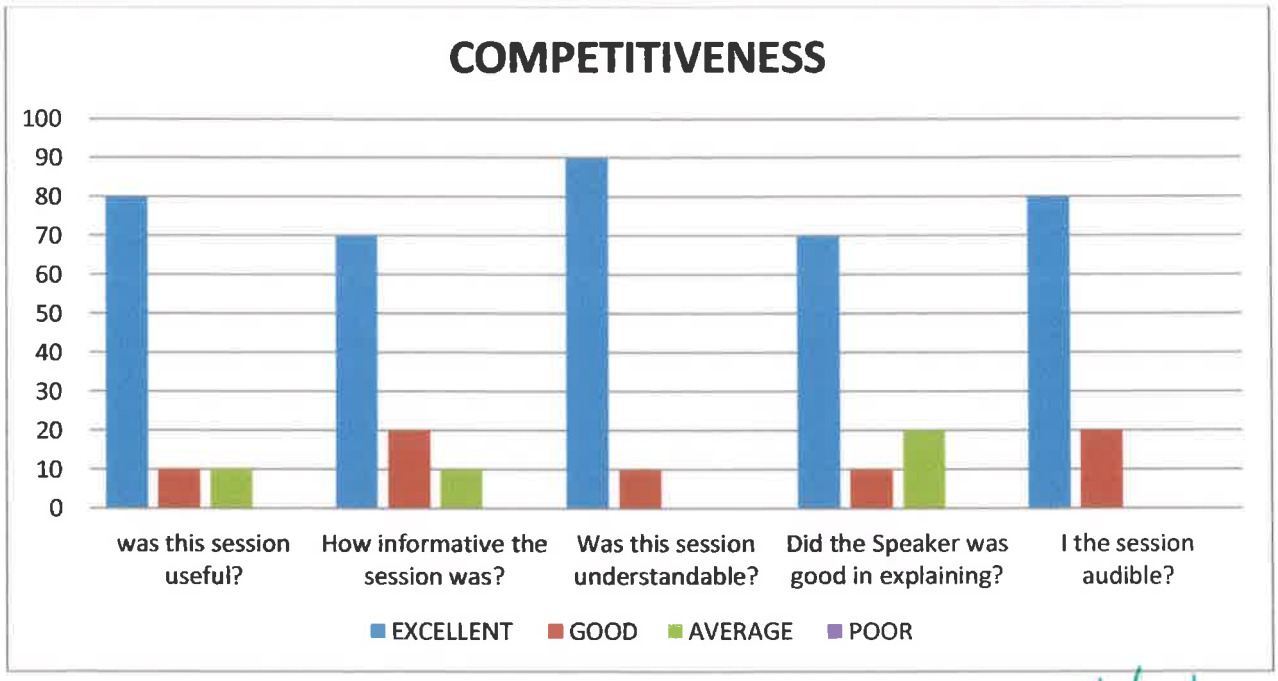
PERSONALITY AND PROFESSIONAL DEVELOPMENT – COMPETITIVENESS



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PERSONALITY & PROFESSIONAL DEVELOPMENT -COMPETITIVENESS

NAME	SIGNATURE
Meena G	Meena
Theeban Raj R	Theebanraj
Vaishnavee Senthilkumar	Vaishnavee
Suthakar . P	
Ajitraj T	Ajitraj
Chandrakala S	Chandrakala
Vedhavani . M	
Yamini K	Yamini
Jeevedha . M	
Thasleema Nusrin . Z	
Kavipriya M	Kavipriya
Sanmugapiriya R	
Jayakanthan J	
Madhuvandhi . M	
Ponvadhani . R	
Reethu . D	Reethu
Prathap. S	Prathap. S
Arbass J	
Harenee . M	
Harini . A	
Tamilnila . K	
Rethina Bharathi . M	
Arunpandian R	
Mohamed Bismi Ellahiya. J	Bismi
Ashtalakshmi . S	
Rajasri R	Rajasri
Gladwin S	
Nandhini. G	Nandhini
Thilagavathi. P	
Ashwini D	Ashwini
Poovarasan M	
Akshaya A V K	
Iswariya . A	Iswariya
Monisha R	
Soundharya . R	Soundharya
Vijayakumar . S	Vijayakumar

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Yogamanikandan A	Yogamanikandan.
Arthi M	Arthi
Aarthi S	Arthi
Balaji . A. D	Balaji
Balaji R	AD
Bavithra . S	Bavithra
Christy Ratna. P	Christy
Dharani P	
Gawthaman. R	
Haripriya S	
Jeyashree Bhuvaneshwari . R	
Josephine Flora. A	
Kararraj M V	Kararraj. M.V
Kavitha J	
Kiran Kumar E	Kiran Kumar
Kirubsankar A	Kirubasankar
Avinyaa G	
Kishorekumar. A	Kishore Kumar.
Lalitha Priya G. C .	
Lochana . K	Lochana
Logitha T	Logitha
Madhupriya . R	Madhumitha
Mariyam Faleela. M	Mariyam faleela.
Monisha . K	
Mugilan S	Mugilan
Nagadhivya. N	Nagadhiya
Naveen Kumar M	
Naveenkumar M	Naveen Kumar
Nivedha C. S .	Nivedha
Pavithra. B	Pavithra
Praveenkumar. S	Praveen Kumar
Prem Vishva N	Prem Vish
Priyadharsini . S	Priyadharsini
Priyanka . K. V	Priyanka. KV
Ragapriya. K	Ragapriya
Raghupathy K	
Ranjith M	Ranjith
Arunadevi. C	Arunadevi
Ashika S	Ashiya
Yokesh. D	Yokesh
Yeltsin. J	Yeltsin
Vishnuvarthan. G	Vishnuvarthan
Vinitha. S	Vinitha
Venkateshwar S. A	Venkateshwar
Thennarasu A. R	Thennarasu
Tamilarasi. S	Tamilarasi.
Swetha. P	Swetha
Suriya. C	Suriya

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Suganya. B	
Sindhumathi. K	
Silamparasan. S. R	
Sarathkumar. R	
Sangavi. B	Sangavi
Sakthi. S	
Loganayagi. M	
Kavipriya. P	
Kalaimagal. K	
Divya. K	Divya
Deetchatha. C	
Bhuvaneswari. V	
Avinash. V	Avinash
Anjana K. S	Anjana

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This is to Certify that AVINYA . G has actively participated in the Personality and professional Development program– "Competitiveness" held on 04.11.2019 Conducted at Adhiparasakthi Dental College and Hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A. Vasanthakumari
Principal

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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all

For program on

TOPIC– COMPETITIVENESS

SPEAKER: Mr. Benjamin Dass

PARTICIPANTS: CRRI, APDCH

VENUE: Platinum Jubilee Auditorium

DATE: 04/11/2019

TIME: 2:00 pm to 4:00 pm

Program Schedule :

2:00 pm: Welcome Address by Dr. Dhivya

2:10 pm: Session 1

3:25 pm: Vote of Thanks

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Omsakthi

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28.10.2019

CIRCULAR

We wish to bring to your kind notice that we are conducting a Personality and professional Development training program on the topic **"competitiveness"** on 04.11.2019 from 2.00 PM to 4.00 PM in Platinum jubilee auditorium for CRRIs.

We request all Heads of the Departments to send all CRRIs to attend the program.

Student welfare committee

Principal

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PERSONALITY AND PROFESSIONAL DEVELOPMENT – BODY LANGUAGE

POST EVENT REPORT

Personality and professional development program on "BODY LANGUAGE" was organised and conducted for 3rd year BDS students by Students' Welfare committee in lecture hall 3, APDCH on 06/03/2020 between 2.30pm to 3.30pm .

Speaker was Ms. Sumathi. She is an eminent speaker and trainer with lot of experience in this field. She is engaged in taking classes and training programs in various colleges at national level. She has conducted trainings on various topics to students across the state.

The highlights of her session are as follows:

Body language is the unspoken part of communication that we use to reveal our true feelings and to give our message more impact. Communication is made up of so much more than words. Nonverbal cues such as tone of voice, gestures and posture all play their part.

One of the impotant body language is facial expression that breaks out into a genuine smile. It can also be taking care to avoid a defensive, arms-crossed posture, or restlessly tapping of feet. This might be in a presentation, a team meeting, or even a one-on-one chat.

Body language is something that is usually natural and is often done instinctively rather than consciously.

Student welfare committee

principal

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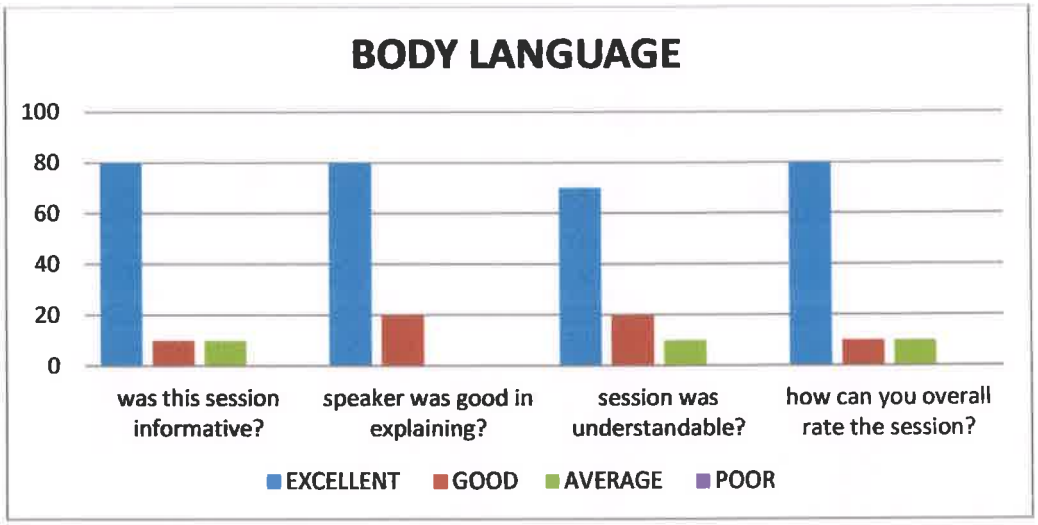
PERSONALITY AND PROFESSIONAL DEVELOPMENT – BODY LANGUAGE

FEEDBACK FORM



PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
Hospital Road, Melmaruvathur
Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

PERSONALITY & PROFESSIONAL DEVELOPMENT - BODY LANGUAGE

S.NO.	NAME	SIGNATURE
1	DIVYA LAKSHMI A	
2	RANJITHKUMAR K S	
3	HARINI J	
4	MRTHULA M	
5	DIVYA LAKSHMI K	
6	NIRMALA V	
7	SHANMUGA ESWARI M	
8	LOKESHWARAN A	
9	ABARNA P S .	
10	SIBIVISWANATH S	
11	NEERALYA NANDHINI S	
12	RUDRAMURTHE G	
13	PRABAGARAN M	
14	KAVIPRIYA S	
15	SARANYA.N	
16	GUNA E	
17	DINESH T	
18	JEYASARATHA.K	
19	SWETHA S R	
20	LOKESH S	
21	NARMATHA D N	
22	ARUNKUMAR R	
23	SUNDARESAN R	
24	HARISH SIVAKUMAR	
25	GOKILA K	
26	NITHISH KUMAR A	
27	DEEPIKA PRIYALAKSHMI A	
28	INDHUJA P	
29	DHANALAKSHMI K	
30	DEEPIKA G	
31	PRIYANKA S	
32	THARNIMATHI K	
33	SABARI NATHAN K	
34	KEERTHANA P	
35	RAMJI E	
36	DHARANI T	
37	MOHANAPRIYA G K	
38	GOKUL S	
39	BHUVANESWARI M	
40	SHERIN FATHIMA M	
41	SRIMATHI M	

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Tamil Nadu - 603319

42	FARZANA S	S. Farzana
43	BALAMURUGAN G	
44	BACKIYA PRIYA G	G. Backiyapriya
45	MAHALAKSHMI M	M. Mahalakshmi
46	SIVAPRIYA R	R. Sivapriya
47	RUBITHA R	
48	KAMESHKRISHNA V	
49	PRAVEEN KUMAR M	
50	KEERTHIGA E	
51	SANTHOSHKUMAR D	
52	PAVITHRA P	P. Pavithra
53	VINOTH V	V. Vinoth
54	ADHILAKSHMI R	R. Adhilakshmi
55	PAVITHRA R	Pavithra R
56	SWETHA V	
57	GAJAPRIYA S	Gajapriya
58	KANISHKAR G	
59	NADI SOUNDARYA S	
60	ANUSHIYA B	
61	PRABHAKARAN M	
62	HARIHARAN S K	
63	STALIN J	
64	SELVA BHAVANI.P	
65	ARUN AMARNATH R	
66	SINDHUJA T	T. Sindhuja
67	MATHUMALA S	
68	DINESH N	N. Dinesh
69	MAHESHWARI S	
70	PIRAVIN M.S	M.S. Piravin
71	HARITHA BEGUM A	
72	JEROME J	
73	NAZIYA ANJUM R	R. Naziya
74	LAVANYA J	
75	SIVALKAR T	
76	SAKTHI S	S. Sakthi

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Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319

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LEARN & LEAD

Certificate of Participation

This is to Certify that STALIN . J has actively participated in the Employability Skill Development program on "Body Language" held on 06.03.2020 Conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A. Vasanthakumari
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all
For program on

TOPIC– BODY LANGUAGE

SPEAKER: Mrs. Sumathi

PARTICIPANTS: III Year, APDCH

VENUE: Lecture Hall 3

DATE: 06/03/2020

TIME: 2:30 pm to 3:30 pm

Program Schedule:

2:30 pm: Welcome Address by Dr. Dhivya

2:40 pm: Session 1

3:25 pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
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Omsakthi

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02.03.2020

CIRCULAR

We wish to bring to your kind notice that we are conducting a Personality and professional Development training program on the topic **"Body language"** on 06.03.2020 from 2.30 PM to 3.30 PM in lecture Hall 3 for 3rd BDS Students.

Student welfare committee

Principal

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ADHIPARASAKTHI
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EMPLOYABILITY SKILL DEVELOPMENT – WORK LIFE BALANCE

POST EVENT REPORT

Employability skill development program on "WORK LIFE BALANCE" was organised and conducted for final year BDS students by Students' Welfare committee in Platinum jubilee auditorium, APDCH on 27/02/2020 between 2.00pm to 4.00pm .

Speaker was Ms. Srinivas. He is an eminent speaker and trainer with lot of experience in this field. He is engaged in taking classes and training programs in various colleges at national level. He has conducted trainings on various topics to students across the state.

The highlights of her session are as follows:

Work-life balance is the state of equilibrium where a person equally prioritizes the demands of one's career and the demands of one's personal life. Some of the common reasons that lead to a poor work-life balance include:

- Increased responsibilities at work
- Working longer hours
- Increased responsibilities at home

There are numerous positive effects, including less stress, a lower risk of burnout and a greater sense of well-being.

For achieving the work life balance;

- Identify the nature and scale of the problem
- Schedule as per the work process
- Find enough time to spend for your own work

Maintaining a healthy work-life balance is not only important for health and relationships, but it can also improve the productivity, and ultimately performance. Put simply, if people don't view work as a chore, then it may become harder working to finish the target.

K.Dhiya

Student welfare committee

Principal

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Melmaruvathur - 603 319

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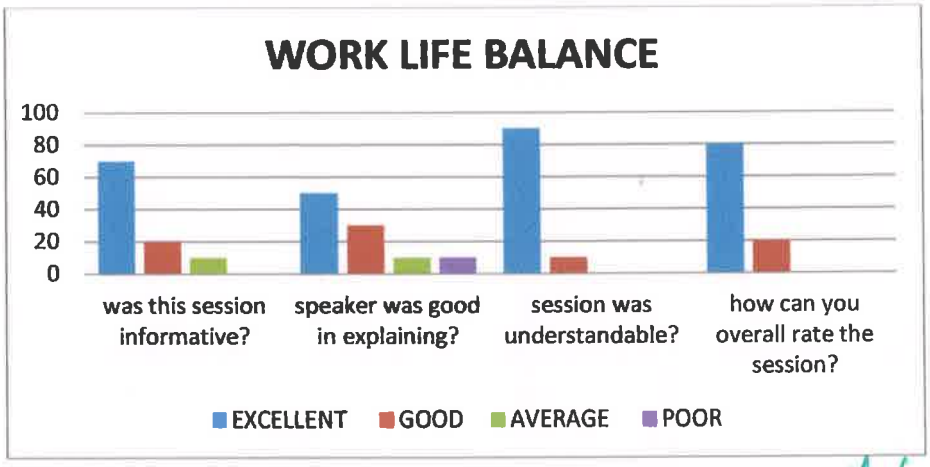
EMPLOYABILITY SKILL DEVELOPMENT – WORK LIFE BALANCE

FEEDBACK FORM



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Tamil Nadu - 603 319

EMPLOYABILITY SKILL DEVELOPMENT - WORK LIFE BALANCE

SL.NO	NAME OF THE STUDENT	SIGNATURE
1	ABINAYA.B	
2	ABINAYA.R.C	
3	AKSHAYA.M. S. K	
4	ANITHA.B	
5	ANUSHA.R	
6	ASIMANAZARIN.S	
7	ASWIN.S	
8	BANUPRIYA.K	
9	BHUVANESWARI.T	
10	DARAKSHAN FATHIMA.T	
11	DEEPAK.R	
12	DEEPIKA.A	
13	DESIYAKAVI.S	
14	DEVIPRIYA.E	
15	DIVYA.R	
16	DIVYASHREE.K.V	
17	DURGA.R	
18	GOVINDA RAJAA.V.K	
19	HARIHARAN.V. R	
20	HEMAMALINI.T	
21	INBAMANI.N	
22	JAGADEESHWAR.N	
23	JAINAFF.J	
24	JANANI.R	
25	JANURTHIKA .R.S	
26	JAYASHREE.V	
27	JENCY ABARNA.S	
28	JENISHA.J	
29	KANMANI.G	
30	KAVITHA SREE.P	
31	KIRUTHIKA.S	
32	KIRUTHIKA.T.M	
33	KOTHAIARASI.G.E	
34	LAARANYA.S	
35	LAKSHMAN.A.P	
36	MAHALAKSHMI.S	
37	MANJU.R	
38	MANJULA.M	
39	MEENATCHI.G	
40	MEGAZABEEN.U	
41	MELINDA DAPHINE NIMMY.F	
42	MOHAMEDASHIK.A	

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Tamil Nadu - 603 319

43	MUNIRA.S	
44	MUTHURATCHITHA.D	
45	NIRUBAMA.A	
46	NIVETHA.R	
47	PANJALIARASI.N	
48	PAVITHRA.B	
49	POOJA.R	
50	POONGODHAI.S	
51	PRIYA.R.S	
52	PRIYADARSHINI.NA	
53	PRIYANKA.S	
54	PRIYANKA.V	
55	RASHMIKA.M	
56	RAVINA SRI.N	
57	RESHMI THERAS.J	
58	RITHANIKA.A	
59	SAGITHYA.A	
60	SAKTHI PRIYA.M	
61	SALAI SARUMATHI.S	
62	SANDHIYA.R	
63	SANKARI.S	
64	SARUMATHI.U	
65	SASTIMANI.P.M	
66	SHRUTHI.V	
67	SINDUJA.K.B	
68	SOORYA PRASAD.S	
69	SOUNDARYA.S	
70	SRI JANANI.S	
71	SRUTHI.M.A	
72	STEFFI INIYA.D	
73	SUBHASHINI.B	
74	SUDHARSANA DEVI.S	
75	SUSHMITHA.B	
76	SWEETHA.K	
77	THARMARAJ.P	
78	THEVETHA.K	
79	THILAGAVATHY.P	
80	USHANANDHINI.S	
81	VAISHALI.R	
82	VELMURUGAN.K	
83	VIDHYA LAKSHMI.M	
84	VIDHYASAGAR .RM	
85	VINOSHINI.S	
86	VINU PRIYA.B	
87	VISALINI.B	
88	VISHRUTHA.P	
89	YUVASREE.M	
90	APOORVA V S	

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LEARN & LEAD

Certificate of Participation

This is to Certify that RESHMI THERAS has actively participated in the Employability Skill Development program on " Work Life Balance " held on 27.02.2020 Conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A. Vasanthakumari
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI

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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all

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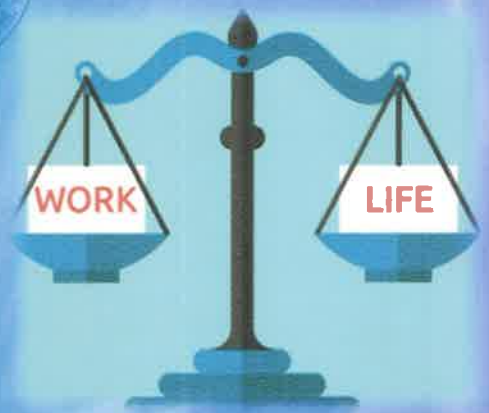

WORK LIFE BALANCE

SPEAKER: Mr. Srinivas

PARTICIPANTS: IV BDS, APDCH

VENUE: Platinum jubilee auditorium

DATE: 27/02/2020

TIME: 2 pm to 4 pm

Program Schedule :

2:00 Pm: Welcome Address by Dr. Dhivya

2:05 Pm: Lecture on Work Life Balance

3:55 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kandan, MDS.,
ADHIPARASAKTHI
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19.02.2020

CIRCULAR

We wish to bring to your kind notice that we are conducting a Employability Skill Development training program on the topic **"work life balance"** on 27.02.2020 from 2.00 PM to 4.00 PM in Platinum jubilee auditorium for final year BDS Students.

Student welfare committee

Principal

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ADHIPARASAKTHI
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Melmaruvathur - 603 319

PRINCIPAL
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BLOOD DONATION

POST EVENT REPORT

Program and camp on "BLOOD DONATION" on 14/06/2019 was organised and conducted for under graduates and post graduates students by Students Welfare committee in Platinum jubilee auditorium, APDCH and adhiparasakthi medical college .

The highlights of the session are as follows:

Human blood is an essential element of human life with no substitute. In many major surgeries and trauma emergencies the use of whole blood is now well accepted. Blood transfusion has been responsible for saving millions of lives each year around the world. Yet the quantity and quality of blood pool available for transfusion is still a major concern across the globe, especially in the developing countries.

Only voluntary blood donors can help to maintain an adequate supply of blood to save the lives of those who in need. They are the source of safe blood also.

Students welfare committee

principal

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Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319.

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Tamil Nadu - 603 319

Om Sakthi

ADHIPARASAKTHI HOSPITALS

Clinical Division of
Melmaruvathur Adhiparasakthi Institute of Medical Sciences and Research (MAPIMS)
Melmaruvathur - 603 319, Tamilnadu.
Phone : 044 - 27528528, 27529230, Mobile : 94990 59983.

Mother's Embrace

CERTIFICATE OF APPRECIATION

[redacted] / [redacted] / Miss. RITHNIKA. A is awarded this certificate of honour with hearty congratulations and sincere appreciation for [redacted] / her voluntary blood donation in the service to suffering patients.

[redacted] / She has rendered the Splendid Social Service of High Order.

Grateful thanks are given for [redacted] / her noble gesture.

Blood Group : 'A' POSITIVE

Blood donation on : 14-6-2019

Blood Bank Medical Officer

Dr. T. RAMANATHAN, M.D., (INDIA)
Blood Bank Medical Officer
Regn. No. 92117
MAPIMS Hospital,
Melmaruvathur 603 319

Dean

PRINCIPAL
Prof. Dr. S. Karthikeyan Kannan, MDS.,
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10.06.2019

CIRCULAR

We wish to bring to your kind notice that we are conducting a Blood Donation Camp on 14.06.2019 in platinum jubilee auditorium, APDCH & MAPIMS for all under graduates and Post Graduate Students.

Student welfare committee

Principal

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Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319.

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Tamil Nadu - 603 319

மேல்மருவத்தூர் ஆதிபராசக்தி மருத்துவக் கல்லூரி மருத்துவமனையில்

உலக இரத்த தான தினம் - மனித நேயம் காத்த ஊழியர்கள்

மேல்மருவத்தூர் ஜுன் 14.

மேல்மருவத்தூர் ஆதிபராசக்தி அருள்திரு அம்மா அவர்களின் அருளாசியுடன் ஆதிபராசக்தி மருத்துவமனையின் மருத்துவ இயக்குனர் டாக்டர். த.ரமேஷ் அவர்களின் வழிகாட்டுதலின் படி உலக இரத்தத் தான தினத்தையொட்டி விழிப்புணர்வு நிகழ்ச்சி மேல்மருவத்தூர் ஆதிபராசக்தி மருத்துவக்கல்லூரி மருத்துவ மனையில் நடைபெற்றது.

மனித நேயம் காக்க இரத்ததானம் செய்வோம், இன்னுயிர் காப்போம் என்ற நோக்கத்தில் ஆதிபராசக்தி கல்வி நிறுவனங்களின் மாணவர்கள் மற்றும் மருத்துவமனையின் மருத்துவர்கள், செவிலியர்கள், ஊழியர்கள் 100-க்கும் மேற்பட்டோர் இரத்த தானம் செய்தனர்.

இந்த முகாமிற்கு சிறப்பு விருந்தினராக மேல்மருவத்தூர் ஆதிபராசக்தி மருத்துவ மனையின் மருத்துவ இயக்குனர் டாக்டர். த. ரமேஷ் அவர்கள் கலந்து கொண்டு இரத்த தானம் செய்வதன் மூலம் ஏற்படும் நன்மைகள் குறித்தும் இரத்ததானம்

செய்தால் பல உயிர்கள் காப்பற்றப்படுவது குறித்து எடுத்துரைத்தார். பின்னர் தொடர்ந்து பத்து முறைக்கு மேல் இரத்த தானம் செய்தவர்களுக்கு நினைவு பரிசு மற்றும் சான்றிதழ்கள் வழங்கப்பட்டது. நிகழ்ச்சி முடிவில் ஒவ்வொருவரும் இரத்த தானம் செய்ய வேண்டும் என உறுதிமொழி ஏற்றனர். இந்நிகழ்ச்சியில் மருத்துவமனை கண்காணிப்பாளர் சௌந்தர்ராஜன் உள்ளிட்ட மருத்துவர்கள், செவிலியர்கள், கல்லூரி மாணவர்கள் மற்றும் பொது மக்கள் கலந்துகொண்டனர்.

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HUMAN VALUE DEVELOPMENT –PROFESSIONAL ETHICS

POST EVENT REPORT

Human value development program on "PROFESSIONAL ETHICS" was organised and conducted for CRRI by Students' Welfare committee in Platinum jubliee Auditorium , APDCH on 13/12/2019 between 1.00pm to 3.30pm .

Speaker was Ms. Preethi. She is an eminent speaker with lot of experience in this field. She is engaged in taking classes and training programs in various colleges at national level. She has conducted trainings on various topics on huam values and ethics to students across the state.

The highlights of her session are as follows:

Every profession has its particular rules, regulations and principles.

A person when choosing a job or a field must know that specific profession rules and ethics. Ethics means principles of something. In different roles, they have ethics according to their knowledge about the situation, how people belonging to that profession should behave.

Professional ethics is guidance for people working in a particular profession that tells them what they supposed to do and what they are not supposed to do while working there. A particular profession has its specific behavior, and everyone must follow them.

All are supposed to behave the way a person should according to what their professional ethics says. It shows how much they know about the job, your passion for the work.

People of medical or dental have to take an oath about promising and serving the people who are in pain and sufferings.

Student welfare committee

principal

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HUMAN VALUE DEVELOPMENT –PROFESSIONAL ETHICS

FEEDBACK FORM

PRINCIPAL
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HUMAN VALUE DEVELOPMENT - PROFESSIONAL ETHICS

NAME	SIGNATURE
Meena G	Meena
Theeban Raj R	Theebanraj
Vaishnavee Senthilkumar	Vaishnavee
Suthakar . P	
Ajitraj T	Ajithraj
Chandrakala S	Chandrakala
Vedhavani . M	
Yamini K	Yamini
Jeevedha . M	
Thasleema Nusrin . Z	
Kavipriya M	Kavipriya
Sanmugapiriya R	
Jayakanthan J	
Madhuvandhi . M	
Ponvadhani . R	
Reethu . D	Reethu
Prathap. S	Prathap. S
Arbass J	
Harenee . M	
Harini . A	
Tamilnila . K	
Rethina Bharathi . M	
Arunpandian R	
Mohamed Bismi Ellahiya. J	
Ashtalakshmi . S	
Rajasri R	
Gladwin S	
Nandhini. G	Nandhini
Thilagavathi. P	
Ashwini D	Ashwini
Poovarasan M	
Akshaya A V K	
Iswariya . A	Iswarya
Monisha R	
Soundharya . R	
Vijayakumar . S	Vijayakumar

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Yogamanikandan A	Yogamanikandan
Arthi M	Arthi
Aarthi S	Arthi
Balaji . A. D	Balaji
Balaji R	
Bavithra . S	Bavithra
Christy Ratna. P	Christy
Dharani P	
Gawthaman. R	
Haripriya S	Hari Priya
Jeyashree Bhuvaneshwari . R	
Josephine Flora. A	Josephine
Karanraj M V	Karanraj M.V
Kavitha J	
Kiran Kumar E	Kiran Kumar
Kirubsankar A	Kirubsankar
Avinyaa G	
Kishorekumar. A	Kishore Kumar
Lalitha Priya G. C .	
Lochana . K	Lochana
Logitha T	Logitha
Madhupriya . R	Madhupriya
Mariyam Faleela. M	Mariyam faleela
Monisha . K	
Mugilan S	Mugilan
Nagadhivya. N	Nagadhiya
Naveen Kumar M	
Naveenkumar M	Naveen Kumar
Nivedha C. S .	Nivedha
Pavithra. B	Pavithra
Praveenkumar. S	Praveen Kumar
Prem Vishva N	Prem Vishva
Priyadharsini . S	Priyadharsini
Priyanka . K. V	Priyanka. KV
Ragapriya. K	Ragapriya
Raghupathy K	
Ranjith M	Ranjith
Arunadevi. C	Arunadevi
Ashika S	Ashiya
Yokesh. D	Yokesh
Yeltsin. J	Yeltsin
Vishnuvarthan. G	Vishnuvarthan
Vinitha. S	Vinitha
Venkateshwar S. A	Venkateshwar
Thennarasu A. R	
Tamilarasi. S	
Swetha. P	Swetha
Suriya. C	Suriya

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Sumithra Devi. K. S.	
Suganya. B	
Sindhumathi. K	
Silamparasan. S. R	
Sarathkumar. R	
Sangavi. B	
Sakthi. S	
Loganayagi. M	
Kavipriya. P	
Kalaimagal. K	
Divya. K	
Deetchatha. C	
Bhuvaneswari. V	
Avinash. V	
Anjana K. S	

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Certificate of Participation

This is to Certify that GAWTHAMAN has actively participated in the Personality and professional Development program– "Professional Ethics" held on 13.12.2019 Conducted at Adhiparasakthi Dental College and Hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. A. Vasanthakumari
Principal

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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all

For program on

Professional

TOPIC–PROFESSIONAL ETHICS

SPEAKER: Ms. Suganya

PARTICIPANTS: CRRI, APDCH

VENUE: Platinum Jubilee Auditorium

DATE: 13/12/2019

TIME: 1:00 pm to 3:30 pm

Program Schedule :

1:00 pm: Welcome Address by Dr. Dhivya

1:10 pm: Session 1

3:30 pm: Vote of Thanks

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09.12.2019

CIRCULAR

We wish to bring to your kind notice that we are conducting a Human value development training program on the topic **"Professional Ethics"** on 13.12.2019 from 1.00 PM to 3.30 PM in Platinum Jubilee Auditorium for CRRIs.

We request all Heads of the Departments to send all CRRIs to attend the program.

K.Dhivya

Student welfare committee

Principal

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ACADEMIC YEAR 2018-19

5.1.2 – CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES EMPLOYED BY THE INSTITUTION FOR STUDENTS FOR THE ACADEMIC YEAR 2018-19

SOFT SKILL TRAINING PROGRAM – 2018-19

S.No	Date	Time	Venue	Year	Topic	speaker
1.	27/09/2018	3.30 PM TO 5.00 PM	Platinum jubilee auditorium	CRRI – 70	Soft Skills- Personal branding	Mr Mahesh soni
2.	18/12/2018	4.00 PM TO 5.00 PM	Platinum jubilee auditorium	II BDS - 90	Language and Communication Skills – Story telling	Mr Alfred
3.	23/1/2019	3.30 PM TO 4.30 PM	Lecture Hall 3	III BDS - 76	Language and Communication Skills – Things which make life sweet	Mr Alfred
4.	14/07/2018	3.30 PM TO 5.00 PM	Platinum Jubilee Auditorium	Ug students All years -300	Yoga and Wellness - Yoga	Mr. Ganesh, Mrs. Sujatha and Ms. Akshara
5.	20/11/2018	3.00 PM TO 5.00 PM	Outdoor Activities	I BDS - 90	Analytical Skill Development – parkour	Mr Amul raj
6.	16/2/2019	3.00 PM TO 5.00 PM	Platinum jubilee auditorium	III BDS - 76	Personality and Professional Development – Individuality and Mingle with Others	Mr Gopinath
7.	8/05/2019	3.00 PM TO 4.00 PM	Lecture hall	CRRIs - 72	Personality and Professional Development -Professional and Public Behaviour	Mrs.Sandhya Murugavel
8.	14/3/2019	3.30 PM TO 5.30 PM	Platinum jubilee auditorium	II BDS -90	Employability Skills Development – Social Behaviour	Mr Kesavan

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SOFT SKILL DEVELOPMENT PROGRAM-PERSONAL BRANDING

POST EVENT REPORT

A soft skill program on "PERSONAL BRANDING" was organised and conducted for CRRI students by Students' Welfare committee in Platinum jubilee auditorium, APDCH on 27/09/2018 between 3.30pm to 5.00pm .

Speaker was Mr Mahesh soni. He is an eminent soft skill trainer with lot of experience in this field. He is engaged in taking soft skill classes and training programs in various colleges at national level. He has conducted trainings on various topics to students across the state.

The highlights of her session are as follows:

A personal branding strategy is a plan to take your reputation and career from relative obscurity to high visibility. It describes where you stand today and what level of visibility you want to achieve in the future. The speaker highlights if you are part of a larger firm, you'll want to focus first on your bio page. It should present sufficient credentials to convince people that you really know your stuff. Here are a few things it might include detailed personal bio, Academic degrees, Certifications, Awards, Publications, Presentations, Important projects, Associations, Affiliations and Speaking videos.

The program was very useful to all the students . Feedback was also collected and analysed.

Students' Welfare Committee

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PARTICIPANTS GIVE EAR TO SPEAKER WORDS

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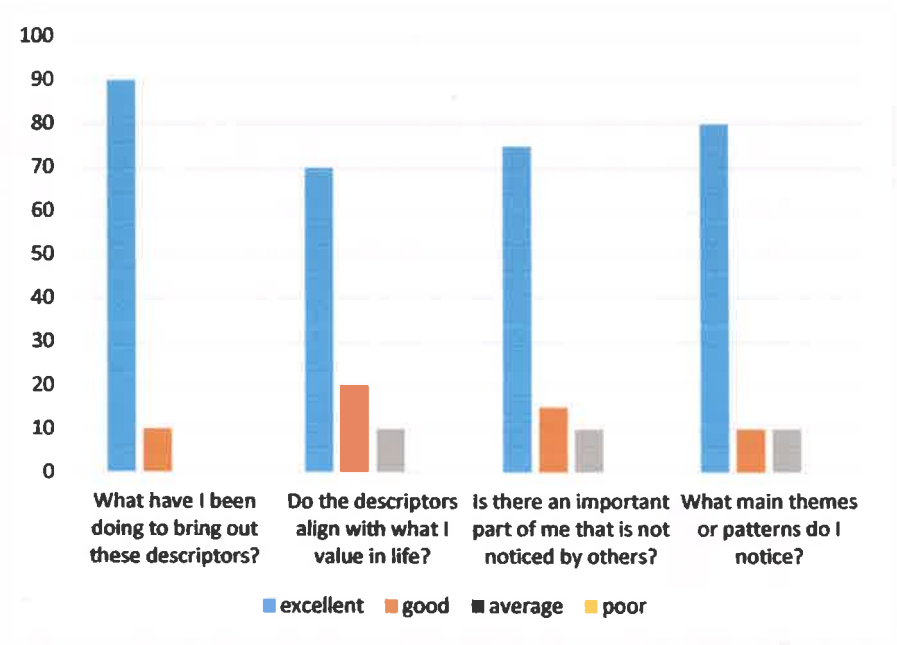
FEEDBACK : PERSONAL BRANDING



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SOFT SKILL
PERSONAL BRANDING

NAME	SIGNATURE
Meena G	Meena
Theeban Raj R	Theebanraj
Vaishnavee Senthilkumar	Vaishnavee
Suthakar . P	
Ajitraj T	Ajitraj
Chandrakala S	Chandrakala
Vedhavani . M	
Yamini K	Yamini
Jeevedha . M	
Thasleema Nusrin . Z	
Kavipriya M	Kavipriya
Sanmugapiriya R	
Jayakanthan J	
Madhuvandhi . M	
Ponvadhani . R	
Reethu . D	Reethu
Prathap. S	
Arbass J	
Harenee . M	Harenee
Harini . A	Harini
Tamilnila . K	
Rethina Bharathi . M	
Arunpandian R	
Mohamed Bismi Ellahiya. J	Bismi
Ashtalakshmi . S	
Rajasri R	Rajasri
Gladwin S	
Nandhini. G	Nandhini
Thilagavathi. P	
Ashwini D	Ashwini
Poovarasan M	
Akshaya A V K	
Iswariya . A	

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Monisha R	
Soundharya . R	
Vijayakumar . S	
Yogamanikandan A	
Arthi M	
Aarthi S	
Balaji . A. D	
Balaji R	
Bavithra . S	
Christy Ratna. P	
Dharani P	
Gawthaman. R	
Haripriya S	
Jeyashree Bhuvaneshwari . R	
Josephine Flora. A	
Karanraj M V	
Kavitha J	
Kiran Kumar E	
Kirubsankar A	
Avinyaa G	
Kishorekumar. A	
Lalitha Priya G. C .	
Lochana . K	
Logitha T	
Madhupriya . R	
Mariyam Faleela. M	
Monisha . K	
Mugilan S	
Nagadhivya. N	
Naveen Kumar M	
Naveenkumar M	
Nivedha C. S .	
Pavithra. B	
Praveenkumar. S	
Prem Vishva N	
Priyadharsini . S	
Priyanka . K. V	
Ragapriya. K	
Raghupathy K	
Ranjith M	
Arunadevi. C	
Ashika S	
Yokesh. D	
Yeltsin. J	

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Vishnuvarthan. G	Vishnuvarthan
Vinitha. S	Vinitha
Venkateshwar S. A	Venkateshwar
Thennarasu A. R	Thennarasu
Tamilarasi. S	Tamilarasi
Swetha. P	Swetha
Suriya. C	Suriya
Sumithra Devi. K. S.	Sumithra Devi
Suganya. B	Suganya
Sindhumathi. K	Sindhu
Silamparasan. S. R	Silambu
Sarathkumar. R	Sangavi
Sangavi. B	Sangavi
Sakthi. S	Sakthi
Loganayagi. M	Loganayagi
Kavipriya. P	Kavipriya
Kalaimagal. K	Kalaimagal
Divya. K	Divya
Deetchatha. C	Deetchatha
Bhuvaneswari. V	Bhuvaneswari
Avinash. V	Avinash
Anjana K. S	Anjana

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Certificate of Participation

This is to Certify that GOWTHAMAN . R *has actively participated in the Soft Skills Program on "Personal Branding" held on 27.09.2018 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

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SOFT SKILLS TEAM , APDCH

Invites you all
for a program on

TOPIC: PERSONAL BRANDING

Speaker: Mr Mahesh Soni

PARTICIPANTS: CRRI, APDCH

VENUE: Lecture Hall

DATE: 27/09/2018
TIME: 3.30 pm to 5.00 pm

Program Schedule :

3:30 Pm: Welcome Address by Dr. Dhivya

3:35 Pm: Session 1 - Ability to Know Yourself

4:00Pm: Session 2 -Skills for Personal Branding

4:30 Pm: Vote of Thanks by Dr.Sumanth

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CIRCULAR

20 /09/2018

We wish to bring to your kind notice that we are conducting a program on the topic "**SOFT SKILL DEVELOPMENT PROGRAM-PERSONAL BRANDING**" on 27/09/2018 between 3.30 PM TO 5.00 PM in Platinum jubilee auditorium for CRRI students.

We request all CRRIs and Post Graduates to attend the program.

K.Dhivya

Student welfare committee

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Principal

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LANGUAGE AND COMMUNICATION SKILLS –STORY TELLING

POST EVENT REPORT

A program on "Language and Communication Skills – Story telling" was organised and conducted for II BDS students by Students' Welfare committee in Platinum jubilee auditorium, APDCH on 18/12/2018 between 4.00 PM TO 5.00 PM.

Speaker was Mr Alfred. The orator experts at telling stories around a narrative, delivering stories to generate connections, intrigue, emotion, interest, empathy, humor and curiosity.

The highlights of her session are as follows:

The development of listening skills to get the main idea or plot without necessarily understanding everything. The acquisition of new vocabulary most of the new language in stories is perfectly contextualized, repeated more than once and sometimes they are accompanied by pictures. The development of the literary competence the ability to understand and enjoy literature which involves skills acquired through extensive reading over his life. On the day of the speeches, students carefully listened to each classmate's story, noting phrases that they liked best. They weren't given hard copies of what was said, so they had to really listen in order to capture important points. At the conclusion of each presentation, listeners shared their favorite parts of each classmate's speech. They didn't offer a critique or share their personal insights on the speaker's ideas. Instead they just listened and focused on appreciating what was said.

Benefits : In doing this, the audience cultivated listening skill it can be challenging to capture key lines and to listen for a prolonged series of presentations and speakers were validated by knowing that they had been heard.

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PARTICIPANTS LISTENING TO SPEAKER SPEECH

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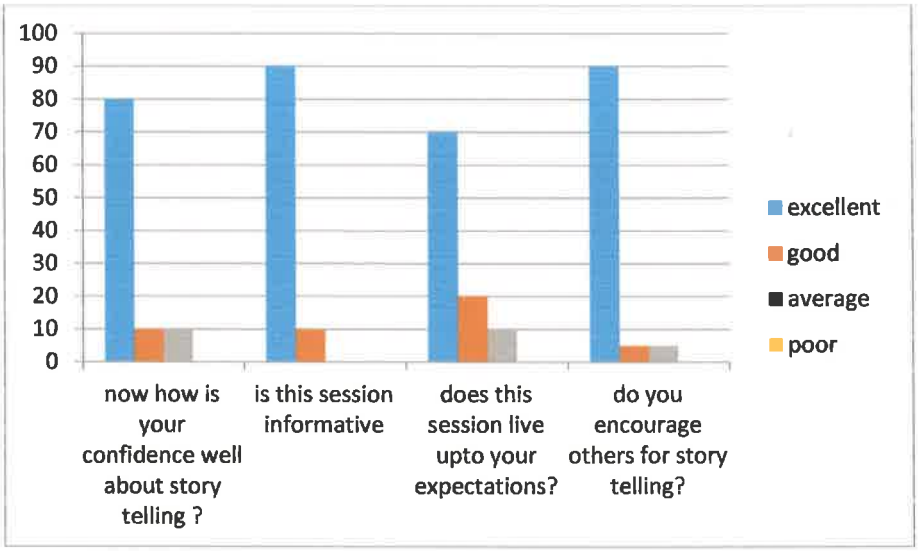
FEEDBACK : STORY TELLING



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LANGUAGE AND COMMUNICATION SKILLS

STORY TELLING

SL.NO	NAME OF THE STUDENT	SIGNATURE
1	ABINAYA.B	Abinaya. B
2	ABINAYA.R.C	Abinaya. R.C
3	AKSHAYA.M. S. K	M.S.K
4	ANITHA.B	Anitha. B
5	ANUSHA.R	Anusha. R
6	ASIMANAZARIN.S	C. Asimanazarin
7	ASWIN.S	
8	BANUPRIYA.K	K. Banupriya
9	BHUVANESWARI.T	T. Bhuvaneswari
10	DARAKSHAN FATHIMA.T	T. Darakshan Fati
11	DEEPAK.R	
12	DEEPIKA.A	A. Deepika
13	DESIYAKAVI.S	
14	DEVIPRIYA.E	E. Devipriya
15	DIVYA.R	R. Divya
16	DIVYASHREE.K.V	K.V. Divya
17	DURGA.R	R. Durga
18	GOVINDA RAJAA.V.K	V.K. Govinda
19	HARIHARAN.V. R	V. R. Hariharan
20	HEMAMALINI.T	T. Hemamalini
21	INBAMANI.N	N. Inbamani
22	JAGADEESHWAR.N	Jag
23	JAINAFF.J	J. Jainaff
24	JANANI.R	Janani
25	JANURTHIKA .R.S	R.S.
26	JAYASHREE.V	Jayashree
27	JENCY ABARNA.S	Jency Abarna
28	JENISHA.J	J. Jenisha
29	KANMANI.G	G. Kanmani
30	KAVITHA SREE.P	P. Kavitha Sri
31	KIRUTHIKA.S	S. Kiruthika
32	KIRUTHIKA.T.M	Kiruthika. TM
33	KOTHAIARASI.G.E	
34	LAARANYA.S	Laaranya
35	LAKSHMAN.A.P	
36	MAHALAKSHMI.S	S. Mahal
37	MANJU.R	Manju
38	MANJULA.M	M. Manjula
39	MEENATCHI.G	Meenatchi. G
40	MEGAZABEEN.U	Megazabeen. U
41	MELINDA DAPHINE NIMMY.F	Melinda
42	MOHAMEDASHIK.A	

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43	MUNIRA.S	
44	MUTHURATCHITHA.D	
45	NIRUBAMA.A	
46	NIVETHA.R	
47	PANJALIARASI.N	
48	PAVITHRA.B	
49	POOJA.R	
50	POONGODHAI.S	
51	PRIYA.R.S	
52	PRIYADARSHINI.NA	
53	PRIYANKA.S	
54	PRIYANKA.V	
55	RASHMIKA.M	
56	RAVINA SRI.N	
57	RESHMI THERAS.J	
58	RITHANIKA.A	
59	SAGITHYA.A	
60	SAKTHI PRIYA.M	
61	SALAI SARUMATHI.S	
62	SANDHIYA.R	
63	SANKARI.S	
64	SARUMATHI.U	
65	SASTIMANI.P.M	
66	SHRUTHI.V	
67	SINDUJA.K.B	
68	SOORYA PRASAD.S	
69	SOUNDARYA.S	
70	SRI JANANI.S	
71	SRUTHI.M.A	
72	STEFFI INIYA.D	
73	SUBHASHINI.B	
74	SUDHARSANA DEVI.S	
75	SUSHMITHA.B	
76	SWEETHA.K	
77	THARMARAJ.P	
78	THEVETHA.K	
79	THILAGAVATHY.P	
80	USHANANDHINI.S	
81	VAISHALI.R	
82	VELMURUGAN.K	
83	VIDHYA LAKSHMI.M	
84	VIDHYASAGAR .RM	
85	VINOSHINI.S	
86	VINU PRIYA.B	
87	VISALINI.B	
88	VISHRUTHA.P	
89	YUVASREE.M	
90	APOORVA V S	

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CERTIFICATE OF PARTICIPATION

This is to Certify that RITHANIKA . A *has actively participated in the Language and Communication Skill Program on "Story Telling" held on 18.12.2018 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

PRINCIPAL
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LEARN & LEAD

SOFT SKILLS TEAM , APDCH

Invites you all for a program on

TOPIC: STORY TELLING

Speaker: Mr Alfred

PARTICIPANTS: II BDS, APDCH

VENUE: Platinum Jubilee Auditorium

DATE: 18/12/2018

TIME: 4.00 pm to 5.00 pm

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CIRCULAR

10/12/2018

We wish to bring to your kind notice that we are conducting a program on the topic **"LANGUAGE AND COMMUNICATION SKILLS –STORY TELLING"** on 18/12/2018 between 4.00 PM TO 5.00 PM at platinum jubilee auditorium for II BDS students.

K. Dhivya

Students welfare committee

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This is to Certify that has actively participated in the Yoga and Wellness Program on "Yoga" held on 14.07.2018 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainaya
Principal

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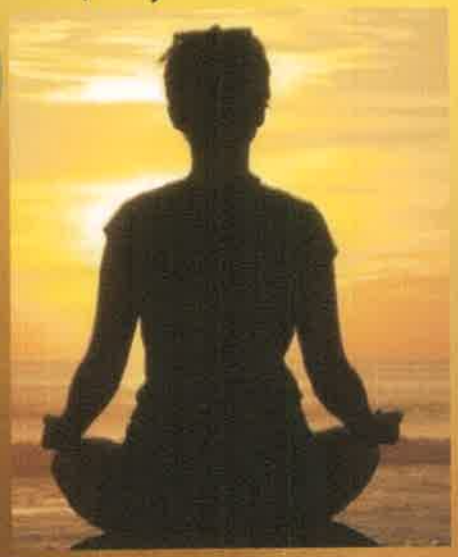
STUDENT WELFARE COMMITTEE, APDCH

Invites you all for a program on



TOPIC: *YOGA*

Speaker : *Mr. Ganesh, Mrs. Sujatha and Ms. Akshara*

PARTICIPANTS: *UG ALL YEARS , APDCH*

VENUE: *Platinum Jubilee Auditorium*

DATE: *14/7/2018*

TIME: *3.30 pm to 5.00 pm*

Program Schedule :

3:30 Pm: Welcome Address by Dr. Dhivya

3:35 Pm: Yoga Session

5:30 Pm: Vote of Thanks

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CIRCULAR

9/7/2018

We wish to bring to your kind notice that we are conducting a program on the topic "**YOGA AND WELLNESS - YOG"** on 14.07.2018 between 3.30 PM TO 5.00 PM. at platinum jubilee auditorium for Ug students all years.

We request all Heads of the Departments to send all CRRIs and Post Graduates to attend the program.

K.Dhinya

Students welfare committee

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Melmaruvathur - 603 319.

Principal

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ANALYTICAL SKILL DEVELOPMENT – PARKOUR

POST EVENT REPORT

"Parkour" outdoor activities programme was organized and held on 20/11/2018 between 3.00pm to 5.00pm for first year BDS students by Students' Welfare committee in APDCH.

Speaker was Mr Amul raj. He was known for his acrobatic athleticism and involved training in running, jumping, climbing, balancing, swimming for several years.

The highlights of her session are as follows:

Parkour is a training discipline where practitioners aim to get from one point to another in a complex environment, without assisting equipment and in the fastest and most efficient way possible. Parkour influences one's thought processes by enhancing self-confidence and critical thinking skills that allow one to overcome everyday physical and mental obstacles. Parkour is practiced without equipment of any kind, though items such as bars, walls, and boxes are used. There are a number of reasons why parkour is useful. To escape from buildings caught on fire,to help some one stuck on a tree or a building, to escape from a group of thugs, to retrieve a ball or Frisbee from a tree or roof, to impress people, helps to boost confidence, helps to achieve physical fitness.

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Students welfare committee

Principal

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STUDENTS WERE ACTIVELY INVOLVED IN CLIMBING

OTHER STUDENTS OBSERVING THE PERFORMANCE OF SINGLE GIRL ACTIVITY

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PARTICIPANTS WERE ENJOYING OUTDOOR ACTIVITIES

PARTICIPANTS GIVING POSES FOR PICTURE

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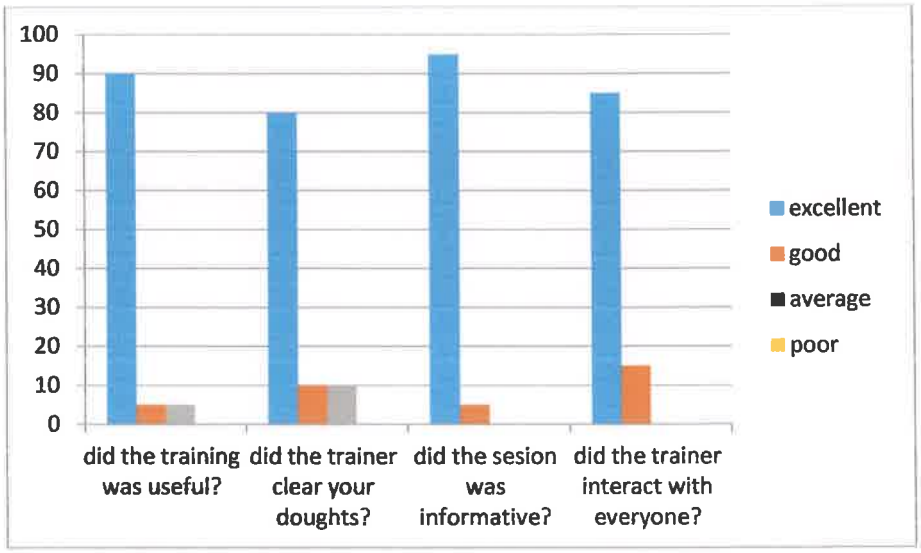
FEEDBACK : PARKOUR



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ANALYTICAL SKILL DEVELOPMENT

PARKOUR

SNO	NAME	SIGNATURE
1	Aarthi C	
2	Agatheeswaran T	
3	Aishwarya A	
4	Ajiethkumaran P	
5	Akila K	
6	Akshaya N	
7	Amirtha Varshini N	
8	Anitha S	
9	Aruna B	
10	Aswini K	
11	Avinesh A	
12	Ayeesha Bheema A	
13	Bharathi S	
14	Bhuvaneshwari S	
15	Boomica R	
16	Deepika S	
17	Dharshini Shree P	
18	Elakkiyaa S S	
19	Fahzila S	
20	Geetha S	
21	Gokul N	
22	Gokula Swetha S	
23	Hariharan B	
24	Hariharan M	
25	Haripriya G	
26	Haritha V G	
27	Hindujha M	
28	Indhumathi N	
29	Jailekhha L	
30	Jaya Shiva Path K A	
31	Jeya Priya B M	
32	Kalai Preetha P	
33	Kalaiarasi A	
34	Kalkhi D	
35	Kameshvari A	
36	Kavya K	
37	Kayalvizhi Nangai B	
38	Keerthana R	
39	Keerthika A	
40	Kishore G K	
41	Krithik V	
42	Krity Susan P	

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43	Madhumithaa K P	
44	Manojkanna T	
45	Mehala D	
46	Merson M	
47	Mithra M	
48	Mohamed Afsal A R	
49	Mohamed Farishkhan K	
50	Mohamed Sulthan A	
51	Monikaa K	
52	Monisha R	
53	Muthulakshmi A J	
54	Nandhini M	
55	Nazni Rahamath K	
56	Nikhileswari M	
57	Nivetha R	
58	Nivethitha M	
59	Nivethithaa Srinivasan	
60	Pavithra Banu T	
61	Pradeep Kumar R	
62	Praveen Kumar T	
63	Ramkumar G	
64	Ramya S	
65	Rayshma R	
66	Rishi G	
67	Ritsha A	
68	Roopan S	
69	Rupshya D	
70	Sabaritha P	
71	Saji K	
72	Sangeetha M	
73	Sangeethapriya S	
74	Sanjay Vikram P	
75	Savaniya K	
76	Sidhesh A	
77	Siva Priya P	
78	Siva Theresa Sundara Nachiar S	
79	Sneha E	
80	Sneha S	
81	Snekha G	
82	Sowmiya A	
83	Sowmiya P	
84	Sowmiya S P	
85	Sreenithi K	
86	Sri Aathi K	
87	Sri Janani SA	
88	Srinisha R	
89	Sujatha K	
90	Sureka M	

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91	Swetha I	
92	Swetha Lakshmi S	
93	Tamilselvan K	
94	Varshini S	
95	Vignesh A	
96	Vignesh M	
97	Vijayaragavan T	
98	Vishva B	
99	Waseem Ahamed A	
100	Yuvaraj J	

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Certificate of Participation

This is to Certify that YUVARAJ . J *has actively participated in the Analytical Skill Development Program on "pARKOUR" held on 20.11.2018 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

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SOFT SKILLS TEAM , APDCH

Invites you all

for a program on

TOPIC: PARKOUR

Speaker: Mr Amul Raj

PARTICIPANTS: I BDS, APDCH

VENUE: Outdoor

DATE: 20/11/2018

TIME: 3.00 pm to 5.00 pm

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CIRCULAR

15/11/2018

We wish to bring to your kind notice that we are conducting a program on the topic "**PARKOUR**" on 20/11/2018 between 3.00 PM TO 5.00 PM in college premises for first BDS STUDENTS.

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Students welfare committee

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PERSONALITY AND PROFESSIONAL DEVELOPMENT – INDIVIDUALITY AND MINGLE WITH OTHERS

POST EVENT REPORT

A program on "individuality and mingle with others" was organized and conducted for III BDS students by students welfare committee on 16/2/2019 between 3.00 PM TO 5.00 PM in Adhiparasakthi dental college and hospital at Platinum jubilee auditorium.

Mr Gopinath was speaker. He is an eminent speaker with lot of experience in this field. He is engaged in taking classes and training programs in various colleges at national level.

The highlights of her session are as follows:

The rhetorician highlight that if you want to make change in your life first change yourself and mingle with others by accepting that journey in your life would be long and hard for that create a plan, read how to win friends and influence people, kept a journal write every day and night, lastly learn to be comfortable in your own and with others in every situation by keeping your mind peaceful.

The program was very useful to all the students . Feedback was also collected and analysed.

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Melmaruvathur - 603 319.

Student's welfare committee

Principal

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PARTICIPANTS WERE GIVING ATTENTION TO ORATOR SPEECH

BUILDING THE MEMORIES WITH PICTURE

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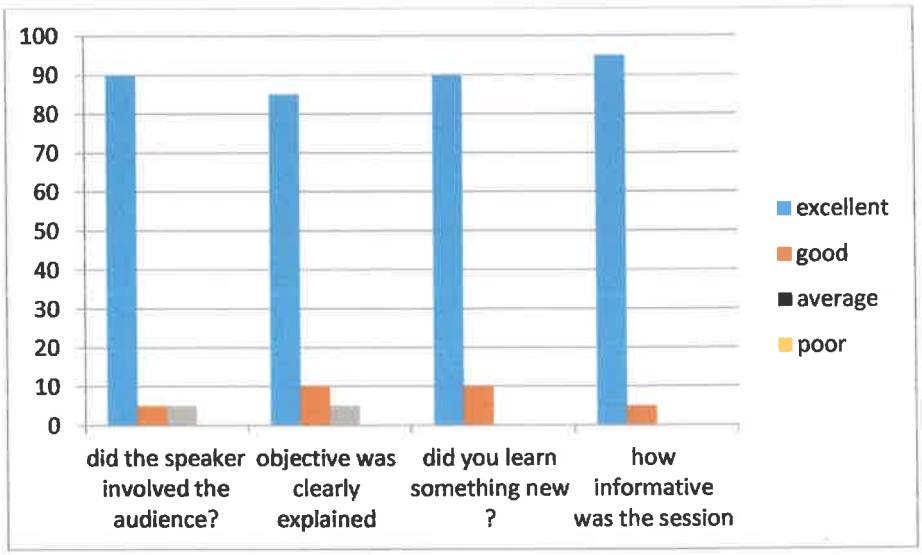
FEEDBACK: INDIVIDUALITY AND MINGLE WITH OTHERS



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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

PERSONALITY AND PROFESSIONAL DEVELOPMENT

INDIVIDUALITY AND MINGLE WITH OTHERS

S.NO.	NAME	SIGNATURE
1	DIVYA LAKSHMI A	
2	RANJITHKUMAR K S	
3	HARINI J	
4	MRTHULA M	
5	DIVYA LAKSHMI K	
6	NIRMALA V	
7	SHANMUGA ESWARI M	
8	LOKESHWARAN A	
9	ABARNA P S	
10	SIBIVISWANATH S	
11	NEERALYA NANDHINI S	
12	RUDRAMURTHE G	
13	PRABAGARAN M	
14	KAVIPRIYA S	
15	SARANYA.N	
16	GUNA E	
17	DINESH T	
18	JEYASARATHA.K	
19	SWETHA S R	
20	LOKESH S	
21	NARMATHA D N	
22	ARUNKUMAR R	
23	SUNDARESAN R	
24	HARISH SIVAKUMAR	
25	GOKILA K	
26	NITHISH KUMAR A	
27	DEEPIKA PRIYALAKSHMI A	
28	INDHUJA P	
29	DHANALAKSHMI K	
30	DEEPIKA G	
31	PRIYANKA S	
32	THARNIMATHI K	
33	SABARI NATHAN K	
34	KEERTHANA P	
35	RAMJI E	
36	DHARANI T	
37	MOHANAPRIYA G K	
38	GOKUL S	
39	BHUVANESWARI M	
40	SHERIN FATHIMA M	
41	SRIMATHI M	

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42	FARZANA S	S. Farzana
43	BALAMURUGAN G	
44	BACKIYA PRIYA G	G. Backiyapriya
45	MAHALAKSHMI M	M. Mahalakshmi
46	SIVAPRIYA R	R. Sivapriya
47	RUBITHA R	Rubitha
48	KAMESHKRISHNA V	
49	PRAVEEN KUMAR M	
50	KEERTHIGA E	
51	SANTHOSHKUMAR D	
52	PAVITHRA P	
53	VINOTH V	
54	ADHILAKSHMI R	R. Adhilakshmi
55	PAVITHRA R	Pavithra
56	SWETHA V	
57	GAJAPRIYA S	Gajapriya
58	KANISHKAR G	
59	NADI SOUNDARYA S	S. Nadi
60	ANUSHIYA B	
61	PRABHAKARAN M	
62	HARIHARAN S K	
63	STALIN J	
64	SELVA BHAVANI.P	
65	ARUN AMARNATH R	
66	SINDHUJA T	T. Sindhuja
67	MATHUMALA S	
68	DINESH N	N. Dinesh
69	MAHESHWARI S	
70	PIRAVIN M.S	M.S Piravin
71	HARITHA BEGUM A	
72	JEROME J	
73	NAZIYA ANJUM R	R. Naziya
74	LAVANYA J	
75	SIVALKAR T	
76	SAKTHI S	S. Sakthi

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This is to Certify that DIVYA LAKSHMI . A *has actively participated in the Language and Communication Skill Program on "INDIVIDUALITY AND MINGLE WITH OTHERS" held on 16.2.2019 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

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SOFT SKILLS TEAM , APDCH

Invites you all for a program on

TOPIC: INDIVIDUALITY AND MINGLE WITH OTHERS

Speaker: Mr Gopinath

PARTICIPANTS: III BDS, APDCH

VENUE: Platinum jubilee auditorium

DATE: 23/1/2019
TIME: 3.00 pm to 5.00 pm

Program Schedule :

2:00 Pm: Welcome Address by Dr. Dhivya

2:05 Pm: Session 1 (Individuality)

3:20 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

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CIRCULAR

11/2/2019

We wish to bring to your kind notice that we are conducting a program on the topic "**INDIVIDUALITY AND MINGLE WITH OTHERS**" on 16/2/2019 between 3.00 PM TO 5.00 PM in Platinum jubilee auditorium for III BDS.

We request all Heads of the Departments to send all CRRIs and Post Graduates to attend the program.

K.Dhiya

Students welfare committee

PRINCIPAL
Adhiparasakthi Dental College & Hospital
Melmaruvathur - 603 319

Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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PERSONALITY AND PROFESSIONAL DEVELOPMENT -PROFESSIONAL AND PUBLIC BEHAVIOUR

POST EVENT REPORT

A program on "PROFESSIONAL AND PUBLIC BEHAVIOUR" for CRRI was conducted by students welfare committee on 8/05/2019 between 3.00pm to 4.00pm in Adhiparasakthi dental college and hospital at Lecture hall 4.

The orator was Mrs. Sandhya Murugavel. She is an excellent speaker with lot of experience in this field. She has organised trainings on various topics to students across the state.

The highlights of her session are as follows:

The speaker narrates professional behavior of one self towards others with confidence and self respect, how to balance between professional and personal life, how to overcome the mistake in professional life, flexible with others and to cope with aggression. Professional behavior towards the public by keeping the norms and values and quality of management. She emphasizes on certain things and briefly note on arrive on time, follow your company's dress code, communicate respectfully, be honest, have a positive attitude, take responsibility, avoid social media and help others.

The program was very useful to all the students . Feedback was also collected and analysed.

Student's Welfare Committee

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Melmaruvathur - 603 319.

Principal

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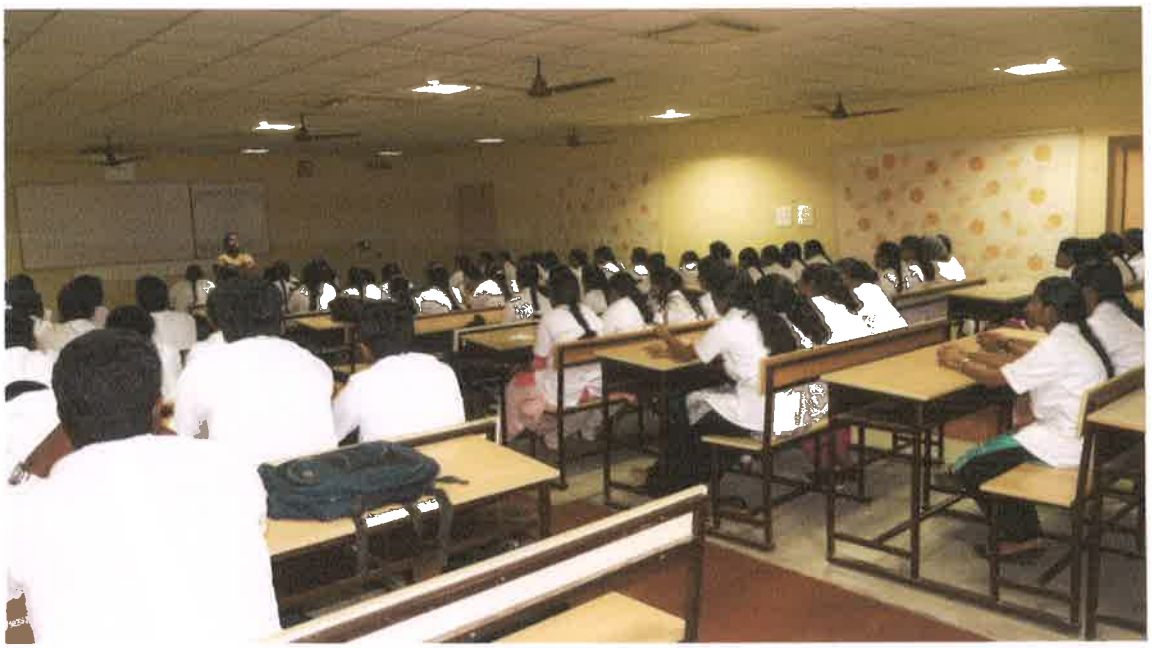
SPEAKER ENGAGING PARTICIPANTS WITH HER SPEECH



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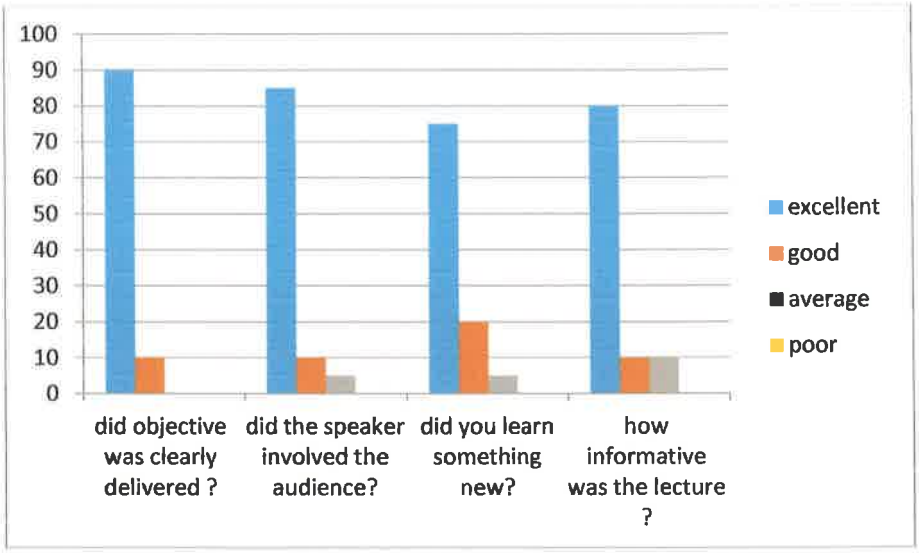
FEEDBACK : PROFESSIONAL AND PUBLIC BEHAVIOUR



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PROFESSIONAL AND PUBLIC BEHAVIOUR

NAME	SIGNATURE
Meena G	
Theeban Raj R	
Vaishnavee Senthilkumar	
Suthakar . P	
Ajitraj T	
Chandrakala S	
Vedhavani . M	
Yamini K	
Jeevedha . M	
Thasleema Nusrin . Z	
Kavipriya M	
Sanmugapiriya R	
Jayakanthan J	
Madhuvandhi . M	
Ponvadhani . R	
Reethu . D	
Prathap. S	
Arbass J	
Harenee . M	
Harini . A	
Tamilnila . K	
Rethina Bharathi . M	
Arunpandian R	
Mohamed Bismi Ellahiya. J	
Ashtalakshmi . S	
Rajasri R	
Gladwin S	
Nandhini. G	
Thilagavathi. P	
Ashwini D	
Poovarasan M	
Akshaya A V K	
Iswariya . A	

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Monisha R	
Soundharya . R	
Vijayakumar . S	
Yogamanikandan A	
Arthi M	
Aarthi S	
Balaji . A. D	
Balaji R	
Bavithra . S	
Christy Ratna. P	
Dharani P	
Gawthaman. R	
Haripriya S	
Jeyashree Bhuvaneshwari . R	
Josephine Flora. A	
Karanraj M V	
Kavitha J	
Kiran Kumar E	
Kirubsankar A	
Avinyaa G	
Kishorekumar. A	
Lalitha Priya G. C .	
Lochana . K	
Logitha T	
Madhupriya . R	
Mariyam Faleela. M	
Monisha . K	
Mugilan S	
Nagadhivya. N	
Naveen Kumar M	
Naveenkumar M	
Nivedha C. S .	
Pavithra. B	
Praveenkumar. S	
Prem Vishva N	
Priyadharsini . S	
Priyanka . K. V	
Ragapriya. K	
Raghupathy K	
Ranjith M	
Arunadevi. C	
Ashika S	
Yokesh. D	
Yeltsin. J	

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Vishnuvarthan. G	Vishnuvarthan
Vinitha. S	Vinitha
Venkateshwar S. A	Venkateshwar
Thennarasu A. R	Thennarasu
Tamilarasi. S	Tamilarasi
Swetha. P	Swetha
Suriya. C	Suriya
Sumithra Devi. K. S.	Sumithra Devi
Suganya. B	Suganya
Sindhumathi. K	Sindhumathi
Silamparasan. S. R	Silambu
Sarathkumar. R	Sangavi
Sangavi. B	Sangavi
Sakthi. S	Sakthi
Loganayagi. M	Loganayagi
Kavipriya. P	Kavipriya
Kalaimagal. K	Kalaimagal
Divya. K	Divya
Deetchatha. C	Deetchatha
Bhuvaneswari. V	Bhuvaneswari
Avinash. V	Avinash
Anjana K. S	Anjana

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Certificate of Participation

This is to Certify that PRIYANKA . K. V *has actively participated in the Personality and Professional Development* ***Skill Program on*** *"Professional and Public Behaviour"* ***held on 08.05.2019 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.***

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

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SOFT SKILLS TEAM, APDCH

Invites you all for a program on

TOPIC: PROFESSIONAL AND PUBLIC BEHAVIOUR

Speaker : Mrs.Sandhya Murugavel

PARTICIPANTS: CRRI, APDCH

VENUE: Lecture Hall

DATE: 8/5/2019
TIME: 3.00 pm to 4.00 pm

Program Schedule :

2:30 Pm: Welcome Address by Dr. Dhivya

3:35 Pm: Session 1 (Individuality)

4:30 Pm: Vote of Thanks

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CIRCULAR

1/5/2019

We wish to bring to your kind notice that we are conducting a program on the topic "**PERSONALITY AND PROFESSIONAL DEVELOPMENT -PROFESSIONAL AND PUBLIC BEHAVIOUR"** on 8/05/2019 between 3.00 PM TO 4.00 PM. at Lecture hall 4 for CRRIs.

We request all Heads of the Departments to send all CRRIs and Post Graduates to attend the program.

K.Dhivya

Students welfare committee

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EMPLOYABILITY SKILLS DEVELOPMENT – SOCIAL BEHAVIOUR

POST EVENT REPORT

A program on "social behavior" for second year BDS students was conducted by students welfare committee on 14/3/2019 between 3.30 PM TO 5.30 PM in Adhiparasakthi dental college and hospital at lectue hall.

The speaker was Mr Kesavan. He is an elegant speaker with lot of experience in this field.. He has conducted lectures on various topics to students across the state.

The highlights of her session are as follows:

The orator makes point of development of social behavior mainly based on culture and emotion. Social behavior constantly changes as one continues to grow and develop, reaching different stages of life. The development of behavior is deeply tied with the biological and cognitive changes one is experiencing at any given time. This creates general patterns of social behavior development in humans. Just as social behavior is influenced by both the situation and an individual's characteristics, the development of behavior is due to the combination of the two as well the temperament of the child along with the settings they are exposed to culture play a large role in the development of a child's social behavior, as the parents or caregivers are typically those who decide the settings and situations that the child is exposed to. He emphasize the consequences of social behavior like negativity will lead to aggression and violent behavior and positivity will lead to perfect life.

The program was very useful to all the students . Feedback was also collected and analysed.

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Melmaruvathur - 603 319.

Student's welfare committee

Principal

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STUDENTS ENJOYING THE SESSION WITH SMILY FACE

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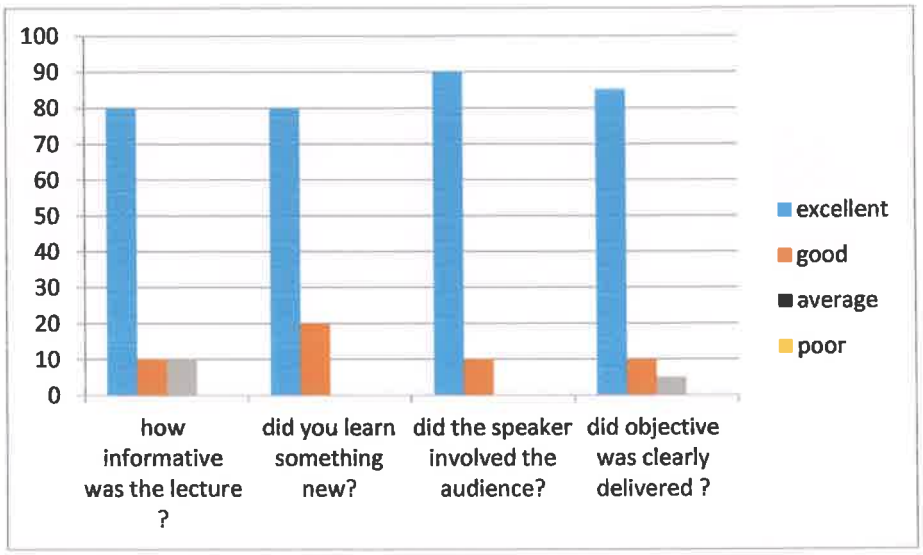
FEEDBACK : SOCIAL BEHAVIOUR



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SOCIAL BEHAVIOUR

SL.NO	NAME OF THE STUDENT	SIGNATURE
1	ABINAYA.B	
2	ABINAYA.R.C	
3	AKSHAYA.M. S. K	
4	ANITHA.B	
5	ANUSHA.R	
6	ASIMANAZARIN.S	
7	ASWIN.S	
8	BANUPRIYA.K	
9	BHUVANESWARI.T	T. Bhuvaneswari
10	DARAKSHAN FATHIMA.T	
11	DEEPAK.R	
12	DEEPIKA.A	
13	DESIYAKAVI.S	
14	DEVIPRIYA.E	
15	DIVYA.R	
16	DIVYASHREE.K.V	
17	DURGA.R	
18	GOVINDA RAJAA.V.K	
19	HARIHARAN.V. R	
20	HEMAMALINI.T	
21	INBAMANI.N	
22	JAGADEESHWAR.N	
23	JAINAFF.J	
24	JANANI.R	
25	JANURTHIKA .R.S	
26	JAYASHREE.V	
27	JENCY ABARNA.S	
28	JENISHA.J	
29	KANMANI.G	
30	KAVITHA SREE.P	
31	KIRUTHIKA.S	
32	KIRUTHIKA.T.M	
33	KOTHAIARASI.G.E	
34	LAARANYA.S	
35	LAKSHMAN.A.P	
36	MAHALAKSHMI.S	
37	MANJU.R	
38	MANJULA.M	
39	MEENATCHI.G	
40	MEGAZABEEN.U	
41	MELINDA DAPHINE NIMMY.F	
42	MOHAMEDASHIK.A	

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43	MUNIRA.S	
44	MUTHURATCHITHA.D	
45	NIRUBAMA.A	
46	NIVETHA.R	
47	PANJALIARASI.N	
48	PAVITHRA.B	
49	POOJA.R	
50	POONGODHAI.S	
51	PRIYA.R.S	
52	PRIYADARSHINI.NA	
53	PRIYANKA.S	
54	PRIYANKA.V	
55	RASHMIKA.M	
56	RAVINA SRI.N	
57	RESHMI THERAS.J	
58	RITHANIKA.A	
59	SAGITHYA.A	
60	SAKTHI PRIYA.M	
61	SALAI SARUMATHI.S	
62	SANDHIYA.R	
63	SANKARI.S	
64	SARUMATHI.U	
65	SASTIMANI.P.M	
66	SHRUTHI.V	
67	SINDUJA.K.B	
68	SOORYA PRASAD.S	
69	SOUNDARYA.S	
70	SRI JANANI.S	
71	SRUTHI.M.A	
72	STEFFI INIYA.D	
73	SUBHASHINI.B	
74	SUDHARSANA DEVI.S	
75	SUSHMITHA.B	
76	SWEETHA.K	
77	THARMARAJ.P	
78	THEVETHA.K	
79	THILAGAVATHY.P	
80	USHANANDHINI.S	
81	VAISHALI.R	
82	VELMURUGAN.K	
83	VIDHYA LAKSHMI.M	
84	VIDHYASAGAR .RM	
85	VINOSHINI.S	
86	VINU PRIYA.B	
87	VISALINI.B	
88	VISHRUTHA.P	
89	YUVASREE.M	
90	APOORVA V S	

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LEARN & LEAD

Certificate of Participation

This is to Certify that HARIHARAN . V. R has actively participated in the Employability Skills Development Skill Program on "Social Behaviour" held on 14.03.2019 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. S. Thillainayagam
Principal

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STUDENT 'S WELFARE COMMITTEE , APDCH

Invites you all for

a program on

TOPIC: SOCIAL BEHAVIOUR

Speaker. Mr Kesavan

PARTICIPANTS: II BDS, APDCH

VENUE: LECTURE HALL

DATE: 14/3/2019
TIME: 3.30 pm to 5.30 pm

Program Schedule :

3:30 Pm: Welcome Address by Dr. Dhivya

3:35 Pm: Session 1 (Individuality)

5:30 Pm: Vote of Thanks

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8/3/2019

We wish to bring to your kind notice that we are conducting a program on the topic **"EMPLOYABILITY SKILLS DEVELOPMENT – SOCIAL BEHAVIOUR"** on 14/3/2019 between 3.30 PM TO 5.30 PM. in lecture hall for second BDS students

K. Dhiya

Students welfare committee

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ACADEMIC YEAR 2017-18

5.1.2 – CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES EMPLOYED BY THE INSTITUTION FOR STUDENTS FOR THE ACADEMIC YEAR 2017-18

SOFT SKILL TRAINING PROGRAM – 2017-18

S.No	Date	Time	Venue	Year	Topic	Speaker
1.	11/11/2017	3.00 PM TO 5.00 PM	Mini conference hall	I BDS - 76	Soft Skills program – Stress management	Mr. Saravanan
2.	11/1/2018	3.00 PM TO 5.00 PM	Lecture hall	II BDS - 91	Communication Skills- vernacular language	Mr Govindarajalu
3.	21/06/2017	2.00 PM TO 4.00 PM	Platinum Jubilee Auditorium	CRRIs - 88	Yoga- Yoga and Wellness - Pranayama and Meditation	Mr Ganesh
4.	17/02/2018	3.00 PM TO 5.00 PM	Platinum Jubilee auditorium	II BDS - 92	Analytical Skill Development – logical reasoning	Mr China mani
5.	17/03/2018	3.00 PM TO 5.00 PM	Mini Conference Hall	IV BDS - 88	Human value development – Human values and its impact on society	Mr Sarath kurupath
6.	09/08/2017	3.30 PM TO 5.30 PM	Lecture Hall	III BDS – 93	Personality and professional Development – behavioural changes under pressure	Mrs Mary stella
7.	01/03/2018	2.00 PM TO 3.00 PM	Seminar Hall	Post graduates -15	Employability Skill Development – Profile Filing	Mr Praveen
8.	19/05/2018	3.30 00 PM TO 4.30 PM	Lecture hall	CRRIs - 78	Personality and professional Development – Leadership qualities	Mrs. Mary Stella

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PRINCIPAL
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Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

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POST-EVENT REPORT

Name of the event	: Soft skill training
Date of the Event	: 11.11.2017
Organizing Department	: Student welfare committee
Location of Event	: Mini conference hall, APDCH
Time	: 3 pm to 5 pm
Topic	: Stress management
Guest Speaker	: Mr. Saravanan, Clinical psychologist.

SUMMARY

Soft tissue skill training on stress management was conducted by the student welfare committee. It was conducted in a Mini conference hall, APDCH. The guest speaker for the day was Mr. Saravanan, clinical psychologist. The program was mainly organized for I BDS students of APDCH. The welcome address was given by Dr. Dhivya, member secretary of the student welfare committee. The first session was on the ability to manage the stress the go through in the initial phases of professional college life. Students were guided to make plans and schedule their plans towards their goals without taking any mental stress. The second session was on tips and skills for

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stress management. Students were educated with stress management ideas and tricks. The students were also guided to accommodate day to day works with stress management so they can excel in any project given to finish in due time. The guest speaker was honored with a certificate and shield. A vote of thanks was given by Dr. Sumanth, MDS who is a part of the student welfare committee. Feedback was received and analyzed.

PRINCIPAL

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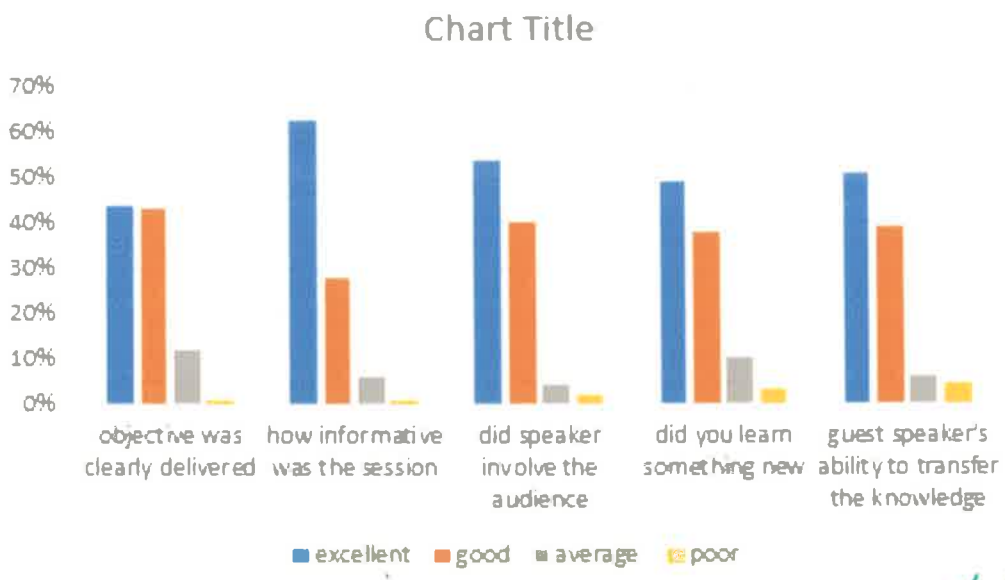
STUDENT WELFARE COMMITTEE

FEEDBACK



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CLINICAL PSYCHOLOGIST Mr. SARAVANAN DISCUSSING WITH STUDENTS ABOUT STRESS MANAGEMENT

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
Hospital Road, Melmaruvathur
Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: STRESS MANAGEMENT **DATE: 11.11.2017**

SRI JANANI.S	Srijanani
SWEETHA.K	Sweetha
KIRUTHIKA.T.M	Kiruthika
MAHALAKSHMI.S	Mahalakshmi
NIVETHA.R	Nivetha
POOJA.R	Pooja
ABARNA P S	Abarna
ARUN AMARANATH	Arun Amaranath
ADHILAKSHMI R	Adhilakshmi
ANUSHIYA B	Anushiya
ARUNKUMAR R	Arunkumar
BACKIYA PRIYA G	Backiapriya
BALAMURUGAN G	Balamurugan
BHUVANESWARI M	Bhuvana
DEEPIKA G	Deepika
DHANALAKSHMI K	Dhanalakshmi
DHARANI T	Dharani
DINESH .N	Dinesh
DINESH T	Dinesh
DIVYA LAKSHMI A	Divyalakshmi
DIVYA LAKSHMI K	Divyalakshmi
FARZANA S	Farzana
GOKILA K	Gokila
GOKUL S	Gokul
GUNA E	Guna

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: STRESS MANAGEMENT DATE: 11.11.2017

HARIHARAN S K	
HARINI.J	
HARISH SIVAKUMAR	
HARITHA BEGUM	
INDHUJA P	
JEROME J	
JEYASARATHA.K	
KANISHKAR G	
KAVIPRIYA S	
KEERTHANA P	
KEERTHIGA. E	
LAVANYA J	
LOKESH S	
LOKESHWARAN A	
MAHALAKSHMI M	
MAHESWARI.S	
MATHUMALA.S	
MOHANAPRIYA G K	
MRTHULA M	
NADI SOUNDARYA S	
NARMATHA D N	
NAZIYA ANJUM R	
NEERALYA NANDHINI S	
NIRMALA V	
NITHISH KUMAR A	

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ATTENDANCE LIST

TOPIC: STRESS MANAGEMENT **DATE: 11.11.2017**

PAVITHRA P	
PAVITHRA R	
PIRAVIN.M.S	
PRABAGARAN M	
PRABHAKARAN M	
PRAVEEN KUMAR M	
RAMJI.E	
RANJITHKUMAR K S	
RUBITHA R	
RUDRAMURTHE G	
SABARI NATHAN K	
SAKTHI S	
SANTHOSHKUMAR D	
SARANYA.N	
SELVABHAVANI.P	
SHANMUGA ESWARI M	
SHERIN FATHIMA M	
SIBIVISWANATH S	
SINDHUJA.T	
SIVAPRIYA R	
STALIN.J	
SUNDARESAN.R	
SWETHA S R	
SWETHA V	
THARNIMATHI K	
VINOTH V	

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This is to Certify that MIRTHULA . M *has actively participated in the Stress management (soft skill training) program held on 11.11.2017 conducted at Adhiparasakthi Dental College and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
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Correspondent

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Principal

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Student welfare Committee, APDCH

Invites you all for a program on

STRESS MANAGEMENT

DATE: 11/11/2017

TIME: 03.00 pm to 05.00 pm

Speaker: **Mr. SARAVANAN**

CLINICAL PSYCHOLOGIST

VENUE: Mini Conference hall

PARTICIPANTS: I BDS, APDCH

Program Schedule :

- 03:00 Pm: Welcome Address by Dr. Dhivya
- 03:15 Pm: Session 1 (Ability to Smart goal setting)
- 04:15 Pm: Session 2 (Tips & Skills for Self goal setting)
- 04:55 Pm: Vote of Thanks

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07.11.2017

CIRCULAR

This is to bring to your kind notice that Students welfare committee is conducting a soft skills training program on the topic **"Stress management"** on 11.11.2017 from 3:00 PM to 5:00 PM in Mini conference Hall for I BDS Students.

Details of the program:

- Speaker : Mr. Saravanan, Clinical psychologist.
- Topic: Stress management

K. Dhivya

STUDENTS WELFARE COMMITTEE

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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POST EVENT REPORT

Name of the event	: Communication skills
Date of the Event	: 11.01.2018
Organizing Department	: Student welfare committee
Location of Event	: Lecture Hall, APDCH
Time	: 3 pm to 5 pm
Topic	: Vernacular language
Guest Speaker	: Mr. Govindarajalu

SUMMARY

Soft tissue skill training on language and communication skills was conducted by the student welfare committee. It was conducted in a lecture hall, APDCH. The guest speaker for the day was Mr.Govindarajalu, communication skills trainer who excels in the field of communication skill development. He is well-versed with vernacular language. The program was mainly organized for II BDS students of APDCH. The welcome address was given by Dr. Dhivya, MDS member secretary of the art of vernacular language. Students were guided for the proper use of linguistic language. The second session was on essential communication skills. The speaker guided the students with proper usage of

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language when communicating with other people including proper communication with patients. Communication skills training is about learning how to express ideas in a clear, convincing, and inspiring manner. It is also about improving the ability to understand others more fully and to quickly resolve any conflicts that may exists. Students were benefitted highly with this training. The guest speaker was awarded with a memento. Dr. Sumanth, MDS part of the student welfare committee gave the vote of thanks. Feedback was received and analyzed.

PRINCIPAL

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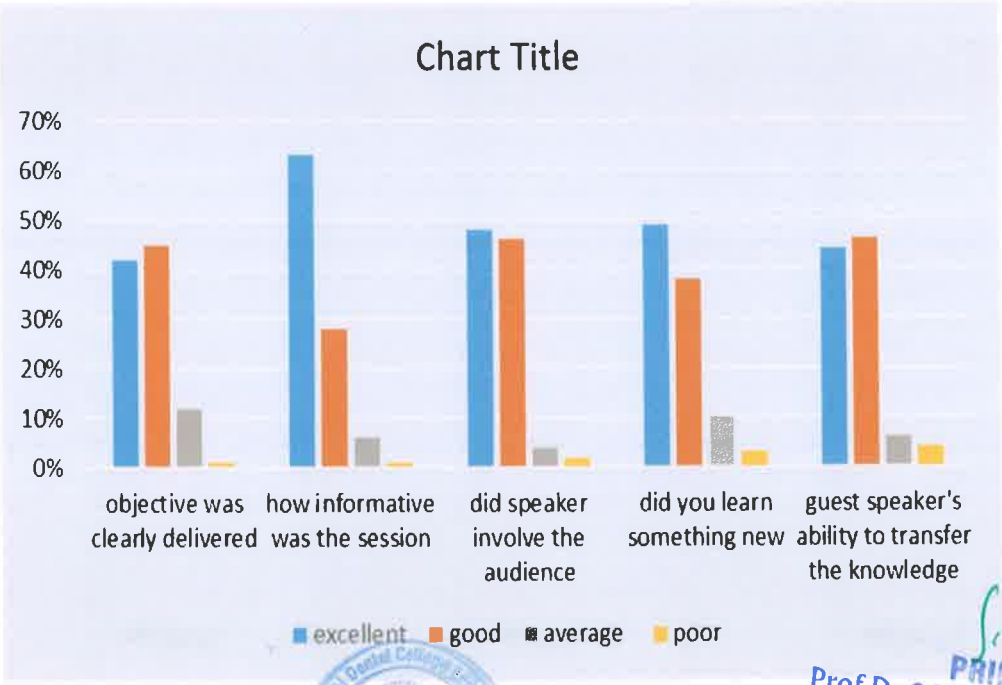
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

Student welfare committee

FEEDBACK



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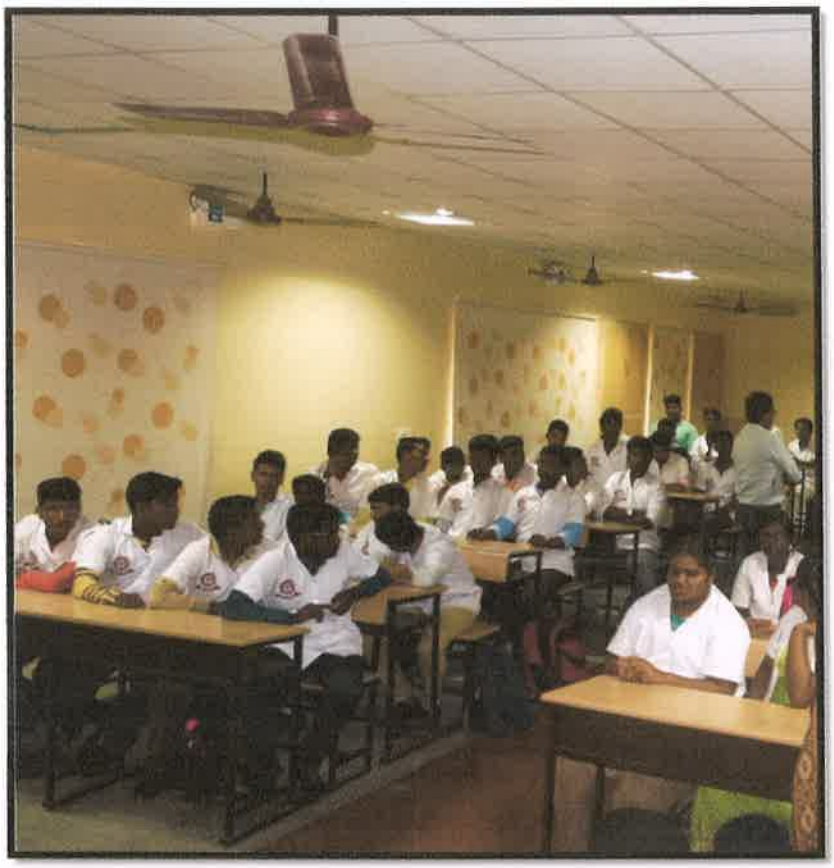

Mr. GOVINDARAJULU EXPLAINING STUDENTS ABOUT THE IMPORTANCE OF VERNACULAR LANGUAGE

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: COMMUNICATION SKILLS- VERNACULAR LANGUAGE DATE:11.01.2018

ABINAYA.B	
ABINAYA.R.C	
AKSHAYA.M. S. K	
ANUSHA.R	
ASIMANAZARIN.S	
ASWIN.S	
BANUPRIYA.K	
BHUVANESWARI.T	
DARAKSHAN FATHIMA.T	
DEEPAK.R	
DESIYAKAVI.S	
DEVIPRIYA.E	
DIVYA.R	
DIVYASHREE.K.V	
DURGA.R	
GOVINDA RAJAA.V.K	
HARIHARAN.V. R	
HEMAMALINI.T	
INBAMANI.N	
JAGADEESHWAR.N	
JAINAFF.J	
JANANI.R	
JANURTHIKA .R.S	
JAYASHREE.V	
JENCY ABARNA.S	
JENISHA.J	
KANMANI.G	
KAVITHA SREE.P	
KIRUTHIKA.S	

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: COMMUNICATION SKILLS- VERNACULAR LANGUAGE DATE:11.01.2018

KOTHAIARASI.G.E	Kothaiarasi
LAARANYA	Laaranya
MANJU.R	Ma
MANJULA.M	Manju
MEENATCHI.G	Meenatch
MEGAZABEEN.U	Meg
MELINDA DAPHINE NIMMY.F	Melv
MOHAMEDASHIK.A	[illegible]
MUNIRA.S	[illegible]
MUTHURATCHITHA.D	Muthuratchi
PANJALIARASI.N	Panjali
PAVITHRA.B	[illegible]
POONGODHAI.S	[illegible]
PRIYADARSHINI.NA	[illegible]
PRIYANKA.S	[illegible]
PRIYANKA.V	Priyanka
RASHMIKA.M	Rashmika.M
RAVINA SRI.N	[illegible]
RESHMI THERAS.J	[illegible]
RITHANIKA.A	Rithanika
SAGITHYA.A	[illegible]
SAKTHI PRIYA.M	[illegible]
SALAI SARUMATHI.S	[illegible]
SANDHIYA.R	[illegible]
SANKARI.S	Sankari
SARUMATHI.U	[illegible]
SASTIMANI.P.M	[illegible]
SHRUTHI.V	[illegible]
SINDUJA.K.B	[illegible]

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

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TOPIC: COMMUNICATION SKILLS- VERNACULAR LANGUAGE DATE:11.01.2018

SOORYA PRASAD.S	
SOUNDARYA.S	
SRI JANANI.S	
SRUTHI.M.A	
STEFFI INIYA.D	
SUDHARSANA DEVI.S	
SUSHMITHA.B	
SWEETHA.K	
THARMARAJ.P	
THEVETHA.K	
THILAGAVATHY.P	
USHANANDHINI.S	
VAISHALI.R	
VELMURUGAN.K	
VIDHYA LAKSHMI.M	
VIDHYASAGAR .RM	
VINOSHINI.S	
VINU PRIYA.B	
VISALINI.B	
VISHRUTHA.P	
YUVASREE.M	
PRIYA.R.S	
SOORYA PRASAD.S	
SOUNDARYA.S	
SRI JANANI.S	
SRUTHI.M.A	
STEFFI INIYA.D	
SUDHARSANA DEVI.S	
SUSHMITHA.B	
SWEETHA.K	

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This is to Certify that RAVINA SRI. N has actively participated in the Communication skill development program on "Vernacular Language" held on 11.01.2018 conducted at Adhiparasakthi Dental College and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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Student Welfare Committee, APDCH
Cordially invites you all For
Language and Communication Skills
program on

TOPIC:

INTRODUCTION TO COMMUNICATION SKILLS – VERNACULAR LANGUAGE

SPEAKER: Mr. Govindarajalu
COMMUNICATION SKILLS TRAINER

VENUE: Lecture hall

DATE: 11/01/2018

TIME: 3.00 pm to 5.00 pm

PARTICIPANTS: II BDS, APDCH

Program Schedule :

3:00 Pm- Welcome Address by Dr. Dhivya

3:15 Pm- Session 1 (Art of Vernacular Language)

4.15 Pm- Session 2 (Essential Communication Skills)

4:55 Pm- Vote of Thanks

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4.01.2018

CIRCULAR

We wish to bring to your kind notice that we are conducting a Language and communication skills programme on the topic **"Introduction to communication skills - 'Vernacular language"** on 11.01.2018 from 3:00 PM to 5:00 PM in lecture Hall for II BDS Students.

Details of the program:

- Speaker : Mr. Govindarajalu
- Venue : Lecture Hall

K.Dhivya

STUDENTS WELFARE COMMITTEE

PRINCIPAL

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Melmaruvathur - 603 319.

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POST EVENT REPORT

Name of the event	: Personality development
Date of the Event	: 21.06.2017
Organizing Department	: Student welfare committee
Location of Event	: Platinum Jubilee auditorium, APDCH
Time	: 2 pm to 4 pm
Topic	: Yoga & Wellness – Pranayama & Meditation
Guest Speaker	: Mr. Ganesh

SUMMARY

Soft tissue skill training on yoga and wellness with pranayama and meditation was conducted by the student welfare committee. It was conducted in Platinum Jubilee auditorium, APDCH. The guest speaker for the day was Mr. Ganesh, who excels in yoga education. He is well-versed with yoga education and conducts regular yoga education programs. The program was mainly organized for CRRI students of APDCH. Other than CRRI's so many faculties were also interested to take part in the yoga education program. The welcome address was given by Dr. Dhivya, MDS member secretary of the student welfare committee. The program had two wonderful sessions. The first session was on pranayama which is basically a breath controlling exercise. It regulates breath and increases lung capacity. There was a demo for the pranayama exercise and students were also trained to do it in front of the master. The second session was on meditation. The master guided students on the benefits of

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meditation and tips for proper meditation. He also guided students on how meditation helps in our day-to-day stressful life. Students completely enjoyed both pranayama and meditation sessions. The guest speaker was honored with a certificate and shield. A vote of thanks was given by Dr. Sumanth, MDS member of the student welfare committee. Feedback was received and analyzed.

Student welfare committee

PRINCIPAL

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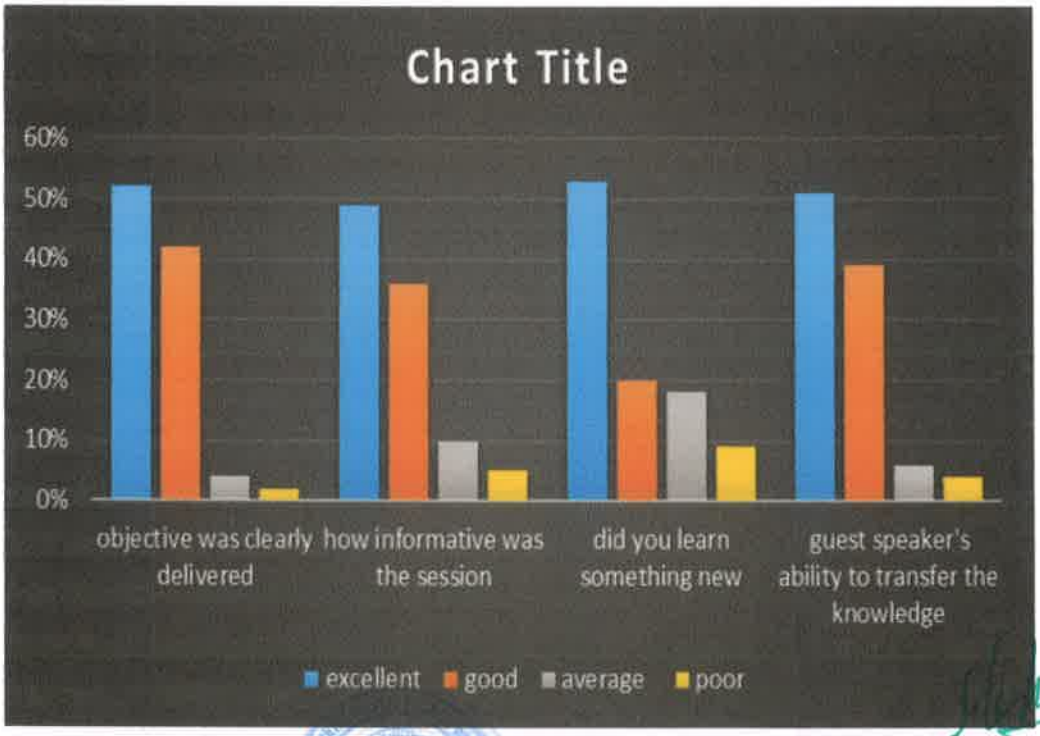
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

FEEDBACK



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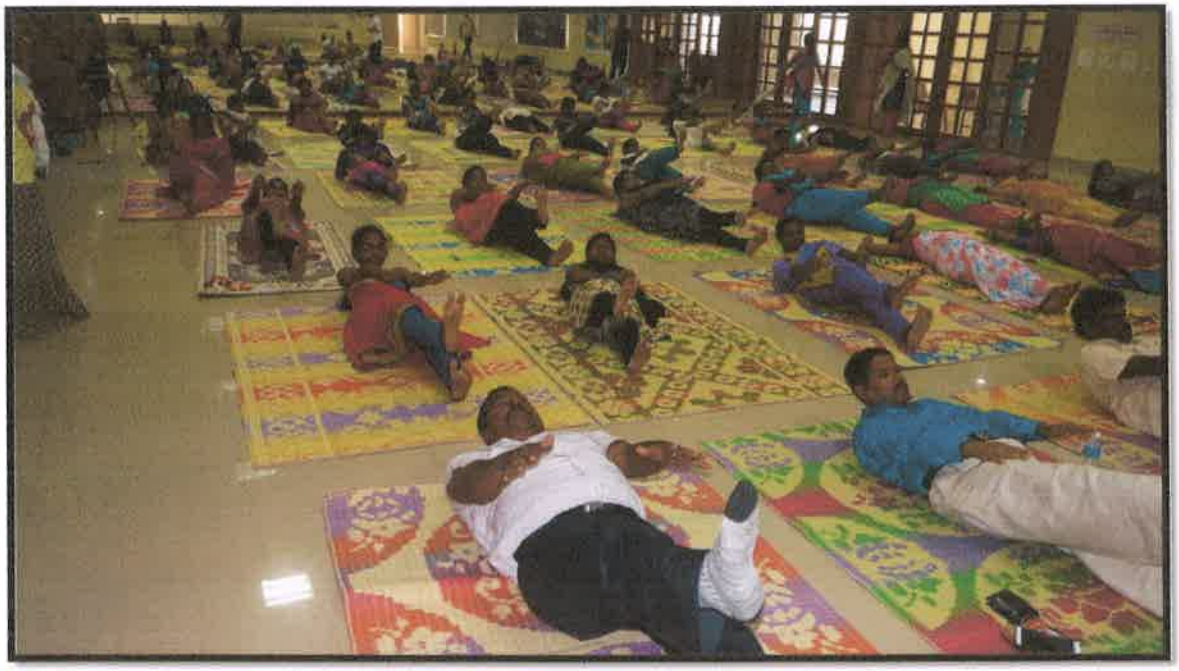

YOGA PROGRAMME AND Mr. GANESH DEMONSTRATING THE EXERCISE TO THE STUDENTS

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: YOGA & WELLNESS – PRANAYAMA & MEDITATION DATE:21.06.2017

SUNKARA TEJASWINI	
YUVAPRIYA S	
YAMINI GURUSWAMY	
VISHNU. R	
VANITHASRI M	
VALARMATHI D	
VAISHALI R	
THIRUMAGAL M	
SWATHI H	
SURYA. V	
SUMEGHA S	
SUBRAHMANIAN T V	
SRUTHI S	
SRIABINANDHINI T	
SRI SANJHANAA C	
SOWMYA K	
SOWBIA P R	
SIVARANJANI S	
SHIFA AFSHAN H B	
SHAMEEMA BHARVEEN.M	
SHABNASRI.S	
SATHIYAPRIYA S	
SATHESH R	
SASIKALA.K.V	
SANGEETHA V	
SANGATAMIL A	
SAKTHIBALAN M	
SAKTHI GNANAVEL S	
ROJA M	
RESHMA SEN R	

PRINCIPAL

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TOPIC: YOGA & WELLNESS – PRANAYAMA & MEDITATION DATE:21.06.2017

MANIYAMMAI A S	
MAHESWARI P	
LAKSHMIPRIYA V	
LAAVANYA R	
KISHOR KUMAR M K	
KIRUTHIKA V	
KIRUTHIKA R	
KIRITHIGA I S	
KAVERI S	
KARUNANIDHI K	
KARTHIBAN R	
ISHWARYA M	
HARISH KUMAR N	
HARICHANDRIKA K	
HAMSA.E	
GUNASEELI.B	
GOWTHAM M	
GOWRI SHANKARI. S	
GOPALA KRISHNAN G	
ELUMALAI V	
DURGA DEVI	
DINESHUKUMAR K	
DHIVYA DHARSHINI T	
DHARANI M	
DHANALAKSHMI. E	
DEEPA RANJANI D	
CATHERIN A	
BHAVITHRA D	
BALAJI R	
ASHOKKUMAR A	
ARUNKUMAR R	
ARTHI I	
ARIVUSUDAR S	
ARCHANA P	
ARCHANA A	
ANITHA M	
AFRIN A	
AAFIYA RESHMA S	

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
Hospital Road, Melmaruvathur
Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

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LEARN & LEAD

Certificate of Participation

This is to Certify that S. PRITHVI RAJAN *has actively participated in the Yoga and Wellness Program on "Yoga & Pranayama" held on 21.06.2017 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S. Senthiga Kannan, MDS.,
ADHIPARASAKTHI

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Certificate of Participation

This is to Certify that _____ has actively participated in the Yoga and Wellness Program on "Yoga" held on 21.06.2017 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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STUDENT WELFARE COMMITTEE, APDCH

Cordially invites you all
For program on

YOGA AND WELLNESS

PRANAYAMA & MEDITATION

SPEAKER: MR. GANESH

VENUE: Platinum Jubilee Auditorium

DATE: 21/06/2017

TIME: 02.00 pm to 04:00 pm

PARTICIPANT: CRRI, APDCH

Program Schedule :

02:00 Pm: Welcome Address by Dr. Dhivya

02:15 Pm: Session 1 (Pranayama)

03:05 Pm: Session 2 (Meditation)

3:55 Pm: Vote of Thanks

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14.6.2017

CIRCULAR

We wish to bring to your kind notice that we are conducting a program on the topic **"yoga and wellness – Pranayama and meditation"** on 21.6.2017 from 2:00 PM to 4:00 PM in Platinum Jubilee auditorium for CRRI Students.

Details of the program:

- Speaker: Mr. Ganesh
- Venue: Platinum Jubilee auditorium

K.Dhivya
STUDENTS WELFARE COMMITTEE

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

POST EVENT REPORT

Name of the event	: Analytical skill development
Date of the Event	: 17.02.2018
Organizing Department	: Student welfare committee
Location of Event	: Platinum Jubilee auditorium , APDCH
Time	: 3 pm to 5 pm
Topic	: Logical reasoning
Guest Speaker	: Mr. Chinamani

SUMMARY

Soft tissue skill training on logical reasoning was conducted by student welfare committee. It was conducted in Platinum Jubilee auditorium, APDCH. The guest speaker for the day was Mr. Chinamani, analytical skill trainer. The program was mainly organized for II BDS students of APDCH. Welcome address was given by Dr. Dhivya, MDS member secretary of student welfare committee. The session had a meeting and training on logical reasoning which basically guides the student in getting general aptitude to arrive at at a logical conclusion or solution to a given problem. Students trained to get to be used with critical thinking, analytical thinking, and involving thinking and logic for understanding any given concept. Students were highly

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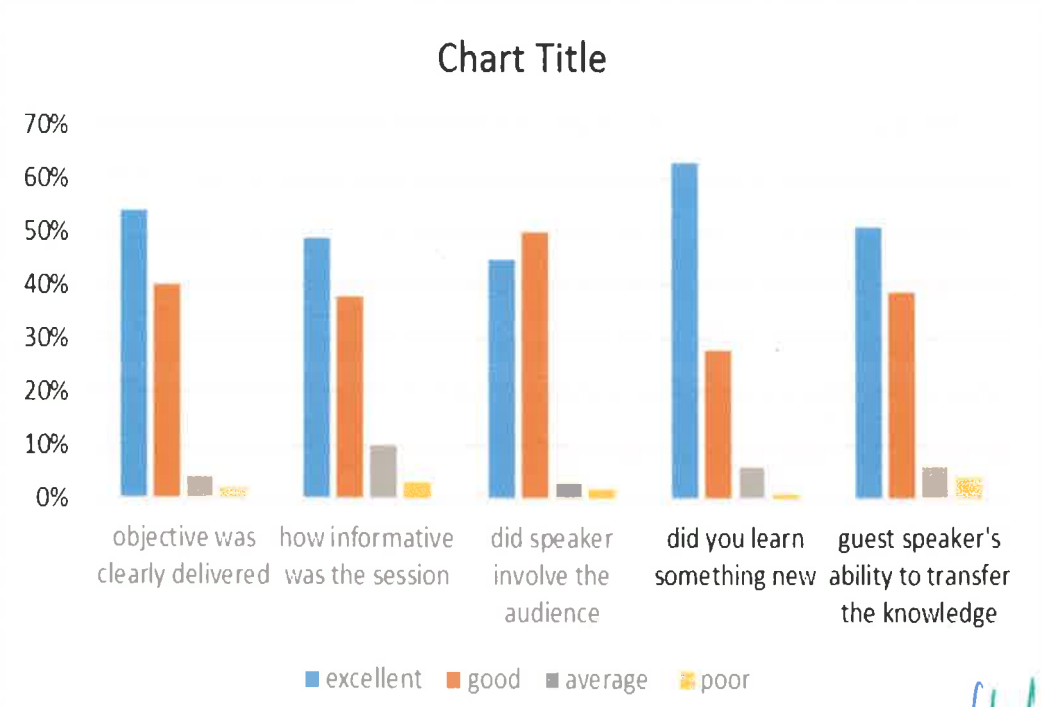
enthusiastic in learning the skills. Session completed with feedback and clarification. Guest speaker was honored with a certificate and shield. Vote of thanks was given by Dr. Sumanth, MDS member of student welfare committee.

Student welfare committee

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

FEEDBACK:



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STUDENTS ATTENDING THE ANALYTICAL SKILL DEVELOPMENT PROGRAMME

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: ANALYTICAL SKILL DEVELOPMENT – LOGICAL REASONING. DATE: 17.02.2018

ABINAYA.B	
ABINAYA.R.C	
AKSHAYA.M. S. K	
ANUSHA.R	
ASIMANAZARIN.S	
ASWIN.S	
BANUPRIYA.K	
BHUVANESWARI.T	
DARAKSHAN FATHIMA.T	
DEEPAK.R	
DESIYAKAVI.S	
DEVIPRIYA.E	
DIVYA.R	
DIVYASHREE.K.V	
DURGA.R	
GOVINDA RAJAA.V.K	
HARIHARAN.V. R	
HEMAMALINI.T	
INBAMANI.N	
JAGADEESHWAR.N	
JAINAFF.J	
JANANI.R	
JANURTHIKA .R.S	
JAYASHREE.V	
JENCY ABARNA.S	
JENISHA.J	
KANMANI.G	
KAVITHA SREE.P	
KIRUTHIKA.S	

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: ANALYTICAL SKILL DEVELOPMENT – LOGICAL REASONING. DATE: 17.02.2018

KOTHAIARASI.G.E	
LAARANYA	
MANJU.R	
MANJULA.M	
MEENATCHI.G	
MEGAZABEEN.U	
MELINDA DAPHINE NIMMY.F	
MOHAMEDASHIK.A	
MUNIRA.S	
MUTHURATCHITHA.D	
PANJALIARASI.N	
PAVITHRA.B	
POONGODHAI.S	
PRIYADARSHINI.NA	
PRIYANKA.S	
PRIYANKA.V	
RASHMIKA.M	
RAVINA SRI.N	
RESHMI THERAS.J	
RITHANIKA.A	
SAGITHYA.A	
SAKTHI PRIYA.M	
SALAI SARUMATHI.S	
SANDHIYA.R	
SANKARI.S	
SARUMATHI.U	
SASTIMANI.P.M	
SHRUTHI.V	
SINDUJA.K.B	

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: ANALYTICAL SKILL DEVELOPMENT – LOGICAL REASONING. DATE: 17.02.2018

SOORYA PRASAD.S	
SOUNDARYA.S	
SRI JANANI.S	
SRUTHI.M.A	
STEFFI INIYA.D	
SUDHARSANA DEVI.S	
SUSHMITHA.B	
SWEETHA.K	
THARMARAJ.P	
THEVETHA.K	
THILAGAVATHY.P	
USHANANDHINI.S	
VAISHALI.R	
VELMURUGAN.K	
VIDHYA LAKSHMI.M	
VIDHYASAGAR .RM	
VINOSHINI.S	
VINU PRIYA.B	
VISALINI.B	
VISHRUTHA.P	
YUVASREE.M	
PRIYA.R.S	
SOORYA PRASAD.S	
SOUNDARYA.S	
SRI JANANI.S	
SRUTHI.M.A	
STEFFI INIYA.D	
SUDHARSANA DEVI.S	
SUSHMITHA.B	
SWEETHA.K	

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This is to Certify that S. SANKARI has actively participated in the Analytical skill development program - logical reasoning (soft skill training) held on 17.02.2018 conducted at Adhiparasakthi Dental College and hospital, Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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Correspondent

Dr. M. Thillainayagam
Principal

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STUDENT WELFARE COMMITTEE, APDCH

CORDIALLY INVITES YOU ALL

FOR PROGRAM ON

LOGICAL REASONING

VENUE: Platinum Jubilee Auditorium

DATE: 17/02/2018

TIME: 3.00 pm to 5.00 pm

SPEAKER: Mr. China Mani

ANALYTICAL SKILL TRAINER

PARTICIPANTS: II BDS, APDCH

Program Schedule :

3:00 Pm: Welcome Address by Dr. Dhivya

4.00 Pm: Lecture on Logical reasoning

4:55 Pm: Vote of Thanks

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12.2.2018

CIRCULAR

We wish to bring to your kind notice that we are conducting an Analytical skills development program on the topic **"Logical reasoning"** on 17.2.2018 from 3:00 PM to 5:00 PM for II BDS Students.

Details of the program:

- Speaker: Mr. China mani
- Venue: Platinum Jubilee auditorium

K.Dhivya
STUDENTS WELFARE COMMITTEE

PRINCIPAL
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Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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Tamil Nadu - 603 319

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Melmaruvathur - 603 319

POST EVENT REPORT

1) Name of the event : Soft skills training

2) Date of the Event : 17.03.2018

3) Organizing Department : Student welfare committee

4) Venue of Event : Mini conference hall, APDCH

5) Time :3.00 pm – 5.00pm

6) Topic : Human values & its impact on society

7) Guest Speaker :Mr. Sarath Kurupath,

Soft Skill trainer

SUMMARY

Soft skill training on Human values &their impact on society was conducted by the student welfare committee, APDCH. The program was conducted in the mini conference hall of APDCH. Mr. Sarath Kurupath was the guest speaker for the event. The program was mainly organized for IV BDS students. He is an excellent soft skill trainer and has done so many training programs. The welcome address was given by Dr. Dhivya, MDS, member secretory of the staff welfare committee. This was followed by a speech by a guest speaker. The training enlightens our faculties in the development of general knowledge, common-sense, problem-

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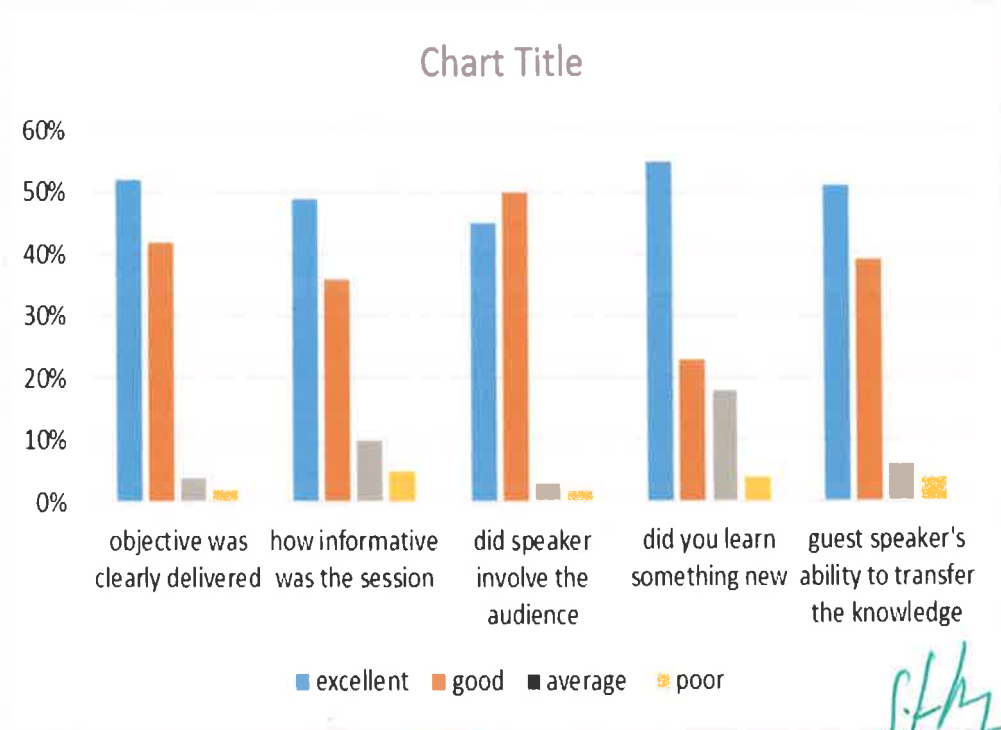
solving skills, perseverance in the face of difficulties, goals, teamwork, tolerance, and understanding the difference between individuals. The guest speaker was honored with a shield and certificate. Dr. Sumanth, MDS from the staff welfare committee completed the event with a vote of thanks. Feedback was received and analyzed.

Student welfare committee

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

FEEDBACK:



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STUDENTS & FACULTIES ATTENDING SOFT SKILL TRAINING PROGRAMME ON HUMAN VALUES & ITS' IMPACT ON SOCIETY

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: HUMAN VALUES & ITS IMPACT ON SOCIETY DATE:17.3.2018

ANBURAJ.R	
BHUVANA R	
AYEESHA JENIFER.M.G	.M.G
DINESH BHARADWAJ C V	
KAVIPRIYA G	
SATHIYAMOORTHY S	
ANBURAJ.R	.R
LAKSHMIPATHI. V	
ABINAYA V	V
NAVEEN KUMAR B	.B
NITHYALAKSHMI E	.E
PREETHI.M	.M
DINESH BHARADWAJ.C.V	.C.V
AARTHI.S	.S
AJIT RAJ.T	.T
ANJANA.K.S.	
ARBASS.J	
ARUN PANDIAN.R	R
ASHIKA.S	
ASHTALAKSHMI.S	.S
ASHWINI.D	.D
AVINASH.V	
AVINYAA.G	.D
BALAJI.A.D	.R
BALAJI.R	
BAVITHRA.S	
BHUVANESHWARI.V	.V
CHANDRA KALA.S	.S
CHRISTY RATNA.P	.P
GLADWIN.S	.S

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: HUMAN VALUES & ITS IMPACT ON SOCIETY DATE:17.3.2018

HARENEE.M	Hareenee M
HARINI.A	Harini A
HARIPRIYA.S	Haripriya S
ISWARIYA.A	Ishwariya A
JAYAKANTHAN.J	
JEEVEDHA.M	Jeevedha
JEYASHREE BHUVANESHWARI.R	Jeyashree
JOSEPHINE FLORA.A	
KALAIMAGAL.K	Kalaimagal K
KARANRAJ.M.V	Karanraj M.V
KAVI PRIYA.P	
KAVI PRIYA.M	
KIRAN KUMAR.E	Kiran Kumar E
LALITHA PRIYA.G.C	Lalithapriya G
LOCHANA.K	Lochana K
LOGANAYAGI.M	
LOGITHA.T	Logitha T
MADHUPRIYA.R	Madhu M
MADHUVANDHI.M	Madhuvandhi M
MARIYAM FALEELA.M	Mariyam Faleela M
MEENA.G	
MOHAMED BISMI ELLAHIYA.J	
MONISHA.K	Monisha R
MONISHA.R	
MUGILAN.S	Mugilan S
MUTHUVELAMMAL @ SWETHA.S	Swetha S
NAGA DHIVYA.N	Nagadhivya G
NANDHINI.G	
NAVEEN KUMAR.M	Naveenkumar
NAVEENKUMAR.M	
NIVEDHA.C.S	Nivedha C.S
PAVITHRA.B	Pavithra B

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: HUMAN VALUES & ITS IMPACT ON SOCIETY DATE:17.3.2018

PONVADHANI.R	
POOVARASAN.M	
PRAVEENKUMAR.S	
PREM VISHVA.N	
PRIYADHARSINI.S	
PRIYANKA.K.V	
RAGAPRIYA.K	
RAGHUPATHY.K	
RAJASRI.R	
RANJITH.M	
REETHU.D	
RETHINA BHARATHI.M	
SAKTHI.S	
SANGAVI.B	
SANMUGAPIRIYA.R	
SARATH KUMAR.R	
SILAMPARASAN.S.R	
SINDHUMATHI.K	
SOUNDHARYA.R	
SUGANYA.B	
SUMITHRA DEVI.K.S	
SURIYA.C	
SUTHAKAR.P	
SWETHA.P	
VISHNUVARTHAN.G	
YAMINI.K	

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Certificate of Participation

This is to Certify that KARANRAJ. M.V *has actively participated in the Personality and Professional Development Skill Program on "Human values and its impact on society" held on 17.03.2018 conducted at Adhiparasakthi Dental College and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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Prof.Dr.S.Karuniga Kannan, MDS.,
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Correspondent

Dr. M. Thillainayagam
Principal

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Student welfare committee, APDCH

Cordially invites you all
for program on

HUMAN VALUES & IMPACT ON SOCIETY

SPEAKER: Mr. Sarath Kurupath
SOFT SKILL TRAINER

PARTICIPANTS: IV BDS

VENUE: Mini Conference Hall

DATE: 17/03/2018

TIME: 03.00 pm to 05.00 pm

Program Schedule :

03:00 Pm: Welcome Address by Dr. Dhivya

03:05 Pm: Session on Human values & impa
society

04:55 Pm: Vote of Thanks

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13.3.2018

CIRCULAR

We wish to bring to your kind notice that we are conducting a Human Value development program on the topic **"Human values and its impact on society"** on 17.3.2018 from 3:00 PM to 5:00 PM in Mini conference Hall for IV BDS Students.

Details of the program:

- Speaker : Mr Sarath Kurupath
- Venue : Mini Conference hall

K. Dhivya
STUDENTS WELFARE COMMITTEE

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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POST EVENT REPORT

Name of the event	: Personality and professional development
Date of the Event	: 09.08.2017
Organizing Department	: Student welfare committee
Location of Event	: Lecture hall, APDCH
Time	: 3.30 pm to 5.30 pm
Topic	: Behavioral changes under pressure
Guest Speaker	: Mrs. Mary Stella

SUMMARY

Soft tissue skill training was conducted by student welfare committee on the topic of behavioral changes under pressure. It was conducted in Lecture hall, APDCH. The guest speaker for the day was Mrs. Mary stella, soft skill trainer. The program was mainly organized for III BDS students of APDCH. Welcome address was given by Dr. Dhivya, MDS member secretary of student welfare committee. The session had a discussion which basically guides the student in getting out of stress in various situations. The session was focusing mainly on managing the workplace culture so that they can

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Tamil Nadu - 603 319

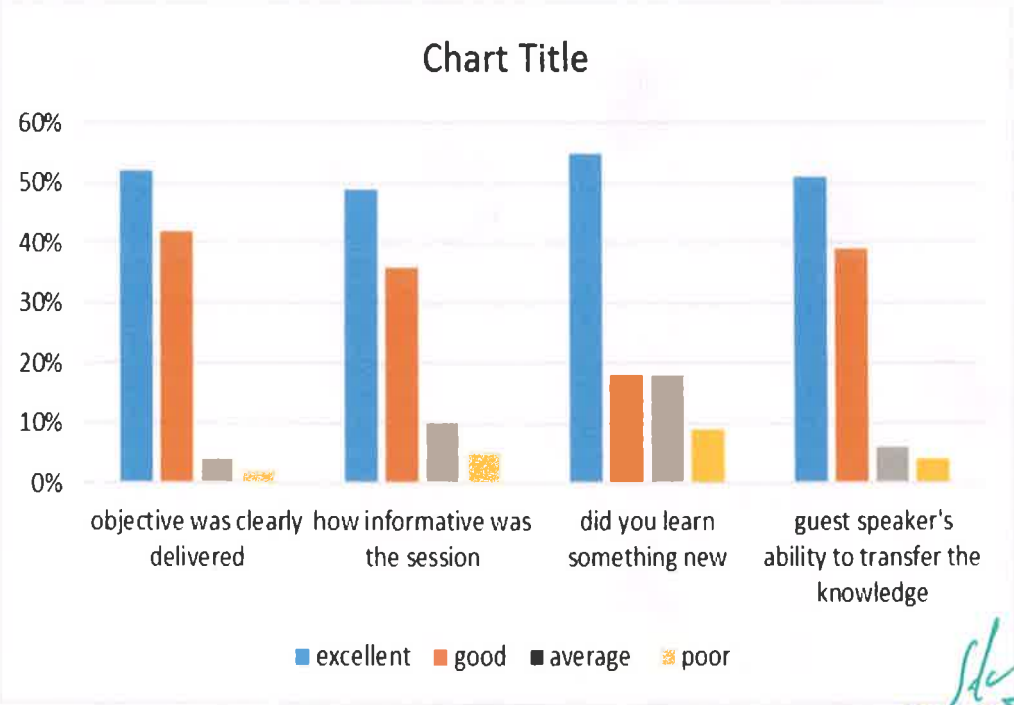
enable concentration, increase performance and energy into motivation. Students were enthusiastically participated in the training program. The program also focused on stress management in the workplace and laughter therapy. The guest speaker was honored with a certificate and shield. A vote of thanks was given by Dr. Sumanth, MDS member of the student welfare committee. Feedback was received and analyzed.

STUDENT WELFARE COMMITTEE

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

FEEDBACK:



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Mrs. MARY STELLA TRAINING OUR STUDENTS FOR BEHAVIOURAL CHANGES UNDER PRESSURE

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: Personality development - BEHAVIORAL CHANGES UNDER PRESSURE DATE: 09.08.2017

BHUVANA R	
PRATHAP S	
PREM VISHVA N	
KIRUBASANKAR.A	
KISHOREKUMAR.A	
YELTSIN.J	
YOKESH.D	
ABINAYASHREE P	
ABIRAMI R	
AISHWARYA LAKKSHME M	
ALEXKUMAR L	
ANGAPPAN K	
ANUSHA A	
APARNA R	
ARUN DIVAKAR S	
ARUNASRI S	
ARUNKUMAR P	
ASHWINTH L M	
BHARATHI M	
BHUVANESWARI B	
BHUVANESWARI N	
BOBBY SHARAN B	
DEEBAKRAJ N	
DEEPA S	
DEEPIKA K	
DEEPIKA S	
DURGA S	
FAHIMA AAFRIN R	
GAAYATHRI L	
GAYATHRI N	
GAYATHRI S	
GAYATHRI V	
GEETHA M	
GOKUL R	

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: Personality development - BEHAVIORAL CHANGES UNDER PRESSURE DATE: 09.08.2017

HEMALATHA P	Hemalatha P
IJAZKHAN M	
JAYASHANTHINI J	Jayashanthini J
KALAIARASI A	Kalaiarasi
KAMALI K	Kamali
KARTHIKA E	Karthika E
KARTHIKA M	Karthika
KAVISHREE K V	Kavishree
KAVIYA SHRI R	
KOKILA S	Kokila
MADHUMALAR M	Madhumalar M
MANOSRI D	Manosri D
MEHA JABEEN S Y	Megajabeen
MOHAMED YACOOB S	
MOHANARANGAN R	
MUNI KRISHNAN C	Munikrishnan
MYTHILI V	Mythili V
NANDHINIPRIYA B	Nandhinipriya
NATTIYA R	
NEENA K	Neena K
NIVEDHA A	Nivedha
NIVEDHA M	
PADMAVATHY E	Padmavathy E
PANKAJYAHAVAN M G	Pankaj
PAVITHRA R	
PAVITHRA S	Pavithra S
PHIRANAV R	Phiranav
POONGUZHALNALLI K	Poongu
PRABHAVATHY R	Prabhavathy
PRASANNA GUNAVATHY T	
PRIYADHARSHINI E	E. Priyadharshini
PRIYADHARSHINI M	Priya
PRIYANKA C	Priyanka C
RESHMA N	Resh
RUTHRAPRIYA A	Ruthrapriya A

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: Personality development - BEHAVIORAL CHANGES UNDER PRESSURE DATE: 09.08.2017

SAKTHISHA K	
SALINI M	
SANDHIYA M	
SANDHYA T	
SARATHA PRIYA M	
SHANKARI D	
SHRI SAHANY S	
SHRIJHA G	
SINDHUJA M	
SIVA GURU V	
SOWMIYA S	
SUBHA ANCHANA S	
SUCHINDRAN K	
SUDHANISH N	
SUJATHA P	
SURYANARAYANAN T	
SWETHA R	
THARINIPRIYA C R	
THENDRAL M	
USHAA NANDHINI S	
VAISHALI VAIRAM J	
VAISHNAVI M	
VIGNESH A M	
VIJAYALAKSHMI A	
VIMALA RANJHANI V S	
YASHIKA S	
YOGESHWAR P	
SIVARANJANI G	

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Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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Correspondent

Dr. M. Thillainayagam
Principal

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STUDENT WELFARE

COMMITTEE, APDCH

Cordially invites you all

for program on

BEHAVIORAL CHANGES UNDER PRESSURE

SPEAKER: MRS. MARY STELLA
SOFT SKILL TRAINER

PARTICIPANTS: III BDS, APDCH

VENUE: Lecture Hall

DATE: 09/08/2017

TIME: 03.30 pm to 05.30 pm

Program Schedule :

03:30 Pm: Welcome Address by Dr. Dhivya

03:35 Pm: Session on Behavioural changes under pressure

05:25 Pm: Vote of Thanks

PRINCIPAL
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05.8.2017

CIRCULAR

We wish to bring to your kind notice that we are conducting a Personality and Professional development program on the topic **"Behavioural changes under pressure"** on 09.8.2017 from 3.30 PM to 5:30 PM in Lecture Hall for III BDS Students.

Details of the program:

- Speaker: Mr Mary stella
- Venue : Lecture hall

K. Dhivya
STUDENTS WELFARE COMMITTEE

PRINCIPAL
PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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Adhiparasakthi Dental College and Hospital

POST EVENT REPORT

Name of the event	: Employability skill development
Date of the Event	: 01.03.2018
Organizing Departmen	: Student welfare committee
Location of Event	: Seminar Hall, APDCH
Time	:2 pm to 3 pm
Topic	: Profile Filing
Guest Speaker	: Mr. Praveen, Soft skill trainer.

SUMMARY

Soft tissue skill training on Profile filing was conducted by the student welfare committee. It was conducted in Seminar hall, APDCH. The guest speaker for the day was Mr. Praveen, the soft skill trainer. The program was mainly organized for postgraduate students of APDCH. The welcome address was given by Dr. Dhivya, MDS member secretary of the student welfare committee. The session had a focus on postgraduate students who are going for job search after completion. It mainly focused on creating an individual profile for each and every student to show their skills and accomplishments.

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Profile filing guides students in showing their uniqueness in their profile. This training also provided the students with tips on employee skill developments and tricks to handle the employer. Students were benefitted from this training so much. The guest speaker was awarded a certificate. Dr. Sumanth, MDS from the student welfare committee gave the vote of thanks. Feedback was received and analyzed.

Student welfare committee

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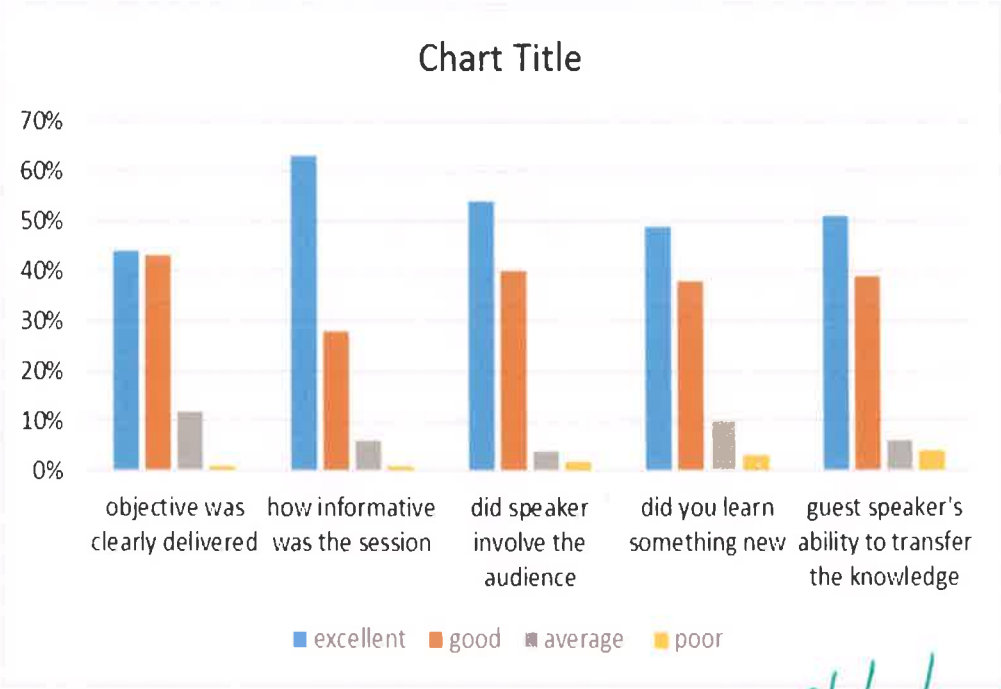
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

FEEDBACK



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Mr. PRAVEEN DEMONSTRATING THE PG STUDENTS FOR PROFILE FILING

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: PROFILE FILLING DATE: 01.03.2018

Dr.YOGHA PADHMA.A	
Dr.VAIBHAVI.T	
Dr.KANAGA PRIYAA.V	
Dr.ANU BHARATHY.M	
Dr.KISHOR KUMAR.K.N	
Dr.VINOTH.K	
Dr.HARIGANESH.P	
Dr.CHINNAIAH.R	
Dr.VEERAMUTHU.M	
Dr.MEJALLA.M.A	
Dr.RAMNATH.E	
Dr.JEEVITHA MANI	
Dr.MITHRA.R	
Dr.KABILAN.P	
Dr.GANAGAMANI A T	
Dr.NITHYA PRIYA S	
Dr.VIDHU ANTONY	
Dr.DHIVYA R	
Dr.INDUMATHI P	
Dr.BARATHVIKRAMAN R.S	
Dr.DURAI MURUGAN S	
Dr.MOHANKUMAR N	
Dr.REEJA Y	
Dr.SANTHOSH KUMAR K	
Dr.SARATH B	
Dr.VIJAYASRI M	

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Certificate of Participation

This is to Certify that Dr. KABILAN. P *has actively participated in the Employability skill training program on "Profile Filing" held on 01.03.2018 conducted at Adhiparasakthi Dental College and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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Student welfare Committee, APDCH

Invites you all

for a program on

PROFILE FILLING

DATE: 01/03/2018

TIME: 02.00 pm to 3.00 pm

Speaker: ***Mr. Praveen***

Soft Skill Trainer

VENUE: Seminar Hall

PARTICIPANTS:

Post graduates APDCH

Program Schedule :

- 02:00 Pm: Welcome Address by Dr. Dhivya
- 02:05 Pm: Session 1 (Employability skill development)
- 02:15 Pm: Session 2 (Profile filling)
- 02:55 Pm: Vote of Thanks

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26.2.2018

CIRCULAR

We wish to bring to your kind notice that we are conducting a Employability skill development program on the topic **"Profile filing"** on 1.3.2018 from 2:00 PM to 3:00 PM in Seminar Hall for Post graduate Students.

Details of the program:

- Speaker : Mr. Praveen
- Venue : Seminar Hall

K.Dhivya

STUDENTS WELFARE COMMITTEE

PRINCIPAL

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Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

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Adhiparasakthi Dental College and Hospital * Melmaruvathur - 603 319 *

POST EVENT REPORT

Name of the event : Personality and Professional development

Date of the Event : 19.05.2018

Organizing Department : Student welfare committee

Location of Event : Lecture Hall, APDCH

Time : 3.30 pm to 4.30 pm

Topic : Leadership qualities

Guest Speaker : Mrs. Mary Stella

Creative consultant.

SUMMARY

Soft tissue skill training on leadership quality was conducted by the student welfare committee. It was conducted in Lecture hall, APDCH. The guest speaker for the day was Mrs. Mary stella, the soft skill trainer. The program was mainly organized for CRRI students of APDCH. The welcome address was given by Dr. Dhivya, MDS member secretary of the student welfare committee. The session had a meeting and training on leadership qualities basically guides the student in getting an attitude towards leadership quality. The leadership quality training promotes the students to increase the

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ability to deal with people and a positive flexible attitude. It guides students in communication, empathy, delegation, flexibility, teamwork, problem-solving, leadership, and the process of setting goals, influencing people through persuasion. The guest speaker was awarded a certificate. Dr. Sumanth, MDS from the student welfare committee gave the vote of thanks. Feedback was received and analyzed.

Student welfare committee

PRINCIPAL

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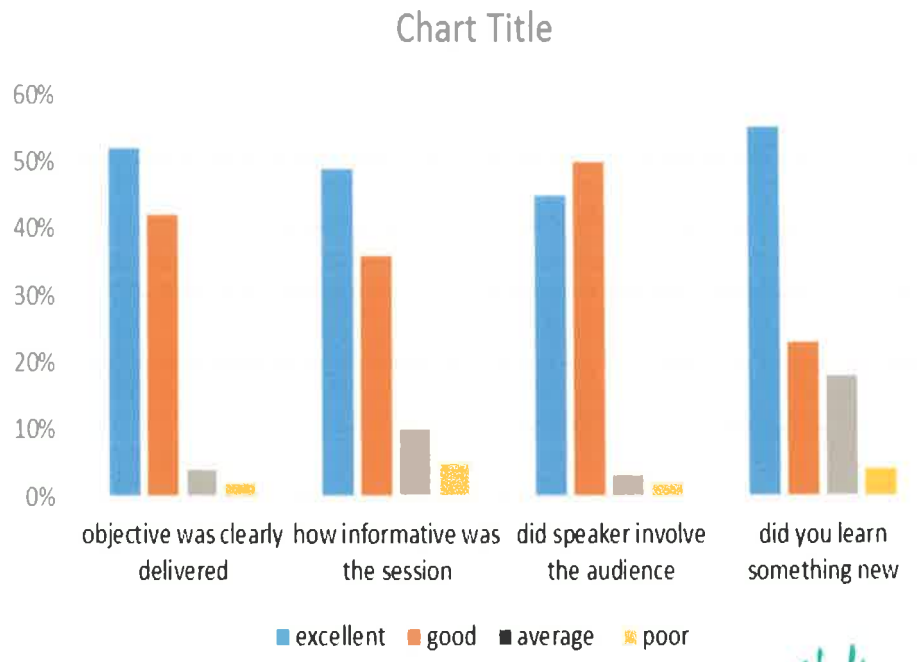
Melmaruvathur - 603 319.

FEEDBACK



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Mrs. MARY STELLA TRAINING OUR STUDENTS FOR LEADERSHIP QUALITIES

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: LEADERSHIP QUALITIES DATE: 19.05.2018

SUNKARA TEJASWINI	
YUVAPRIYA S	Yuvapriya.
YAMINI GURUSWAMY	Yamini Guruswamy
VISHNU. R	Vishnu
VANITHASRI M	Vanithasri
VALARMATHI D	
VAISHALI R	Vaishali.
THIRUMAGAL M	thirumagal
SWATHI H	Swathi
SURYA. V	Surya.
SUMEGHA S	Sumegha.
SUBRAHMANIAN T.V.	Subrahmaniam. TV
SRUTHI S	Sruthi
SRIABINANDHINI T	Sriabinandhini
SRI SANJHANAA C	Sanjhana.
SOWMYA K	
SOWBIA P R	Sowbia.
SIVARANJANI S	
SHIFA AFSHAN H B	Shifa afshan
SHAMEEMA BHARVEEN.M	Bhaveen.
SHABNASRI.S	
SATHIYAPRIYA S	Sathiyapriya
SATHESH R	Sathish.
SASIKALA.K.V	
SANGEETHA V	
SANGATAMIL A	
SAKTHIBALAN M	Sakthibalan
SAKTHI GNANAVEL S	Sakthi
ROJA M	Roja
RESHMA SEN R	

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: LEADERSHIP QUALITIES DATE: 19.05.2018

MANIYAMMAI A S	
MAHESWARI P	
LAKSHMIPRIYA V	
LAAVANYA R	
KISHOR KUMAR M K	
KIRUTHIKA V	
KIRUTHIKA R	
KIRITHIGA I S	
KAVERI S	
KARUNANIDHI K	
KARTHIBAN R	
ISHWARYA M	
HARISH KUMAR N	
HARICHANDRIKA K	
HAMSA.E	
GUNASEELI.B	
GOWTHAM M	
GOWRI SHANKARI. S	
GOPALA KRISHNAN G	
ELUMALAI V	
DURGA DEVI	
DINESHUKUMAR K	
DHIVYA DHARSHINI T	
DHARANI M	
DHANALAKSHMI. E	
DEEPA RANJANI D	
CATHERIN A	
BHAVITHRA D	
BALAJI R	
ASHOKKUMAR A	
ARUNKUMAR R	
ARTHI I	
ARIVUSUDAR S	
ARCHANA P	
ARCHANA A	
ANITHA M	
AFRIN A	
AAFIYA RESHMA S	

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Certificate of Participation

This is to Certify that R. BALAJI *has actively participated in the (Personality and professional skill development) - Leadership Qualities program held on 19.05.2018 conducted at Adhiparasakthi Dental College and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

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Student welfare committee

Cordially invites you all

for program on

LEADERSHIP QUALITIES

SPEAKER: Mrs. Mary Stella

SOFT SKILL TRAINER

PARTICIPANTS:
CRRI APDCH

VENUE: Lecture Hall, APDCH

DATE: 19/05/2018

TIME: 3.30 pm – 4.30 pm

Program Schedule :

3.30 Pm: Welcome Address by Dr. Dhi

3.45 Pm: Session on Leadership quali

4.25 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI

Om Sakthi

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15.5.2018

CIRCULAR

We wish to bring to your kind notice that we are conducting a Personality and Professional development program on the topic **"Leadership qualities"** on 19.5.2018 from 3.30 PM to 4.30 PM in Lecture Hall for CRRI Students.

Details of the program:

- Speaker : Mr. Mary Stella
- Venue : Lecture hall

K.Dhivya

STUDENTS WELFARE COMMITTEE

PRINCIPAL

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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ACADEMIC YEAR 2016-17

5.1.2 – CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES EMPLOYED BY THE INSTITUTION FOR STUDENTS FOR THE ACADEMIC YEAR 2016-17

SOFT SKILL TRAINING PROGRAM – 2016-17

S.No	Date	Time	Venue	Year and No.of Students Benefitted	Topic	Trainer
1.	12/11/2016	3.00 PM TO 5.00 PM	Mini Conference hall	I BDS - 70	Soft Skills program – Personal Goal Setting	Mr Dwarakhnath
2.	11/05/2017	1.00 PM TO 3.00 PM	Platinum jubilee Hall	II BDS - 80	Communication Skills- managing difficult conversations	Mr Vignesh
3.	21/06/2016	2.00 PM TO 4.00 PM	Platinum Jubilee Auditorium	II BDS - 80	Yoga and Wellness – union of body , mind and energy	Mr Sathish kumar
4.	17/12/2016	2.00 PM TO 4.00 PM	Mini Conference Hall	IV BDS - 80	Analytical Skill Development – Ability to multitask	Ms Kokila
5.	19/05/2017	3.30 PM TO 5.30 PM	Platinum jubilee Hall	III BDS – 83	Human value development – ethics in life	Mrs Lavanya Rajesh
6.	16/02/2017	2.00 PM TO 4.00 PM	Mini Conference Hall	CRRIs - 78	Personality and professional Development – Personal Grooming	Mr Neelratn
7.	18/03/2017	11.30 AM TO 1.30 PM	Lecture hall	CRRIs - 78	Employability Skill Development – How to face an interview	Mr Johnson

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2016-2017 SOFT SKILL DEVELOPMENT PROGRAM – PERSONAL GOAL SETTING

POST EVENT REPORT

A soft skill program on "Personal goal setting" was organised and conducted for First year BDS students by Students' Welfare committee in Mini conference hall, APDCH on 12/11/2016 between 3 pm and 5 pm .

Speaker was Mr. Dwarakhanath. He is a prominent soft skill trainer with many years of experience. He is engaged in taking soft skill classes and training programs in various colleges at state level. He has conducted trainings on various soft skill development topics to students across the state.

The highlights of his session are as follows:

Self-motivation and goal setting refers to the power of someone to stay motivated without the influence of other situations and people. Self-motivated people always find a way to reason and strength to complete a task. Also, they do not need other people to encourage them to perform a challenging task. These points were emphasized by the speaker and following points were highlighted:

- Realizing and working on your self-motivation skills will make you capable of taking control of different aspects of life.
- The critical elements of goal setting are resilience and optimism.
- Goal setting also helps in making you active in lifeThe program was very useful and informative to all the students . Feedback was received and analysed.

K.Dhivya

Students' Welfare Committee

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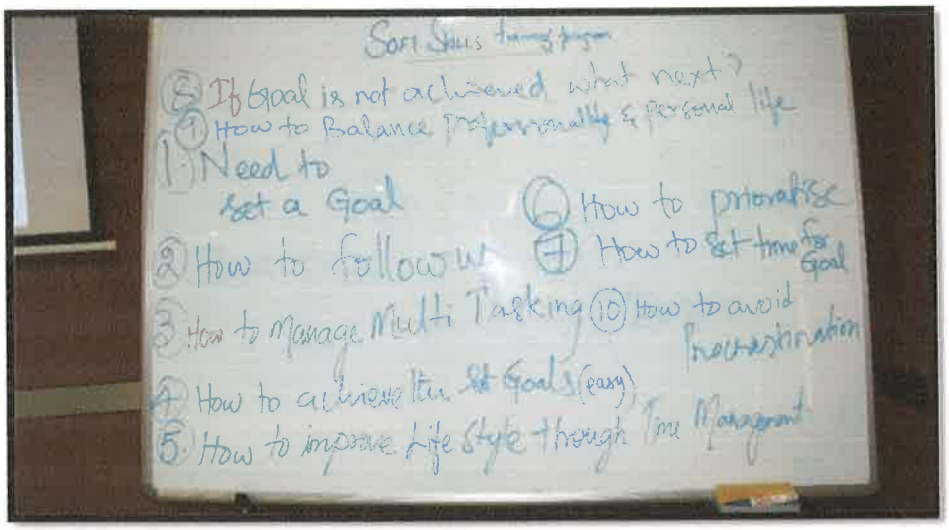
DISCUSSION ABOUT GOAL SETTING



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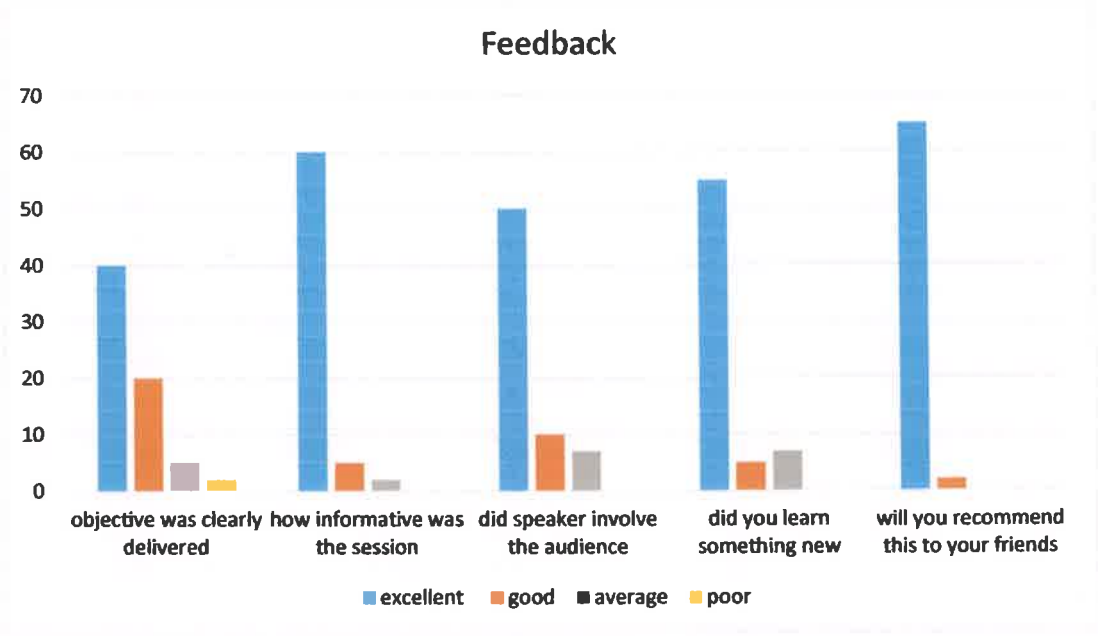

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ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: PERSONAL GOAL SETTING DATE: 12/11/2016

NAVINKUMAR.T	
ABINAYA.B	
ABINAYA.R.C	
AKSHAYA M. S. K	
ANITHA.B	
ANUSHA R	
ASIMANAZARIN.S	
ASWIN.S	
BANUPRIYA K	
BHUVANESWARI.T	
DARAKSHAN FATHIMA.T	
DEEPAK.R	
DEEPIKA.A	
DESIYAKAVI.S	
DEVIPRIYA.E	
DIVYA.R	
DIVYASHREE K.V	
DURGA.R	
GOVINDA RAJAA.V.K	
HARIHARAN.V. R	
HEMAMALINI.T	
INBAMANI.N	
JAGADEESHWAR.N	
JAINAFF.J	
JANANI.R	
JANURTHIKA .R.S	
JAYASHREE.V	
JENCY ABARNA.S	
JENISHA J	
KANMANI.G	
KAVITHA SREE.P	
KIRUTHIKA.S	
KIRUTHIKA.T.M	
KOTHAIARASI.G.E	
LAARANYA.S	

PRINCIPAL

Prof.Dr.S.Karthiga Kannan

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LAKSHMAN.A.P	
MAHALAKSHMI.S	
MANJU.R	
MANJULA.M	
MEENATCHI.G	
MEGAZABEEN.U	
MELINDA DAPHINE NIMMY.F	
MOHAMEDASHIK.A	
MUNIRA.S	
MUTHURATCHITHA.D	
NIRUBAMA.A	
NIVETHA.R	
PANJALIARASI.N	
PAVITHRA.B	
POOJA.R	
POONGODHAI.S	
PRIYADARSHINI.NA	
PRIYANKA.S	
PRIYANKA.V	
RASHMIKA.M	
RAVINA SRI.N	
RESHMI THERAS.J	
RITHANIKA.A	
SAGITHYA.A	
SAKTHI PRIYA.M	
SALAI SARUMATHI.S	
SANDHIYA.R	
SANKARI.S	
SARUMATHI.U	
SASTIMANI.P.M	
SHRUTHI.V	
SINDUJA.K.B	
SOORYA PRASAD.S	
SOUNDARYA.S	
SRI JANANI.S	
SRUTHI.M.A	
STEFFI INIYA.D	
SUBHASHINI.B	
SUDHARSANA DEVI.S	
SUSHMITHA.B	
SWEETHA.K	
THARMARAJ.P	
THEVETHA.K	
THILAGAVATHY.P	
USHANANDHINI.S	

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VAISHALI.R	
VELMURUGAN.K	
VIDHYA LAKSHMI.M	
VIDHYASAGAR .RM	
VINOSHINI.S	
VINU PRIYA.B	
VISALINI.B	
VISHRUTHA.P	
YUVASREE.M	
PRIYA.R.S	
APOORVA V S	
DHANALAKSHMI S	
MUGILAN M R	
NIHAL A SACHDEV	
SARANYA M	
SIMONCCHOUHAN	
SUBEEKSHA V S	

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Certificate of Participation

LEARN & LEAD

*This is to Certify that _____ has actively participated in the Soft Skills Program on "**PERSONAL GOAL SETTING**" held on 12.11.2016 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M.Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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Certificate of Participation

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This is to Certify that T. HEMAMALINI *has actively participated in the Soft Skills Program on "**PERSONAL GOAL SETTING**" held on 12.11.2016 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M.Thillainayagam
Principal

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SOFT SKILLS TEAM, APDCH

Invites you all for a program on

TOPIC: PERSONAL GOAL SETTING

Speaker : Mr Dwarakhanath

PARTICIPANTS: 1st Year BDS, APDCH

VENUE: Mini conference hall

DATE: 12/11/2016
TIME: 3.00 pm to 5.00 pm

Program Schedule :

3:00 Pm: Welcome Address by Dr. Dhivya

3:05 Pm: Session 1 (Individuality)

5:00 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kannan
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01.11.2016

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Personal goal setting"** on 12.11.2016 from 3.00 PM to 5.00 PM in Mini conference hall for 1st year BDS Students.

We request all Heads of the Departments to send 1ST year undergraduate students to attend the program.

Students welfare committee

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
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2016-2017 SOFT SKILL DEVELOPMENT PROGRAM –

LANGUAGE AND COMMUNICATION SKILLS

POST EVENT REPORT

A soft skill program was conducted on "Introduction to communication skills – Managing difficult conversations" by Mr. Vignesh on 11th May, 2017 at Platinum jubilee hall between 1 pm and 3 pm for second BDS students. Communication Skills Development is an invaluable tool to make a career outstanding. Hence the various aspects of self expression for successful communication was discussed with the students. Speaker was Mr. Vignesh is a prominent soft skill trainer with many years of experience. He is engaged in taking soft skill classes and training programs in various colleges at state level. He has conducted trainings on various soft skill development topics to students across the state.

The highlights of his session are as follows:

Communication skills are those skills which are needed to speak and write properly. A person who is able to speak appropriately whilst maintaining eye contact with the audience, uses varied vocabulary and articulate speech to suit the need of the audience is generally said to be an effective speaker.

Similarly, an effective writer should be able to use written words in various styles and techniques to communicate his/her message and ideas to the readers. One should have the ability to listen carefully and write and speak clearly in any situation. Therefore good reading, writing, speaking and listening skills are essential for effective communication.The program was very useful and informative to all the students . Feedback was received and analysed.

Students' Welfare Committee

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PRINCIPAL
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STUDENTS LISTENING TO THE LECTURE

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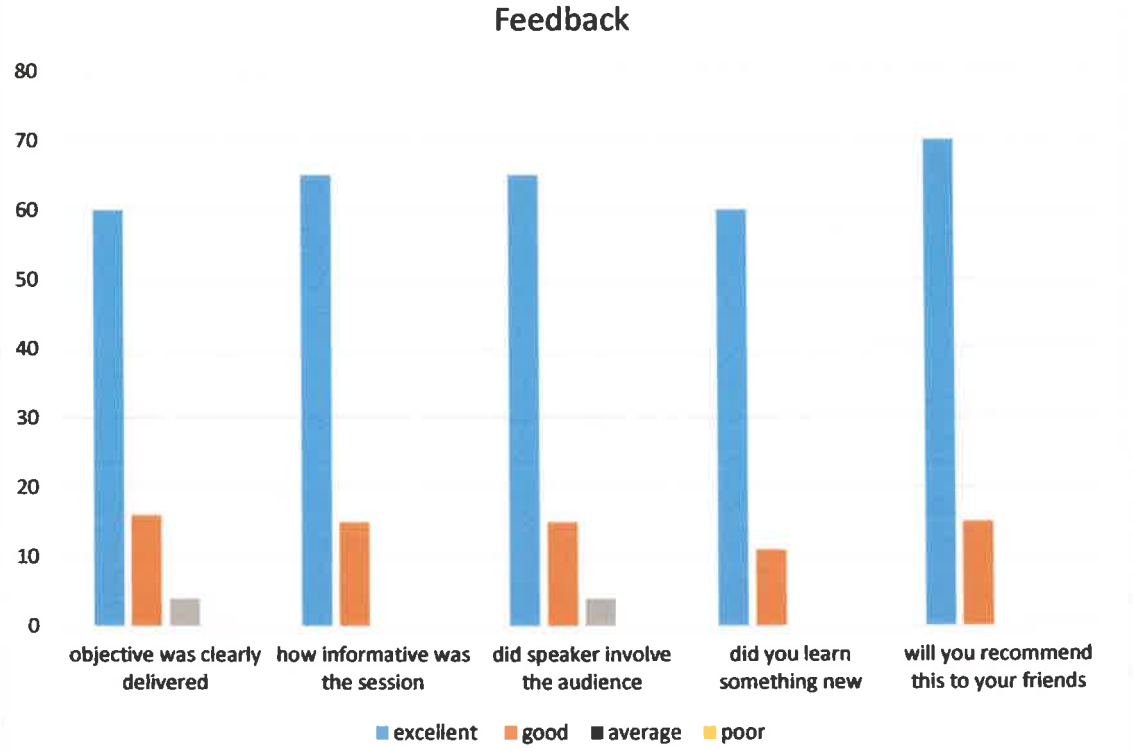

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ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: LANGUAGE AND COMMUNICATION SKILLS- MANAGING DIFFICULT CONVERSATIONS
DATE:11/5/2017

SUBEEKSHA V S	
YELTSIN.J	
KIRUBASANKAR.A	
KISHOREKUMAR.A	
YOKESH.D	
ARUNA DEVI C	
ABINAYASHREE P	
ABIRAMI R	
AISHWARYA LAKKSHME M	
ALEXKUMAR L	
ANGAPPAN K	
ANUSHA A	
APARNA R	
ARUN DIVAKAR S	
ARUNASRI S	
ARUNKUMAR P	
ASHWINTH L M	
BHARATHI M	
BHUVANESWARI B	
BHUVANESWARI N	
BOBBY SHARAN B	
DEEBAKRAJ N	
DEEPA S	
DEEPIKA K	
DEEPIKA S	
DURGA S	
FAHIMA AAFRIN R	
GAAYATHRI L	
GAYATHRI N	
GAYATHRI S	
GAYATHRI V	
GEETHA M	
GOKUL R	
HEMALATHA P	
IJAZKHAN M	
JAYASHANTHINI J	
KALAIARASI A	

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KAMALI K	
KARTHIKA E	
KARTHIKA M	
KAVISHREE K V	
KAVIYA SHRI R	
KOKILA S	
MADHUMALAR M	
MANOSRI D	
MEHA JABEEN S Y	
MOHAMED YACOOB S	
MOHANARANGAN R	
MUNI KRISHNAN C	
MYTHILI V	
NANDHINIPRIYA B	
NATTIYA R	
NEENA K	
NIVEDHA A	
NIVEDHA M	
NIVEDHA N	
PADMAVATHY E	
PANKAJYAHAVAN M G	
PAVITHRA R	
PAVITHRA S	
PHRANAV R	
POONGUZHALNALLI K	
PRABHAVATHY R	
PRASANNA GUNAVATHY T	
PRIYADHARSHINI E	
PRIYADHARSHINI M	
PRIYANKA C	
RESHMA N	
RUTHRAPRIYA A	
SAKTHISHA K	
SALINI M	
SANDHIYA M	
SANDHYA T	
SARATHA PRIYA M	
SHANKARI D	
SHANTHIPRIYA L	
SHARMILA T	
SHRI SAHANY S	
SHRIJHA G	
SINDHUJA M	
SIVA GURU V	
SOWMIYA S	

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*This is to Certify that _____ has actively participated in the Program on "**Managing difficult conversations**" held on 11.05.2017 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M.Thillainayagam
Principal

PRINCIPAL
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This is to Certify that PRIYANKA . C *has actively participated in the Program on "* ***Managing difficult conversations*** *" held on* ***11.05.2017*** *conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M.Thillainayagam
Principal

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SOFT SKILLS TEAM, APDCH

Invites you all for a program on

TOPIC: – MANAGING DIFFICULT CONVERSATIONS

Speaker: Mr Vignesh

PARTICIPANTS: II BDS, APDCH

VENUE: Platinum jubilee Hall

DATE: 11/5/2017

TIME: 1.00 pm to 3.00 pm

Program Schedule :

1:00 Pm: Welcome Address by Dr. Dhivya

1:05 Pm: Session 1

2:55 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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01.05.2017

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Introduction to communication skills"** on 11.05.2017 from 1.00 PM to 3.00 PM at Platinum jubilee hall for 2nd year BDS Students.

We request all Heads of the Departments to send 2nd year BDS students to attend the program.

Student welfare team

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
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2016-2017 SOFT SKILL DEVELOPMENT PROGRAM – YOGA AND WELLNESS

POST EVENT REPORT

A program on "YOGA and WELLNESS" was conducted for II BDS students by Mr. Sathish kumar on 21st June, 2016 between 2 pm and 4 pm in Adhiparasakthi dental college and hospital in Platinum jubilee auditorium. The yoga instructor was Mr. Sathish. He is a prominent soft skill trainer with many years of experience. He is engaged in taking soft skill classes and training programs in various colleges at state level. He has conducted trainings on various soft skill development topics to students across the state.

The highlights of his session are as follows:

Everything that human being can do is essentially an expression of who they are yoga is all about determining as to who you are and what you want to be. The fundamentals of the activity of our brain and our body chemistry can be changed by practicing different systems of yoga.

Yoga is an art and science of healthy living which focuses on bringing harmony between mind and body. The fundamentals of the activity of our brain and our body chemistry can be changed by practicing different systems of yoga. Yoga involves movements, meditation and breathing techniques to promote mental and physical well being.

The program was very useful to all the students . Feedback was received and analysed.

K. Dhivya

Students' Welfare Committee

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

Adhiparasakthi Dental College and Hospital Melmaruvathur - 603 319

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STUDENTS ARE SEATED IN THE HALL FOR YOGA

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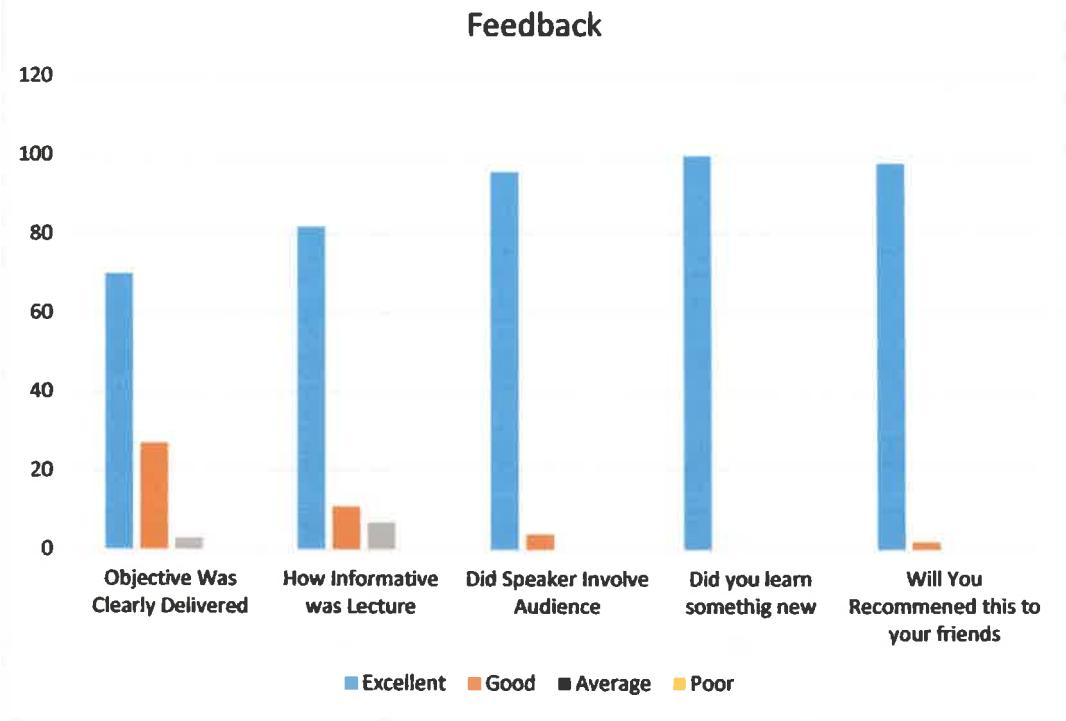

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ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: YOGA AND WELLNESS DATE: 21/06/2016

SUBEEKSHA V S	
YELTSIN.J	
KIRUBASANKAR.A	
KISHOREKUMAR.A	
YOKESH.D	
ARUNA DEVI C	
ABINAYASHREE P	
ABIRAMI R	
AISHWARYA LAKKSHME M	
ALEXKUMAR L	
ANGAPPAN K	
ANUSHA A	
APARNA R	
ARUN DIVAKAR S	
ARUNASRI S	
ARUNKUMAR P	
ASHWINTH L M	
BHARATHI M	
BHUVANESWARI B	
BHUVANESWARI N	
BOBBY SHARAN B	
DEEBAKRAJ N	
DEEPA S	
DEEPIKA K	
DEEPIKA S	
DURGA S	
FAHIMA AAFRIN R	
GAAYATHRI L	
GAYATHRI N	
GAYATHRI S	
GAYATHRI V	
GEETHA M	
GOKUL R	
HEMALATHA P	
IJAZKHAN M	
JAYASHANTHINI J	
KALAIARASI A	

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KAMALI K	
KARTHIKA E	
KARTHIKA M	
KAVISHREE K V	
KAVIYA SHRI R	
KOKILA S	
MADHUMALAR M	
MANOSRI D	
MEHA JABEEN S Y	
MOHAMED YACOOB S	
MOHANARANGAN R	
MUNI KRISHNAN C	
MYTHILI V	
NANDHINIPRIYA B	
NATTIYA R	
NEENA K	
NIVEDHA A	
NIVEDHA M	
NIVEDHA N	
PADMAVATHY E	
PANKAJYAHAVAN M G	
PAVITHRA R	
PAVITHRA S	
PHRANAV R	
POONGUZHALNALLI K	
PRABHAVATHY R	
PRASANNA GUNAVATHY T	
PRIYADHARSHINI E	
PRIYADHARSHINI M	
PRIYANKA C	
RESHMA N	
RUTHRAPRIYA A	
SAKTHISHA K	
SALINI M	
SANDHIYA M	
SANDHYA T	
SARATHA PRIYA M	
SHANKARI D	
SHANTHIPRIYA L	
SHARMILA T	
SHRI SAHANY S	
SHRIJHA G	
SINDHUJA M	
SIVA GURU V	
SOWMIYA S	

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Certificate of Participation

LEARN & LEAD

*This is to Certify that _____ has actively participated in the yoga and wellness Program on "**yoga and wellness- Union of body, mind & energy**" held on **21.06.2016** conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M.Thillainayagam
Principal

PRINCIPAL
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This is to Certify that KAVISHREE . K . V . *has actively participated in the yoga and wellness Program on "**yoga and wellness- Union of body, mind & energy**" held on **21.06.2016** conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M.Thillainayagam
Principal

PRINCIPAL
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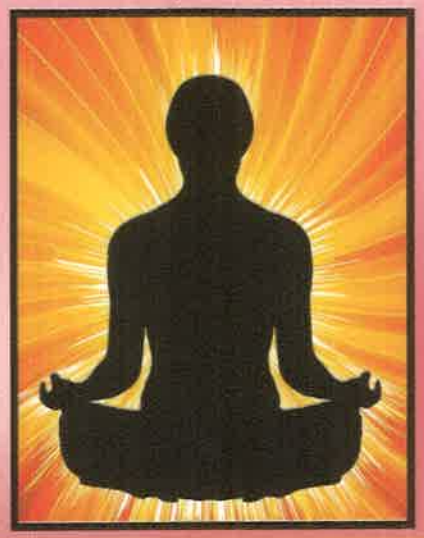
STUDENT WELFARE COMMITTEE, APDCH

Invites you all for

a program on



TOPIC: —YOGA AND WELLNESS-
UNION OF BODY, MIND AND ENERGY

Speaker: Mr Sathish Kumar

PARTICIPANTS: II BDS, APDCH

VENUE: Platinum Jubilee Auditorium

DATE: 21/6/2016
TIME: 2.00 pm to 4.00 pm

Program Schedule :

2:00 Pm: Welcome Address by Dr. Dhivya

2:05 Pm: Session 1 (Lecturer on Yoga)

3:55 Pm: Vote of Thanks

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08.06.2016

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Yoga and wellness"** on 21.06.2016 from 2.00 PM to 4.00 PM in Platinum jubilee auditorium for II BDS Students.

K. Dhivya

Student welfare committee

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2016-2017 SOFT SKILL DEVELOPMENT PROGRAM –

ANALYTICAL SKILL DEVELOPMENT

POST EVENT REPORT

A soft skill program on "Ability to multitask" for final year BDS students was conducted by Ms. Kokila on 17th Dec, 2016 between 2 pm to 4 pm in Adhiparasakthi dental college and hospital in Mini conference hall.

Speaker was Ms. Kokila. she is an eminent soft skill trainer with a lot of experience in her field. She is engaged in taking soft skill classes and training programs in various colleges at national level. She has conducted numerous trainings on soft skill development topics to students across the state.

The highlights of her session are as follows:

Multitasking refers to the ability to manage multiple responsibilities at once by focusing on one task while keeping track of others. Multitasking in the workplace most often involves switching back and forth between tasks and effectively performing different tasks rapidly one right after the other. Multitasking skills are important because they create an efficient work environment. Here are the advantages of multitasking: **Increases productivity:** Multitasking increases productivity because you can accomplish more in a shorter period of time. **Reduces procrastination:** Multitasking helps people feel more accomplished because they can complete more than one task at a time.

The program was very useful to all the students . Feedback was received and analysed.

K.Dhivya

Students' Welfare Committee

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THE SPEAKER SHOWING DEMONSTRATION TO IMPROVE CONCENTRATION AND MULTI TASKING

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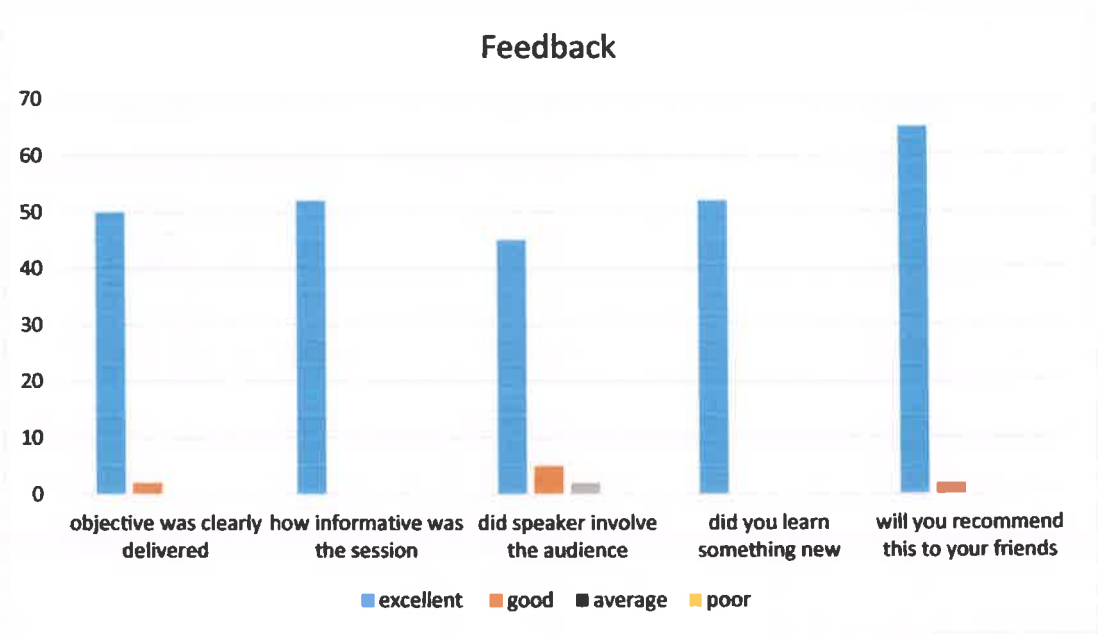

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SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE ON ANALYTICAL SKILL DEVELOPMENT

ATTENDANCE LIST

TOPIC: "ABILITY TO MULTITASK" DATE:17/12/2016

SUNKARA TEJASWINI	
YUVAPRIYA S	
YAMINI GURUSWAMY	
VISHNU- R	
VANITHASRI M	
VALARMATHI D	
VAISHALI R	
THIRUMAGAL M	
SWATHI H	
SURYA. V	
SUMEGHA S	
SUBRAHMANIAN T V	
SRUTHI S	
SRIABINANDHINI T	
SRI SANJHANAA C	
SOWMYA K	
SOWBIA P R	
SIVARANJANI S	
SHIFA AFSHAN H B	
SHAMEEMA BHARVEEN.M	
SHABNASRI.S	
SATHIYAPRIYA S	
SATHESH R	
SASIKALA.K.V	
SANGEETHA V	
SANGATAMIL A	
SAKTHIBALAN M	
SAKTHI GNANAVEL S	
ROJA M	
RESHMA SEN R	
RESHMA KHAN	
RENUKADEVI KR	
RAJKUMAR D	
RAJKUMAR C	
RAJATHI K	
PUVIYARASAN S	

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PUSHPAREKHA G	
PRIYANKA S	
PRIYANKA S	
PRIYADHARSHINI R	
PRITI S	
PRITHIVIRAJAN S	
PRAKASH P	
PRADEEP K V	
PRADEEP K	
POORNIMA A	
POORANIMA JG	
PONNARASU S	
PAVITHRA S	
PAVITHRA M	
PAVITHRA D	
PARTHIBAN V	
PARESHA PARVEEN.S	
PAARVATHI THENAPPAN	
OVIYA K	
NIVEDHITHA P	
NITHYASHREE S	
NISHANDHINI N	
NARMADHA PRIYA E	
NALINI P	
MUTHUSELVI J	
MUTHU PAVETHRA K	
MOHAMED MOHIDEEN S	
MOHAMED HUSSAIN.M	
MITHUN CHAKRAWARTHI S	
MEGALA R	
MANOJ M	

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MANIYAMMAI A S	
MAHESWARI P	
LAKSHMIPRIYA V	
LAAVANYA R	
KISHOR KUMAR M K	
KIRUTHIKA V	
KIRUTHIKA R	
KIRITHIGA I S	
KAVERI S	
KARUNANIDHI K	
KARTHIBAN R	
ISHWARYA M	
HARISH KUMAR N	
HARICHANDRIKA K	
HAMSA.E	
GUNASEELI.B	
GOWTHAM M	
GOWRI SHANKARI. S	
GOPALA KRISHNAN G	
ELUMALAI V	
DURGA DEVI	
DINESHUKUMAR K	
DHIVYA DHARSHINI T	
DHARANI M	
DHANALAKSHMI. E	
DEEPA RANJANI D	
CATHERIN A	
BHAVITHRA D	
BALAJI R	
ASHOKKUMAR A	
ARUNKUMAR R	
ARTHI I	
ARIVUSUDAR S	
ARCHANA P	
ARCHANA A	
ANITHA M	
AFRIN A	
AAFIYA RESHMA S	

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Certificate of Participation

*This is to Certify that _____ has actively participated in the Program on "**Ability to multitask**" held on 17.12.2016 conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M.Thillainayagam
Principal

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Correspondent

Dr. M.Thillainayagam
Principal

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SOFT SKILLS TEAM , APDCH

Invites you all for

a program on

TOPIC: ABILITY TO MULTITASK

Speaker : Ms. Kokila

PARTICIPANTS: IV BDS, APDCH

VENUE: Mini conference hall

DATE: 17/12/2016

TIME: 2.00 pm to 4.00 pm

Program Schedule :

2:00 Pm: Welcome Address by Dr. Dhivya

2:05 Pm: Lecture Session and interaction

3:55 Pm: Vote of Thanks

PRINCIPAL
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01.12.2016

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Ability to multitask"** on 17.12.2016 from 2.00 PM to 4.00 PM in Mini conference hall for 4th year BDS Students.

We request all Heads of the Departments to send 4th year undergraduate students to attend the program.

K. Dhivya

Student welfare committee

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2016-2017 SOFT SKILL DEVELOPMENT PROGRAM – ETHICS IN LIFE

POST EVENT REPORT

A program named "Ethics in life" was conducted for third year BDS students on 19th May, 2017 between 3.30 pm to 5.30pm in Adhiparasakthi dental college and hospital in Platinum jubilee hall.

The speaker of the program was Mrs. Lavanya Rajesh who is known for her soft skill program trainings in this region. She has the unique capability to gather the attention of the crown and gives a very interactive session on the topic. She is a well known soft skill program trainer among students.

Some of the ethical advices to the students were:

Wait before responding. Let it sink in. Get your thoughts straight. Type out what you want to say and then email it to yourself. Sleep on it overnight.

Read it over before responding. Send the appropriate response. Honesty, caring and compassion, integrity, and personal responsibility are values that can help behave ethically when faced with ethical dilemmas in personal life.

The program was very useful to all the students . Feedback was received and analysed.

K. Dhivya

Students' Welfare Committee

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SPEAKER MRS. LAVANYA ADDRESSING THE STUDENTS

PRINCIPAL
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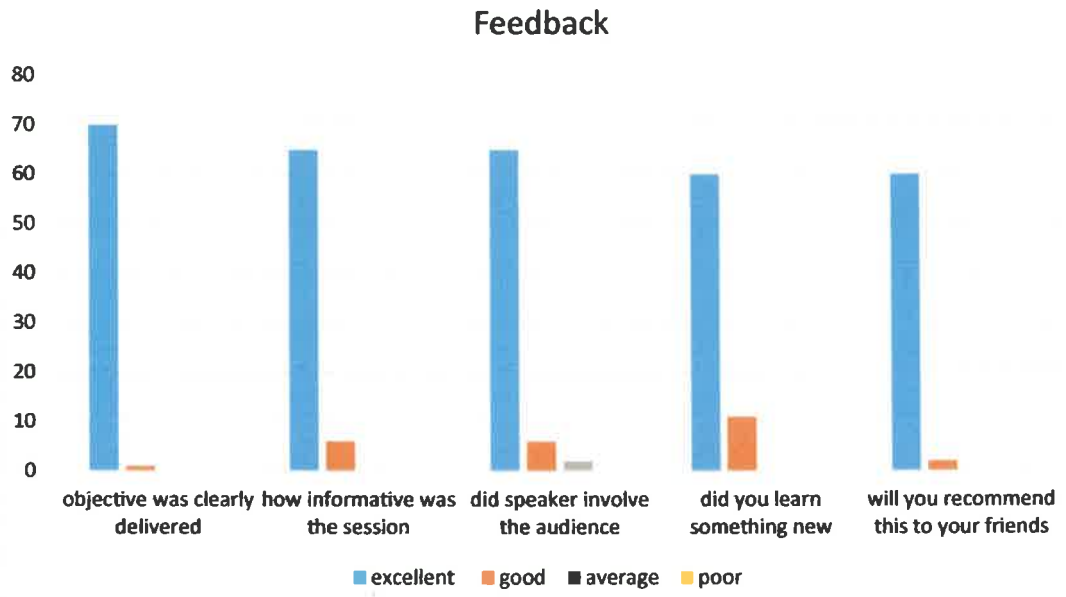

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ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: ETHICS IN LIFE DATE: 19/5/2017

ANBURAJ.R	
BHUVANA R	
AYEESHA JENIFER.M.G	
DINESH BHARADWAJ C V	
KAVIPRIYA G	Kavipriya. G.
SATHIYAMOORTHY S	Sathyamoorthy.
ANBURAJ.R	
LAKSHMIPATHI. V	Lakshmipathi. V
ABINAYA V	Abinayaa
NAVEEN KUMAR B	Naveenkumar
NITHYALAKSHMI E	Nithya
PREETHI.M	
DINESH BHARADWAJ.C.V	
AARTHI.S	
AJIT RAJ.T	Ajit Raj. T
ANJANA.K.S.	Anjana. K. S
ARBASS.J	
ARUN PANDIAN.R	Arun Pandian. R
ASHIKA.S	ASHIKA
ASHTALAKSHMI.S	
ASHWINI.D	
AVINASH.V	. V
AVINYAA.G	
BALAJI.A.D	Balaji. A. D
BALAJI.R	Balaji R
BAVITHRA.S	
BHUVANESHWARI.V	
CHANDRA KALA.S	Chandra. Kala.
CHRISTY RATNA.P	Christy Ratna. P
GLADWIN.S	Gladwin.

PRINCIPAL

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HARENEE.M	
HARINI.A	
HARIPRIYA.S	
ISWARIYA.A	
JAYAKANTHAN.J	
JEEVEDHA.M	
JEYASHREE BHUVANESHWARI.R	
JOSEPHINE FLORA.A	
KALAIMAGAL.K	
KARANRAJ.M.V	
KAVI PRIYA.P	
KAVI PRIYA.M	
KIRAN KUMAR.E	
LALITHA PRIYA.G.C	
LOCHANA.K	
LOGANAYAGI.M	
LOGITHA.T	
MADHUPRIYA.R	
MADHUVANDHI.M	
MARIYAM FALEELA.M	
MEENA.G	
MOHAMED BISMI ELLAHIYA.J	
MONISHA.K	
MONISHA.R	
MUGILAN.S	
MUTHUVELAMMAL @ SWETHA.S	
NAGA DHIVYA.N	
NANDHINI.G	
NAVEEN KUMAR.M	
NAVEENKUMAR.M	
NIVEDHA.C.S	
PAVITHRA.B	

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
Hospital Road, Melmaruvathur
Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

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Certificate of Participation

LEARN & LEAD

*This is to Certify that _____ has actively participated in the Program on "**ETHICS IN LIFE**" held on 19.05.2017 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kanna
ADHIPARASAKTHI
DENTAL COLLEGE

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Certificate of Participation

LEARN & LEAD

This is to Certify that PREETHI. M *has actively participated in the Program on "**ETHICS IN LIFE**" held on 19.05.2017 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI

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LEARN & LEAD

SOFT SKILLS TEAM , APDCH

Invites you all for a program on

TOPIC: ETHICS IN LIFE

Speaker: Mrs. Lavanya Rajesh

PARTICIPANTS: III BDS, APDCH

VENUE: Platinum jubilee hall

DATE: 19/5/2017

TIME: 3.30 pm to 5.30 pm

Program Schedule :

3:30 Pm: Welcome Address by Dr. Dhivya

3:35 Pm: Session (Ethics in life)

5:25 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL
Chennai

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05.05.2017

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Ethics in life"** on 19.05.2017 from 3.30 PM to 5.30 PM in Platinum jubilee hall for 3rd year BDS Students.

K.Dhivya

Student welfare committee

Principal

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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2016-2017 SOFT SKILL DEVELOPMENT PROGRAM – PERSONALITY AND PROFESSIONAL DEVELOPMENT

POST EVENT REPORT

A program was conducted on "Personal grooming" on 16th Feb, 2017 in mini confernce hall between 2 to 4 pm for CRI students.

Speaker was Mr. Neelratn. He is a well experienced prominent soft skill trainer. He is engaged in taking soft skill classes and training programs in various colleges at national level. He has conducted trainings on various soft skill development topics to students across the nation.

The highlights of her session are as follows:

He covered key topics common to all personality grooming. Participants developed insightful understanding of these and can make them into a potential avenue leading to fulfilling personalities. They can also make brilliant, rewarding careers while serving the nation. This preparation develops their command of the English language, reasoning ability, critical thinking and quantitative ability needed to succeed in numerous other careers.The program was very useful and informative to all the students . Feedback was received and analysed.

K.Dhiya

Students' Welfare Committee

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

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SPEAKER HAVING DISCUSSION WITH THE STUDENTS

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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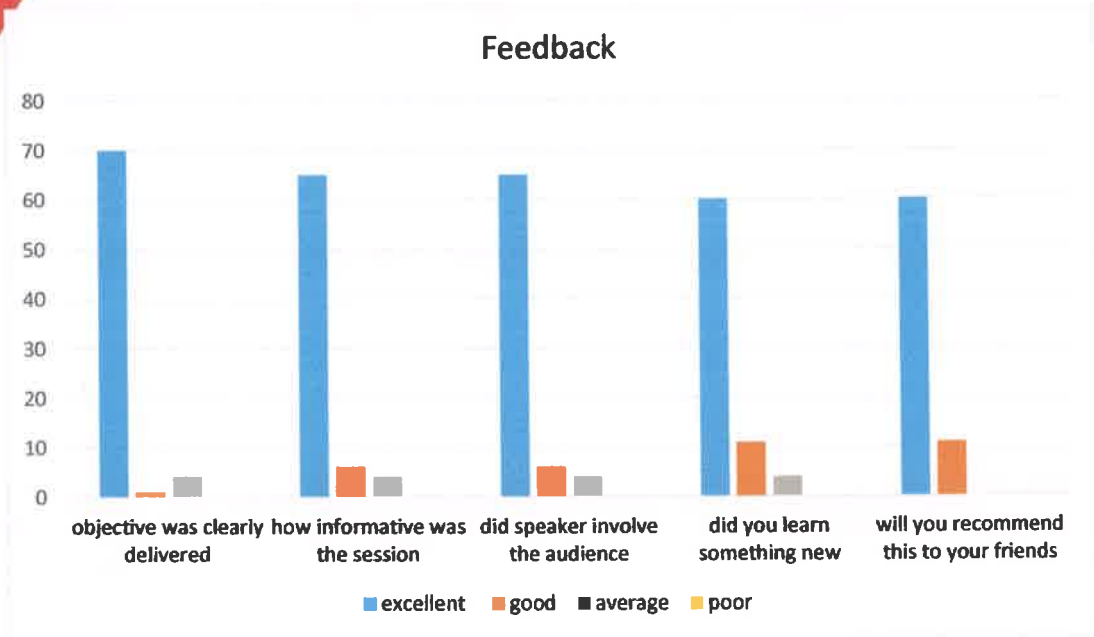

PRINCIPAL
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Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: PERSONALITY AND PROFESSIONAL DEVEDLOPMENT- **PERSONAL GROOMING**
DATE:16/2/2017

YUVAPRIYA S	Yuvapriya
NEERAJ.R	Neeraj.R
STEMINTHOMAS	Steminthomas
VELVIZHI.A	Velvizhi
KIRUTHIKA.B	Kiruthika
AISHWARYA. S	Aishwarya
DIVYA. R	Divya.R
DURAI AMILDHARASAN	Durai amildharasan
KOWSALYA. R	Kowsalya. R
MEENA.S	Meena
MUKESH.M	mukesh
PARTHIBAN.P	Parthiban. P.
PARVATHY. M	Parvathy
VINODHA.G	Vinodha
INDHUJA.C	Indhuja. C
SANTHOSHINI.S	Santhoshini
ABIMATHI V	abimathi
AKSHAYA B	Akshaya
ARUN VIGNESH A	Arun vignesh
BABY SHAMINI A S	Baby shamini
BHARATHI M	Bharathi
BHAVANI D	Bhavani
CHANDNEE SHRI V M	Chandneeshri
CHITHARA I K	Chithara
DEEPA R	Deepa. R.
DEEPIKA KAYALVIZHI M	Deepika kayalvizhi
DIVYA D	Divya
DOLLI J	Dolli
EPHRINA GENEVIEVE E	Ephrina genevieve
GAYATHRI C	Gayathri. C.
GAYATHRI E	Gayathri
GEETANJALI D	Geetha
GOWRI SHANKAR P U	Gowrishankar
HAMSATH THONI S	Hamsath thoni
HEMAPRIYANKA R	Hemapriyanka
INDU K	Indu
JAYANTHI G	

PRINCIPAL
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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

KALAIYARASI S	Kalaiyarasi
KATHIJA ALBENA S	Kathija albena
KAVIMURUGU S	Kavimurugu
KAVINAYAH M	Kavinayah
KEERTHANA A	Keerthana
KEERTHANA.M	Keerthana
KEERTHI G B	Keerthi
KRITHIKA S	Keithika. S
MADHUMITHA A	Madhumitha
MAHALAKSHMI R	Mahalakshmi
MAHESWARI R	Maheswari
MAHESWARI S	Maheswari
MANIGANDAN S	Manimekhai
MANIMEKALAI E	Manimekalai
MEENA S	Meena S.
MEENAKSHI K	Meenakshi
MONICA GURUPRIYA M	Monica Gurupriya
MURALIDHARAN M	Muralidharan
NARENDHIRAN K	நரேந்திரன்
NARMATHA.A	Narmatha. A
NASKATH SABANA A	Naskath Sabana
NIVETHA R	Nivetha
NIVETHA S	Niveta
PANDI G	Pandi
PARVATHIDEVI P	Parvathi
PAVITHRAN V	Pavithran
PONMANISELVI T	Poorani
POORANI. D	Poorani
PRIYADHARSHINI S	Priyadharshini
PRIYANKA E	Priyanka
PRIYANKA M	Priyanka
RAJASHREE S	Rajashree
RAJESH KAMATCHI P	Rajeshkamatchi
RAMYA R	Ramya
REKHA K	Rekha
RINI S	Rini
SAACHIN AMRIT R	Saachin amrit
SAHANA. R	Sahana
SARATHKUMAR S	Sarathkumar
SARITHRA S	Sarathra
SASIKALA.D	Sasikala
SELVAPRIYA S	Selvapriya
SHAFA A	Shafa
SHANMATHI N	Shanmathi
SINDHUJA A	Sindhuja

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

SINDHUJA.S	
SONIYA V	
SOWMIYA S	
SRINIVASAN N	
SUBASHRI V	
SUBHASINI S S	
SUGANYA R	
SURYA S	
THARANITHARAN R P	
THENMOZHI NACHIMUTHU	
UDHAYAN A	
VASANTHRAJ P	
VICTORIA S	
VIJAYARAGHAVI R	
VISHNU PRIYA K	
YUVARANI S	

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LEARN & LEAD

Certificate of Participation

*This is to Certify that _____ has actively participated in the Program on "**Personal grooming**" held on **16.02.2017** conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga
ADHIPARASAKTHI
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Cheyyur Taluk, Chengalpattu Dist
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Certificate of Participation

This is to Certify that BABY SHAMINI · A · S *has actively participated in the Program on "**Personal grooming**" held on **16.02.2017** conducted at Adhiparasakthi Dental college and hospital, Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kanna
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Tamil Nadu - 603 319

Om Sakthi

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LEARN & LEAD

STUDENT WELFARE COMMITTEE, APDCH

Invites you all for

a program on

TOPIC: – PERSONAL GROOMING

Speaker: Mr. Neelratn

PARTICIPANTS: CRI, APDCH

VENUE: Mini conference hall

DATE: 16/2/2017
TIME: 2 to 4 pm

Program Schedule :

2:00 Pm: Welcome Address by Dr. Dhivya

2:05 Pm: Session 1 (Personal grooming)

3:55 Pm: Vote of Thanks

PRINCIPAL
Prof.Dr.S.Karthi

Omsakthi

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A Unit of Adhiparasakthi Charitable, Medical, Educational & Cultural Trust

04.02.2017

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"Personal grooming"** on 16.02.2017 from 2 top 4 PM in Mini conference hall for CRI Students.

We request all Heads of the Departments to send CRI students to attend the program.

K.Dhiya

Student welfare committee

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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2016-2017 SOFT SKILL DEVELOPMENT PROGRAM –

EMPLOYABILITY SKILL DEVELOPMENT

POST EVENT REPORT

A soft skill program was conducted on "How to face an interview?" by Mr. Johnson on 18th March, 2017 in Lecture hall between 11.30 AM TO 1.30 PM for CRI students.

Mr. Johnson is an eminent personality who is a well versed soft skill trainer. He is engaged in taking soft skill classes and training programs in various colleges at national level.

The highlights of his session are as follows:

- Basic research: As an employer, your interviewer would want to assess your passion for the job.
- Keep the CV and other documents organized: Your CV is the statement of your expertise and experience and your documents are testimonials to your claims. Organize these in your file from latest to oldest so that the interviewer can verify if the need be.
- Punctuality: We cannot emphasize this enough. Timeliness is an attribute that employers across industries look for.
- Crisp dressing: Dress to impress is a common direction for all interviews. Dress up in formals and make sure your shoes/footwear are well cleaned.

The program was very useful and informative to all the students . Feedback was received and analysed.

K. Dhivya

Students' Welfare Committee

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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STUDENTS LISTENING TO THE LECTURE

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
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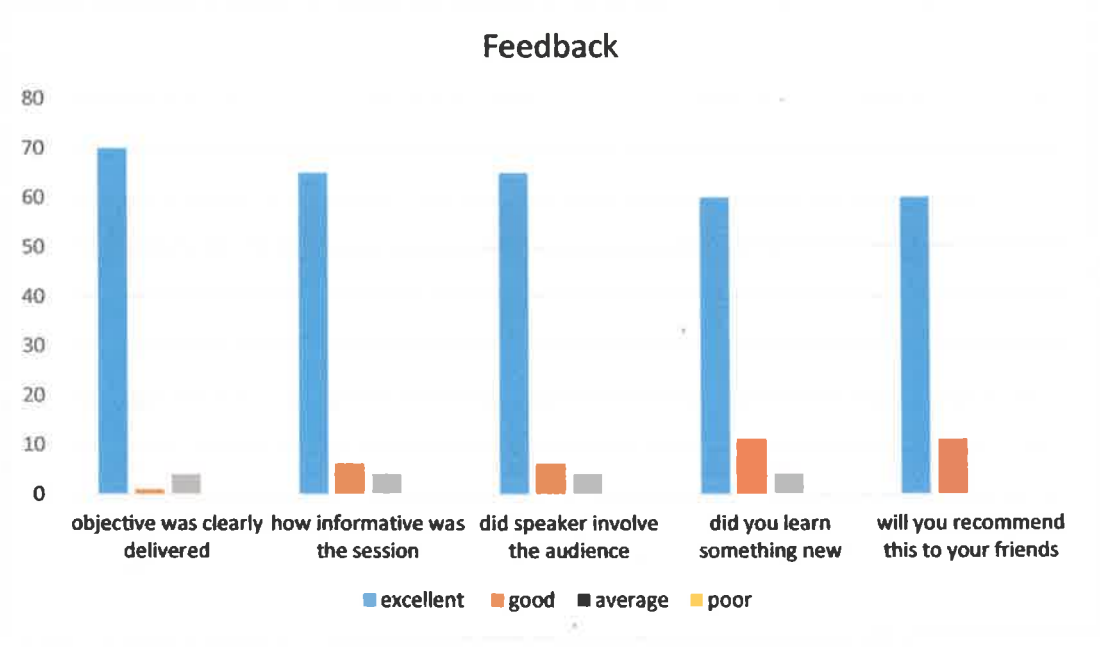

PRINCIPAL
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Tamil Nadu - 603 319

ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL, MELMARUVATHUR.

SOFT SKILL TRAINING PROGRAMME BY STUDENT WELFARE COMMITTEE

ATTENDANCE LIST

TOPIC: EMPLOYABILITY SKILL DEVEDLOPMENT DATE:18/3/2017

YUVAPRIYA S	
NEERAJ.R	
STEMINTHOMAS	
VELVIZHI.A	
KIRUTHIKA.B	
AISHWARYA. S	
DIVYA. R	
DURAI AMILDHARASAN	
KOWSALYA. R	
MEENA.S	
MUKESH.M	
PARTHIBAN.P	
PARVATHY. M	
VINODHA.G	
INDHUJA.C	
SANTHOSHINI.S	
ABIMATHI V	
AKSHAYA B	
ARUN VIGNESH A	
BABY SHAMINI A S	
BHARATHI M	
BHAVANI D	
CHANDNEE SHRI V M	
CHITHARA I K	
DEEPA R	
DEEPIKA KAYALVIZHI M	
DIVYA D	
DOLLI J	
EPHRINA GENEVIEVE E	
GAYATHRI C	
GAYATHRI E	
GEETANJALI D	
GOWRI SHANKAR P U	
HAMSATH THONI S	
HEMAPRIYANKA R	
INDU K	
JAYANTHI G	
KALAIYARASI S	

PRINCIPAL

Prof.Dr.S.Karthiga Kannan, MDS.,

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Tamil Nadu - 603 319

KATHIJA ALBENA S	
KAVIMURUGU S	
KAVINAYAH M	
KEERTHANA A	
KEERTHANA.M	
KEERTHI G B	
KRITHIKA S	
MADHUMITHA A	
MAHALAKSHMI R	
MAHESWARI R	
MAHESWARI S	
MANIGANDAN S	
MANIMEKALAI E	
MEENA S	
MEENAKSHI K	
MONICA GURUPRIYA M	
MURALIDHARAN M	
NARENDHIRAN K	
NARMATHA.A	
NASKATH SABANA A	
NIVETHA R	
NIVETHA S	
PANDI G	
PARVATHIDEVI P	
PAVITHRAN V	
PONMANISELVI T	
POORANI. D	
PRIYADHARSHINI S	
PRIYANKA E	
PRIYANKA M	
RAJASHREE S	
RAJESH KAMATCHI P	
RAMYA R	
REKHA K	
RINI S	
SAACHIN AMRIT R	
SAHANA. R	
SARATHKUMAR S	
SARITHRA S	
SASIKALA.D	
SELVAPRIYA S	
SHAFA A	
SHANMATHI N	
SINDHUJA A	
SINDHUJA.S	

PRINCIPAL
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Cheyyur Taluk, Chengalpattu District
Tamil Nadu - 603 319

SONIYA V	Soniya
SOWMIYA S	Sowmiy
SRINIVASAN N	Subashri
SUBASHRI V	Subashri. V.
SUBHASINI S S	Subhasini
SUGANYA R	Suganya. R.
SURYA S	Surya
THARANITHARAN R P	Tharanitharan
THENMOZHI NACHIMUTHU	Thenmozhi Nachimuthu
UDHAYAN A	Udhayan
VASANTHRAJ P	Vasanthraj
VICTORIA S	Victoria
VIJAYARAGHAVI R	Vijayaraghavi
VISHNU PRIYA K	Vishu priya.
YUVARANI S	S. Yuvarani

PRINCIPAL
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LEARN & LEAD

SOFT SKILLS TEAM, APDCH

Invites you all for a program on

TOPIC: – *HOW TO FACE AN INTERVIEW*

Speaker: *Mr Johnson*

PARTICIPANTS: *CRRIs, APDCH*

VENUE: *Lecture Hall*

DATE: *18/3/2017*

TIME: *11.30 AM to 1.30 PM*

Program Schedule :

11:30 Am: *Welcome Address by Dr. Dhivya*

11:35 Pm: *Session 1*

1:25 Pm: *Vote of Thanks*

PRINCIPAL
Prof.Dr.S.Karthiga Kannan
ADHIPARASAKTHI

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Certificate of Participation

LEARN & LEAD

This is to Certify that _____ has actively participated in the Program on " HOW TO FACE AN INTERVIEW " held on 18.03.2017 conducted at Adhiparasakthi Dental college and hospital, " Melmaruvathur.

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,

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Certificate of Participation

LEARN & LEAD

This is to Certify that BHAVANI.D *has actively participated in the Program on "HOW TO FACE AN INTERVIEW" held on 18.03.2017 conducted at Adhiparasakthi Dental college and hospital, "Melmaruvathur.*

Dr. T Ramesh MD.,
Correspondent

Dr. M. Thillainayagam
Principal

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
ADHIPARASAKTHI

Omsakthi

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06.03.2017

CIRCULAR

We wish to bring to your kind notice that we are conducting a soft skills training program on the topic **"How to face an interview?"** on 18.03.2017 from 11.30 AM to 1.30 PM in Lecture hall for CRI Students.

Student welfare committee

PRINCIPAL
Dr. S. Thillainayagam, M.D.S.,
Adhiparasakthi Dental College and Hospital
Melmaruvathur - 603 319.

PRINCIPAL
Prof.Dr.S.Karthiga Kannan, MDS.,
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